November 2026

EDEN WEST CALENDAR OF EVENTS

Landis Adult Day Services (717) 581-3975

BASIC DAILY SCHEDULE

7:00 - 10:00	Toast & Coffee
9:45 - 10:15	Fun & Games
10:15 - 10:45	Exercise
10:45 - 11:15	Discussion
11:30 - 1:00	Lunch / Relaxation / Trivia
1:00	Informative / Entertaining Program
2:00	Snack
2:15	Active Games
2:50	Brain Challenge
2:45 - 5:00	Dismissal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:45 Uno / Crafts 2 1:00 Spruce Goose and Planes 2:00 Snack 2:15 Ring on Green 2:45 Pictionary 3:15 Anagrams	9:45 Uno / Crafts 3 1:00 Time to Share a Memory 2:00 Snack 2:15 Bocce Ball 2:45 Roll the Pigs 3:15 Roll a Memory	9:45 Uno / Crafts 4 1:00 Lisa Sanchez: Nature 2:00 Snack 2:15 Tic Tac Putt 2:45 Wheel of Fortune 3:15 Uno in the PM	9:45 Uno / Crafts 5 1:00 Nat King Cole Life /Music 2:00 Snack 2:15 Carpet Ball 2:45 Word Solitaire 3:15 LCR	9:45 Book Club 6 1:00 Nutrition is for EVERYONE! 2:00 Snack 2:15 Corn Hole 2:45 Caption It 3:15 Launchers
9:45 Uno / Crafts 9 1:00 Beauty of Birds & their Songs 2:00 Snack 2:15 Frisbee 2:45 Words Around 3:15 Penny Ante	9:45 Uno / Crafts 10 1:00 Big Ben / London 2:00 Snack 2:15 Bowling 2:45 Name 5 3:15 White Board Games	9:45 Uno / Crafts 11 FIELD TRIP: Martin's Pretzel Bakery 1:00 Veteran's Day 2:00 Snack 2:15 Darts 2:45 Picture It 3:15 Puzzlers	9:45 Uno / Crafts 12 1:00 Thankful Hearts - Nicole 2:00 Snack 2:15 Ring Toss 2:45 Wordscape 3:15 Roll a Memory	9:45 Book Club 13 1:00 In a "Pickle" 2:00 Snack 2:15 Hatchet Toss 2:45 Concentration 3:15 Pictionary
9:45 Uno / Crafts 16 1:00 Maine Travelogue - Nicole 2:00 Snack 2:15 Lawn Darts 2:45 Family Feud 3:15 Hangturkey	9:45 Uno / Crafts 17 1:00 Where in the World...GEO! 2:00 Snack 2:15 Tumble Tower 2:45 Boggle 3:15 Dice Bingo	9:45 Uno / Crafts 18 1:00 Kenya Travelogue - Becky 2:00 Snack 2:15 Carpet Ball 2:45 Guess in 10 3:15 Art Corner	9:45 Uno / Crafts 19 1:00 Bingo 2:00 Snack 2:15 Corn Hole 2:45 Twenty Questions 3:15 LCR	9:45 Book Club 20 1:00 Dora Zlatkin Piano 2:00 Snack 2:15 Ring It to Win It 2:45 Millionaire 3:15 Uno in the Afternoon
FIELD TRIP: 23 Lititz Moravian Church 9:45 Uno / Crafts 1:00 TV Rewind 2:00 Snack 2:15 Hoops 2:45 Guess the TV Show 3:15 Scattergories	9:45 Uno / Crafts 24 1:00 Thankful Bingo! 2:00 Snack 2:15 Tic Tac Throw 2:45 Tic Tac Know 3:15 Things	9:45 Uno / Crafts 25 1:00 Thanksgiving Classics 2:00 Snack 2:15 Bocce 2:45 Finish It 3:15 Thanksgiving Collage	26 	9:45 Book Club 27 1:00 Black Friday: To buy or not? 2:00 Snack 2:15 Target Toss 2:45 True or False 3:15 Scrabble Scramble
9:45 Uno / Crafts 30 1:00 Andrew Carnegie - D. Martin 2:00 Snack 2:15 Ring on Green 2:45 Who Am I? 3:15 Finish It				

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EDEN WEST ADULT DAY SERVICES MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Tossed Salad w/ Tomatoes & Cucumbers Chicken Cordon Bleu Mashed Potatoes Green Beans Multi Grain Bread Peaches & Melon Salad Milk	3 Tossed Salad w/ Carrots Roasted Pork Roasted Sweet Potatoes Brussel Sprouts Wheat Bread Fresh Pineapple Milk	4 Iceberg Garden Salad Turkey Meatballs Spaghetti Pasta Carrots Wheat Bread Fresh Watermelon Cubes Milk	5 Tomato Cucumber Salad Herb Roasted Chicken Thigh Mashed Potatoes Sauteed Zucchini Wheat Bread Mixed Berries Milk	6 Tossed Salad w/ Carrots Hamburger with Bun Sweet Potato Fries Corn O'Brien Wheat Bread Fresh Summer Sliced Fruit Milk
9 Tossed Salad w/ Carrots BBQ Chicken Thigh Mashed Potatoes Roasted Asparagus Wheat Bread Fresh Fruit Cup Milk	10 Cucumber Salad Beef Burgundy Mashed Potatoes Steamed Green Peas Wheat Bread Apple Slices Milk	11 Iceberg Garden Salad Pork Cacciatore Rice Pilaf Steamed Fresh Carrots Wheat Bread Fresh Watermelon Cubes Milk	12 Tossed Salad w/ Tomatoes & Cucumbers Beef Swedish Meatball Egg Noodles Succotash Wheat Bread Apple Slices Milk	13 Carrot Salad Apple Baked Pork Chop Mashed Potatoes Roasted Cauliflower Wheat Bread Honeydew Cubes Milk
16 Garden Salad Brown Butter Trout Herbed Rice Seasoned Green Beans Wheat Bread Diced Canned Peaches Milk	17 Tossed Salad w/ Tomatoes & Cucumbers Turkey Shepherd's Pie Steamed Broccoli Multi Grain Bread Peaches & Melon Salad Milk	18 Coleslaw Chili Lime Chicken Breast Wild Rice Pilaf Steamed Asparagus Multi Grain Bread Mixed Melon Salad Milk	19 Iceberg & Red Onion Salad Beef Pot Roast Roasted Sweet Potato Steamed Carrots Wheat Bread Fresh Cantaloupe Milk	20 Tossed Salad w/ Tomatoes & Cucumbers Pork Chop Baked Beans Steamed Yellow Squash Wheat Bread Kiwi and Strawberries Milk
23 Deviled Eggs Lemon Pepper Salmon Rice Pilaf w/ Veggie Base Steamed Carrots Wheat Roll Fresh Strawberries Milk	24 Garden Salad Sliced Roast Beef Mashed Potatoes Steamed Green Beans Wheat Bread Honeydew Melon Milk	25 Iceberg Garden Salad Roast Turkey Roasted Red Potato Roasted Cauliflower Wheat Bread Bananas Milk	26 	27 Tossed Salad w/ Carrots Chicken Tenders French Fries Steamed Brussel Sprouts Wheat Bread Cantaloupe Milk
30 Tomato Cucumber Salad Tuscan Chicken Breast Egg Noodles Steamed Carrots Wheat Roll Fresh Strawberries Milk				