December 2026

EDEN WEST CALENDAR OF EVENTS

Landis Adult Day Services (717) 581-3975

BASIC DAILY SCHEDULE

7:00 - 10:00	Toast & Coffee	10:45 - 11:15	Discussion	2:15	Active Games
9:45 - 10:15	Fun & Games	11:30 - 1:00	Lunch / Relaxation / Trivia	2:50	Brain Challenge
10:15 - 10:45	Exercise	1:00	Informative / Entertaining Program	2:45 - 5:00	Dismissal
		2:00	Snack		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	9:45 Uno / Crafts 1 1:00 Trees for Christmas 2:00 Snack 2:15 Ring on Green 2:45 Decorate / Guess the Carol 3:15 Unscramble	9:45 Uno / Crafts 2 1:00 Lisa Sanchez: Nature 2:00 Snack 2:15 Carpet Ball 2:45 Name 5 3:15 Scattergories	9:45 Uno / Crafts 3 1:00 Toys of the Past 2:00 Snack 2:15 Bocce Ball 2:45 Word Zen 3:15 LCR	9:45 Book Club 4 1:00 Our "Christmas Past" ** 2:00 Snack 2:15 Hatchet Throw 2:45 Boggle 3:15 Uno in the PM
9:45 Uno / Crafts 7 1:00 Civil Aviation Day 2:00 Snack 2:15 Bowling 2:45 Chain Reaction 3:15 Launchers	9:45 Uno / Crafts 8 1:00 Pastry Day or BINGO! 2:00 Snack 2:15 Lawn Darts 2:45 Wheel of Fortune 3:15 Table Top Bowling	9:45 Uno / Crafts 9 1:00 George Washington Christmas – Dan Martin 2:00 Snack 2:15 Ladder Golf 2:45 Family Feud 3:15 Pictionary	9:45 Uno / Crafts 10 1:00 Christmas Auction 2:00 Snack 2:15 Tumble Tower 2:45 Millionaire 3:15 Guess the Word	9:45 Book Club 11 FIELD TRIP: Frysville Farms 1:00 Kaleidoscope 2:00 Snack 2:15 Horseshoes 2:45 Words Round 3:15 Puzzles
9:45 Uno / Crafts 14 1:00 Alice Lauver Piano & Sing-Along 2:00 Snack 2:15 Tic Tac Win 2:45 America Says 3:15 Buzzword	9:45 Uno / Crafts 15 1:00 Mississippi Travel 2:00 Snack 2:15 Football Toss 2:45 Guess in 10 3:15 Who Am I?	9:45 Uno / Crafts 16 1:00 Christmas Shows and Music – Joseph Martin 2:00 Snack 2:15 Ring It to Win It 2:45 20 Questions 3:15 Word Search	9:45 Uno / Crafts 17 1:00 Chris Cooks - Cookies 2:00 Snack 2:15 Carpet Ball 2:45 Who Am I? 3:15 Finish the Lyric	Christmas Bazaar – Fun Gifts for Everyone 8:30am - 2:30pm 18 9:45 Book Club 1:00 *White Christmas* Movie 2:00 Snack 2:15 Frisbee Toss 2:45 Smart As . . . 3:15 Puzzlers
9:45 Uno / Crafts 21 1:00 Manheim Twp Choir 2:00 Snack 2:15 Ladder Golf 2:45 Picture It 3:15 Scattergories	FIELD TRIP: Wilbur Chocolate 22 9:45 Uno / Crafts 1:00 Dick Van Dyke 101 2:00 Snack 2:15 Ring Toss 2:45 What's the Difference 3:15 Spill and Spell	9:45 Uno / Crafts 23 1:00 Meaning of the Christmas Wreath 2:00 Snack 2:15 ADS Council / Skee Ball 2:45 Caption It 3:15 Oodles	9:45 Uno / Crafts 24 1:00 Sounds of the Seasons 2:00 Snack 2:15 Snowman Throw 2:45 Christmas Puzzler 3:15 Kazoo Caroling	ADS is closed 25 
9:45 Uno / Crafts 28 1:00 Nick Viscuso - Keyboard 2:00 Snack 2:15 Toss Across 2:45 Family Feud 3:15 Scrabble Scramble	9:45 Uno / Crafts 29 1:00 Matt Wenger - Guitar / Vocals 2:00 Snack 2:15 Carpet Ball 2:45 Pictionary 3:15 Name It	9:45 Uno / Crafts 30 1:00 Cup of Coffee Day 2:00 Snack 2:15 Darts 2:45 Cliché Clash 3:15 Uno in the PM	9:45 Uno / Crafts 31 1:00 Wrap Up 2026 2:00 Snack 2:15 Bocce 2:45 Tic Tac Know 3:15 Don't Build a Snowman	

****Our Christmas Past** – Will you share with us a Christmas Past photo or a tradition you had as a child or with your family?

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EDEN WEST ADULT DAY SERVICES MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Tossed Salad Mix w/ Carrots 1 Cranberry Ginger Salmon Roasted Sweet Potatoes Brussel Sprouts Wheat Bread Fresh Pineapple Milk	Iceberg Garden Salad 2 Turkey Tetrazzini Egg Noodles Carrots Wheat Bread Fresh Watermelon Cubes Milk	Tomato Cucumber Salad 3 Glazed Ham Loaf Mashed Potatoes Sauteed Zucchini Wheat Bread Mixed Berries Milk	Tossed Salad Mix w/ Carrots 4 Hamburger with Bun Sweet Potato Fries Corn O Brien Wheat Bread Fresh Summer Sliced Fruit Milk
Tossed Salad w/ Carrots 7 Pork Cutlet Mashed Potatoes Roasted Asparagus Wheat Bread Fresh Fruit Cup Milk	Cucumber Salad 8 Lemon Pepper Cod Rice Pilaf Steamed Green Peas Wheat Bread Apple Slices Milk	Iceberg Garden Salad 9 Turkey Meatballs Spaghetti Steamed Fresh Carrots Wheat Bread Fresh Watermelon Cubes Milk	Tossed Salad w/ Tomatoes & Cucumbers 10 Roasted Chicken Thigh Baked Sweet Potato Succotash Wheat Bread Apple Slices Milk	Carrot Salad 11 Apple Baked Pork Chop Mashed Potato Roasted Cauliflower Wheat Bread Honeydew Cubes Milk
Garden Salad 14 BBQ Chicken Thigh Herbed Rice Seasoned Green Beans Wheat Bread Diced Canned Peaches Milk	Tossed Salad w/ Tomatoes & Cucumbers 15 Beef Burgundy Egg Noodles Steamed Broccoli Multi Grain Bread Peaches & Melon Salad Milk	Coleslaw 16 Pork Cacciatore Wild Rice Pilaf Steamed Asparagus Multi Grain Bread Mixed Melon Salad Milk	Iceberg & Red Onion Salad 17 Chicken Scampi Roasted Sweet Potato Steamed Carrots Wheat Bread Fresh Cantaloupe Milk	Tossed Salad w/ Tomatoes & Cucumbers 18 Pork Chop Mashed Potatoes Steamed Yellow Squash Wheat Bread Kiwi and Strawberries Milk
Deviled Eggs 21 Brown Butter Trout Rice Pilaf w/ Veggie Base Steamed Carrots Wheat Roll Fresh Strawberries Milk	Garden Salad 22 Turkey Shepherd's Pie Steamed Green Beans Wheat Bread Honey Dew Milk	Iceberg Garden Salad 23 Chili Lime Chicken Roasted Red Potato Roasted Cauliflower Wheat Bread Bananas Milk	Cucumber Salad 24 Beef Pot Roast Bread Stuffing Carrots Wheat Bread Fruit Cup Milk	ADS is Closed 25 
Tomato Cucumber Salad 28 Grilled Salmon Wild Rice Steamed Carrots Wheat Roll Fresh Strawberries Milk	Garden Salad 29 Sliced Roast Beef Mashed Potatoes Green Beans Wheat Roll Peaches Milk	Iceberg Garden Salad 30 Roasted Turkey Roasted Red Potato Steamed Cauliflower Wheat Roll Pineapple Chunks Milk	Tossed Salad w/ Tomatoes & Cucumbers 31 Salisbury Steak Egg Noodles Steamed Broccoli Wheat Roll Mandarin Oranges Milk	