

November 2026

Client Highlight: Kathy Smith



Kathy Smith lives with her son, daughter-in-law, and four grandkids. They have a “zoo” in their home, which includes dogs, cats, birds, fish, and a bearded dragon. In her spare time, Kathy likes to knit, read, and spend time with the grandkids. She especially enjoys going to her grandsons’ football games and doing makeovers with her granddaughters. Her favorite beverage is hot tea.

Kathy thinks people may be surprised to know that she worked in computer coding. In fact, she coded a program in a language she did not know (French). The program is Banner and is used in colleges. She would go to the colleges to teach, taking her children with her. Remarkably, she worked closely with Bill Gates and Steve Jobs in the 1980s.

Lessons Kathy learned over the course of her life were to be kind to all and to never give up. Her favorite thing about attending Landis Adult Day Services is interacting with the other people.

Landis Adult Day Services

Enriching Each Day, Together

**1001 East Oregon Road
Lititz, PA 17543
LandisAdultDay.org
717-581-3975**

**Closed on Thanksgiving Day,
Thursday, November 26**



No Longer Alone Family Support Group

Sunday, November 15
3:00-5:00 p.m.
Crossings 2nd Floor
Meeting Room
Landis Homes

Speaker & Topic:
Members of Manheim
Township Police
Department

**Mental Health
Roundtable:**
“Practices and
Approaches When
Responding to
a Person Dealing with
a Mental Health Crisis”

The monthly meetings
provide a place for
those who have a loved
one living with mental
illness to learn and
share their
experiences.

For information or to
receive a monthly
meeting reminder, call
717-381-3599 or email
JAlbright@landis.org



**Landis 
Adult Day Services**

**Now Accepting
Additional Days!**

We currently have openings and
invite you to add extra days to
your schedule. As a valued client,
this is the fastest way to increase
your participation with us.

Don't miss this opportunity!

AdultDayServices@landis.org | 717-297-7624

Landis Adult Day Services is funded, in part, under an Agreement with money allocated by the Pennsylvania Department of Aging and the Lancaster County Commissioners, through the Lancaster County Office of Aging.

Thank You!

- **Jeff Lightcap** for the Goldfish crackers.
- **Doris Goeke** for bringing birthday cupcakes to celebrate your special day.
- **Tom Clouse** for donating a puzzle, puzzle books, and U.S. state cards.
- **Ray Young** for the coloring books, fig bars, and ChapStick.
- **Velma Stauffer** for bringing cookie and cracker snacks.
- **Connie Etzweiler** for helping us celebrate with birthday cookies.
- **Don Snively** for bringing us birthday snack bags.
- **Phil Loht** for sharing the Udder Choice ice cream cups.

ATTENTION: We do not accept homemade food items to be shared with others at the center. If you wish to share a snack, please choose prepackaged goodies.

Welcome

We welcome to the center this month: Nellie Shoff, Nevin Huber and Pamela Daecher

Goodbye

During the past month, we said goodbye to: Ray Wolownik, Dave Hurley, LeAnn Walker and Karen Ressler

Birthdays

Nov. 02	Mary Lou Dutton
Nov. 05	Marilyn Bosis
Nov. 12	Nellie Shoff
Nov. 19	Dorie Ramsdell
Nov. 24	Phil Loht

Tips for Living: Client Rights

Did you know that you have rights as a client of Adult Day Services? You have the right to:

1. Be treated with dignity and respect, including privacy in treatment and in care for personal needs.
2. Participate in development and implementation of your individual plan of care.
3. Be fully informed regarding the services to be provided, including frequency of services and treatment objectives as evidenced by the client's or responsible party's written acknowledgement.
4. Receive services designed to promote your functional ability to the optimal level and to encourage independence.
5. Be accorded safe, comfortable and healthful accommodations, furnishings and equipment to meet your needs.
6. Be free from abuse, neglect and exploitation.
7. Exercise the right to attend or to refrain from attendance and participation in religious activities, if offered.
8. End participation at the Center at any time.
9. Be free from restraints, seclusion and aversive conditioning.
10. Be accorded civil rights as follow:
 - You will not be discriminated against because of race, color, religious creed, disability, handicap, ancestry, national origin, age or sex.
 - There will be no discrimination in the provision of services, admissions, facility usage, referrals and communications with clients who are nonverbal or non-English speaking.
 - Physical accessibility and accommodation are provided as needed for clients with physical disabilities.
 - You have the opportunity to lodge civil rights complaints. Information on the procedure for lodging civil rights complaints is available
11. Have grievances investigated, be informed of the process for resolution of complaints and be provided with the name, address and telephone number of the local representative of the Long-Term Care Ombudsman Program.
12. Have reasonable access to an operable non-coin operated telephone with an outside line. Subject to rules established by the Center, clients may make and receive calls in reasonable privacy, or have calls made for them if necessary.
13. Confidentiality of medical records and photographs that will not be released without written consent of the client or responsible party except to persons authorized by law to receive them.
14. Be free to contact and meet privately with the representative of the Long-Term Care Ombudsman Program. Contact them at 717-299-7979 or 1-800-801-3070, or email aging@co.lancaster.pa.us

November Happenings

Life is filled with many seasons, each bringing different experiences. Some are joyful and easy to appreciate, while others may call for a little more patience, hope, or faith. Through them all, there are reasons to be thankful.

Often, reasons to be thankful are found in the simple things around us:

- The person who sits beside us
- A helping hand
- A comforting prayer
- A happy memory
- A beautiful view
- A familiar song

Noticing these gifts can remind us how much goodness is woven into everyday life. That's where we land, all of us, in a place of thankfulness for the day-to-day interactions that enrich our lives here at Landis Adult Day Services.

Do You have a Special Memory?

On November 3, can you share with us a special memory from your life? Bring in a picture, an item you made or something that represents a favorite memory. We will return the items the same day.

The month of November is full of anticipation as we head into the holiday season. We will have speakers, artists, and experiences that will offer reminders to be thankful for the larger world around us!

Volunteer Highlight: Betty Frey

Betty Frey was married to James at the age of 23. They had four children, two boys and two girls, and lived on a farm in Southern Lancaster County for 18 years. Later they moved to Strasburg where her husband had a small used car lot. Betty worked at Manor Care nursing facility as a LPN for 30 years until she retired.



Betty and her husband did some traveling to Florida, Puerto Rico, and Switzerland. Sadly, her husband died at 70 years of age. In 2017, at the age of 80 years old, Betty moved to Landis Homes and decided to volunteer at Landis Adult Day Services. She enjoys seeing the guests and chatting with them while serving drinks and bread.

In her spare time, Betty enjoys doing puzzles or reading a good book. She loves salty snacks, like chips, and of course, chocolate. Betty thinks Thanksgiving and Christmas holidays are always special. Being with family is the best part for her as they live in different places like Illinois, Maine, Oregon, and Pennsylvania. So, when they all can be together, it is special! Thanks, Betty, for your faithful volunteering with us over the years!



Sing for the Moment Concerts

The Sing for the Moment choir consists of individuals with dementia and other brain changes, along with their care partners. The choir is getting ready to take the stage in West Bethany Chapel. **They will perform their main concert on Sunday, November 8, at 2:00 p.m. The choir will also perform a preview concert on Wednesday, November 4 at 10:15 a.m.** Free admission. E-mail sftm@landis.org with any questions.



1. ACUCIONPOR _____
2. PRIECTSU _____
3. BEELCARTE _____
4. TOSAR YKRUTE _____
5. GIIMRPL _____
6. PPNUMKI IPE _____
7. YLIFAM ENNRID _____
8. DIHYLAO _____
9. VGAYR _____
10. TUAMUN VESAEI _____
11. PKPMUNI HTPA _____
12. VISFEESTITI _____

13. TGLAREFU _____
14. DCAORENBR _____
15. OCKO LAL YDA _____
16. HTATOBLLCE _____
17. HRTEAVS _____
18. SFEAT _____
19. PELAP RCDIE _____
20. BGSSNLEI _____
21. NDRNEI BNSU _____
22. VGIE KHNAST _____
23. HBEWNISO _____
24. GSNTFUIF _____



JACKETS! COATS! JACKETS!

As we head into autumn when the air is chilly in the morning but warmer in the afternoon, it's easy to forget the jacket you were wearing when you arrived at the center. Please help the staff to keep jackets and coats with their rightful owners by **attaching a label with your full name** inside your jackets and coats. Thank you!

EDEN WEST – WISH LIST

Are you looking for an alternative to bringing a food treat to celebrate a special occasion with the center? Consider a donation of any of these items! We will still celebrate their special day and everyone benefits.

- Sticker by Number books
- Velvet Coloring pages
- Markers
- Adult coloring pages
- Books with Trivia questions
- 300-piece jigsaw puzzles
- Puzzle Books
- Individual packaged treats (*cannot accept outdated items*)
- Sugar free candy
- Small Game Prizes: (scarves, ChapSticks, flashlights, hand towels, socks)