December 2026

Client Highlight: Charles Ream



Charles Ream has a big family of six children, along with grandkids and great grandkids. He enjoys spending time with his lady friend, watching game shows, and watching Philadelphia sports. The Eagles are his favorite team. Charles enjoys ice cream, banana cream pie, hot dogs, and Pepsi. Some important lessons Charles has learned over the course of his life are: Be kind to others. Also, working hard allows you to achieve goals in life. Charles said a favorite quote, often attributed to Mark Twain, is: “Tell the truth and you don’t have to remember anything.”

Being around others is what makes Charles smile the most. He thinks you may be surprised to know that he enjoyed his time being in the military when he traveled to Germany. Later, he was employed with County News Agency for over 50 years. Charles turns 94 in December and he just fully retired about three years ago! His favorite thing about attending Landis Adult Day Services is the way the staff treat him. He is very happy to attend!



Landis Adult Day Services will be closed on Friday, December 25, to celebrate Christmas.

Landis Adult Day Services
Enriching Each Day, Together

1001 East Oregon Road
Lititz, PA 17543
LandisAdultDay.org
717-581-3975

No Longer Alone Family Support Group

The monthly meetings provide a place for those who have a loved one living with mental illness to learn and share their experiences.

No Meeting in December.

Due to the chance of inclement weather, the January, February & March 2027 meetings will be held via Zoom.

Details will be available in January 2027.

For information or to receive a monthly reminder, call 717-381-3599 or email JAlbright@landis.org

Landis Adult Day Services is funded, in part, under an Agreement with money allocated by the Pennsylvania Department of Aging and the Lancaster County Commissioners, through the Lancaster County Office of Aging.

Thank You!

- **Bill Winter** for donating a Christmas craft, crayons and coloring books.
- **Dan Yocom** for the Christmas Bazaar donation and Swiss rolls.
- **Doris Kelly** for the mini muffins for your birthday.
- **Betty Mentzer** for donating magazines, crayons, activity supplies, and cookies.
- **Charles Ream** and **Tom Clouse** for bringing us puzzles.
- **John Yoder** for chips and pretzels.
- **Velma Stauffer** for the snack bags and cookies.
- **Jean Cunningham** for the cookies snacks and coloring book.
- **Phil Loht** for the magazine.
- **Nellie Shoff** for the whoopie pies birthday treat.
- **Grace Sherer** for pretzel snack bags.
- **Ed Detwiler** for the Lance crackers.

ATTENTION: We do not accept homemade food items to be shared with others at the center. If you wish to share a snack, please choose prepackaged goodies.

Welcome

We welcome to the center this month: Bob Kallos, Bill Martin, Peter Sholly, Steve Reynolds, Ed Detwiler, Pat Drakeford, Bob Barnwell, Bruce Keiper, Frank Welch, and Thomas Woodward.

Goodbye

During the past month, we said goodbye to: Kathy Gallagher, Don Eisenberger, Susan Shannon, Tessie McAlvage, Nevin Huber, Jenny Meley, and John Yoder.

Birthdays

Dec. 02	Charles Ream
Dec. 06	Donald Phiel
Dec. 12	Art Hostetter
Dec. 13	Susan Sahd
Dec. 24	Joseph Nikolaus
Dec. 27	Pat Drakeford

December Highlights

"Our hearts grow tender with childhood memories and love of kindred, and we are better throughout the year for having, in spirit, become a child again at Christmas-time."
– Laura Ingalls Wilder

On December 4, bring in a Christmas memory photo and see if we can guess it's you. We will return the photo the same day after making a copy.

It's going to be a month with lots of musical opportunities during our 1:00 programming time. From the amazing choirs of Manheim Township High School to the piano stylings of Alice Lauver to the Keyboard Magic of Nick V, all the way to fun with our own Lisa Henry with her own beautiful voice. Listen, and sing or hum along; we've got you covered in notes. Try your hand at our Holiday Music Match in this newsletter and then bring in your completed page and a Christmas prize awaits you.

Thanks for the JOY! Because we are approaching the end of another year, our thoughts reflect on the past months. As staff, we experience daily interactions with you all. Daily, we experience JOY. We have traveled this year together. We have connected to one another through discussions, games, shared experiences on field trips and countless times of laughter and JOY! How appropriate for this season. The joy of friendships, the joy of shared humor, and the joy of sharing success. So, this is our wish for the holiday season. Experience the JOY! Create the JOY! Most of all, thank you for the JOY you bring to our lives.

Wish List

Are you looking for an alternative to bringing a food treat to celebrate a special occasion with the center? Consider a donation of any of these items! We will still celebrate their special day and everyone benefits.

- Sticker by Number books
- Velvet Coloring pages
- Markers
- Adult coloring pages
- Books with Trivia questions
- 300-piece jigsaw puzzles
- Puzzle Books
- Individual packaged treats (cannot accept outdated items)
- Sugar free candy
- Small Game Prizes: (scarves, ChapSticks, flashlights, hand towels, socks)

Tips for Living: Grievances & Complaints

We, at Landis Adult Day Services, strive to provide the best quality services that we can and to provide each client with a good day while they are with us. If you and/or your responsible party is dissatisfied with your care plans, services, or treatment received at Adult Day Services, the following grievance/complaint procedures are available to you as a matter of right:

- You may discuss the matter with the Director of ADS.
- Grievances or complaints may also be reported anonymously by contacting the Compliance & Privacy Hotline 1-800-211-2713.
- If the first step is not satisfactory, you can request a discussion with the VP of Operations/COO or designee. Additional team members may be asked to join discussion as needed. Complaints must be submitted to both the Director of Adult Day Services and the VP of Operations within two weeks of the discussion with the Director of Adult Day Services.
- If no solution can be found in these first two steps, you may proceed with your grievance and submit it to the Landis Communities President and/or the Lancaster County Office of Aging.
- If you are still dissatisfied, you may contact the Pennsylvania Department of Aging, which is the licensing body of Adult Day Services, at 717-783-6207.
- The local Long-Term Care Ombudsman may also be contacted at 717-299-7979 or at the toll free number 1-800-801-3070.

Staff Highlight

This month we are highlighting five team members who have reached milestone years of service here at Landis Homes. We are so grateful for each one and the many years they have served and cared for residents and clients.

Grace Wenger has worked at Landis Homes for 25 years, beginning as a CNA in Healthcare for 7 years before coming to serve here at Adult Day Services. She loves working with elderly persons, and she especially enjoys the wealth of information and history each one brings which she can learn from. When Grace can put a smile on someone's face, whether client or coworker, she believes she has done her job. This job has definitely given her purpose.

Lisa Henry has worked at Landis Adult Day Services for 10 years. She enjoys the work because of the people! She has met so many amazing people here and enjoys discovering what they have has done in their lives.

Janet Miller began working at Landis Homes 10 years ago, first in Healthcare for 3¼ years, before transferring to Personal Care and becoming a Med Tech for 3¼ years. She then came to serve in Adult Day Services 3½ years ago as a Med Tech. Janet enjoys serving others and helping to make everyone's day the best it can be, which is definitely person-centered care. She is honored to have a job where she can do this.

Rosalin Nolt worked for nearly 10 years in Personal Care as LPN Household Team Leader. After retiring, she decided to return to work in Adult Day Services as our part-time Nurse Manager. Rosalin enjoys working with the senior population and interacting with family members as they drop off and pick up their loved ones. She also appreciates the amazing team of coworkers.

Patti Nanopoulos has worked in Adult Day Services for 5 years. She enjoys meeting new people here and values the chance to step outside her comfort zone to do new things. Patti feels Landis is a wonderful community.

Our hats off to these wonderful team members!



L to R: Janet Miller, Lisa Henry, Rosalin Nolt



L to R: Patti Nanopoulos, Grace Wenger



Christmas Song Game



Match the statements on the left
with the Christmas songs on the right.

____1. Apartment of two psychiatrists

____2. Felicitations for the season

____3. Allow white crystals

____4. Homo sapien of crystallized vapor

____5. Royal Eastern trio

____6. I merely want a pair of incisors

____7. Listen, aerial spirits harmonizing

____8. Boulder of the tinkling metal spheres

____9. Far back in a hay bin

____10. Deity repose lively sirs

____11. Exuberance directed to the planet

____12. Snow covered noel

____13. Shiny metal tintinnabulums

____14. Hushed darkness

____15. Petite birthplace

____16. Senior flattened by a cloven aviator

____17. Proceed to recite in the highlands

____18. Diminutive percussionist lad

____19. Decorate the entryways

____20. Quadruped with a crimson proboscis

____21. ABCDEFGHIJK MNOPQRSTUVWXYZ

A. Silver Bells

B. Jingle Bell Rock

C. Away in a Manger

D. The First Noel

E. Deck the Halls

F. The Little Drummer Boy

G. Nutcracker Suite

H. Silent Night

I. God Rest Ye Merry Gentlemen

J. Let it Snow, Let it Snow, Let it Snow

K. White Christmas

L. Rudolph, the Red Nosed Reindeer

M. Go Tell it on the Mountain

N. Hark the Herald Angels Sing

O. We Three Kings

P. Joy to the World

Q. O Little Town of Bethlehem

R. Grandma Got Run Over by a Reindeer

S. Frosty the Snowman

T. We Wish You a Merry Christmas

U. All I Want For Christmas is My Two Front Teeth



https://www.etsy.com/shop/SunnysideCottageArt