

BASIC DAILY SCHEDULE

7:00 - 10:00 Toast & Coffee
9:45 - 10:15 Fun & Games
10:15 - 10:45 Exercise

10:45 - 11:15 Discussion
11:30 - 1:00 Lunch / Relaxation / Trivia
1:00 Informative / Entertaining Program
2:00 Snack

2:15 Active Games
2:50 Brain Challenge
2:45 - 5:00 Dismissal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	9:45 Uno / Crafts 1 1:00 The Price is Right 2:00 Snack 2:15 Ladder Golf 2:45 Things 3:15 Unscramble	9:45 Uno / Crafts 2 1:00 Lisa Sanchez: Nature 2:00 Snack 2:15 Horseshoes 2:45 Pictionary 3:15 Uno in the Afternoon	9:45 Uno / Crafts 3 1:00 Laughs 2:00 Snack 2:15 Tic Tac Win 2:45 Bubble Talk 3:15 Gotcha	9:45 Book Club 4 1:00 Frederick Douglas – Dan Martin 2:00 Snack 2:15 Darts 2:45 Word Shaker 3:15 Buzzword
	9:45 Uno / Crafts 8 1:00 Let's Google It 2:00 Snack 2:15 Ring on the Green 2:45 Zen Words 3:15 Guess in 10	9:45 Uno / Crafts 9 1:00 Taste of Honey 2:00 Snack 2:15 Corn Hole 2:45 Millionaire 3:15 Question Roll	9:45 Uno / Crafts 10 FIELD TRIP: Hayloft Ice Cream 1:00 Int'l Country Music Day 2:00 Snack 2:15 Carpet Ball 2:45 Word Solitaire 3:15 White Board Games	9:45 Book Club 11 1:00 Piano Stylings – Alice Lauver 2:00 Snack 2:15 Ring It to Win It 2:45 Roll the Pigs 3:15 Hangman
9:45 Uno / Crafts 14 1:00 The Monkeys (music) 2:00 Snack 2:15 Hatchet Toss 2:45 Twenty Questions 3:15 Scrabble Scramble	9:45 Uno / Crafts 15 1:00 Classic TV – Lassie 2:00 Snack 2:15 Bocce 2:45 Family Feud 3:15 Penny Ante	9:45 Uno / Crafts 16 1:00 Farm Stories * 2:00 Snack 2:15 Ring It to Win It 2:45 Guess the Old Thing 3:15 LCR	9:45 Uno / Crafts 17 1:00 McGuffy Reader and School Days 2:00 Snack 2:15 Bowling 2:45 Picture It 3:15 Roll a Memory	9:45 Book Club 18 1:00 BINGO! 2:00 Snack 2:15 Golf Tic Tac Toe 2:45 Wheel of Fortune 3:15 Hangman
A D U L T D A Y S E R V I C E S W E E K				
9:45 Uno / Crafts 21 1:00 One Man Band - Nick DiSanto 2:00 Snack 2:15 Skee Ball 2:45 Name 5 3:15 Shut the Box	9:45 Uno / Crafts 22 FIELD TRIP: Kitchen Kettle 1:00 Adult Day Participant BINGO 2:00 Ice Cream Sundae 2:15 Carpet Ball 2:45 Clichés and Sayings 3:15 Puzzles	9:45 Uno / Crafts 23 1:00 Welcome Autumn 2:00 Snack 2:15 Tumble Tower 2:45 Wordscape 3:15 Uno in PM	9:45 Uno / Crafts 24 1:00 MOVIE DAY: <i>Misty of Chincoteague</i> 2:00 Snack 2:15 Darts 2:45 Roll the Pigs 3:15 Fill In	9:45 Book Club 25 1:00 Centenarian Folks 2:00 Snack 2:15 Hoops 2:45 Word Shaker 3:15 License ID
9:45 Uno / Crafts 28 1:00 I Am OK! 2:00 Snack 2:15 Ring on Green 2:45 Finish It 3:15 Scattergories	9:45 Uno / Crafts 29 1:00 What's a Red Panda 2:00 Snack 2:15 Ladder Golf 2:45 True and False 3:15 Brain Drain	9:45 Uno / Crafts 30 1:00 Apple a Day 2:00 Snack 2:15 Frisbee Toss 2:45 Find the Difference 3:15 Hangman		

*Bring your written farm stories and photos.

September 2026

EDEN WEST ADULT DAY SERVICES MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Tossed Salad w/ Carrots 1 Lemon Broiled Cod Roasted Sweet Potatoes Lemon Grilled Asparagus Wheat Bread Fresh Pineapple Milk	Iceberg & Red Onion Salad 2 Latin Chicken Tartine Rice Pilaf Roasted Brussel Sprouts Wheat Bread Fresh Watermelon Cubes Milk	Tomato Cucumber Salad 3 Herb Roasted Chicken Thigh Mashed Potatoes Sautéed Zucchini Wheat Bread Mixed Berries Milk	Tossed Salad w/ Carrots 4 Hamburger with Bun Sweet Potato Fries Steamed Yellow Squash Fresh Summer Sliced Fruit Milk
	7 Cucumber Salad w/ Vinegar Drg 8 Beef Burgundy Mashed Potatoes Steamed Green Peas Wheat Bread Apple Slices Milk	Iceberg & Red Onion Salad 9 Turkey Meatballs Spaghetti Pasta Steamed Fresh Green Beans Wheat Bread Fresh Watermelon Cubes Milk	Tossed Salad w/ 10 Tomatoes & Cucumbers Beef Swedish Meatball Whipped Potatoes Succotash Wheat Bread Apple Slices Milk	Chicken Salad Cup 11 French Bread Pizza Roasted Cauliflower Honeydew Cubes Milk
Garden Salad 14 Brown Butter Trout Herbed Rice Seasoned Green Beans Wheat Bread Diced Canned Peaches Milk	Tossed Salad w/ 15 Tomatoes & Cucumbers Turkey Shepherd's Pie Steamed Broccoli Multi Grain Bread Peaches & Melon Salad Milk	Coleslaw 16 Tilapia Cilantro Lime Wild Rice Pilaf Steamed Asparagus Multi Grain Bread Mixed Melon Salad Milk	Iceberg & Red Onion Salad 17 Beef Pot Roast Roasted Sweet Potato Seasoned Green Beans Wheat Bread Fresh Cantaloupe Milk	Tossed Salad w/ 18 Tomatoes & Cucumbers Pork Chop Baked Beans Steamed Yellow Squash Wheat Bread Kiwi and Strawberries Milk
Deviled Eggs 21 Lemon Pepper Salmon Rice Pilaf w/ Veggie Base Roasted Cauliflower Wheat Roll Fresh Strawberries Milk	Garden Salad 22 Sliced Roast Beef Mashed Potatoes Steamed Green Beans Wheat Bread Honeydew Milk	Iceberg & Red Onion Salad 23 Roast Turkey Mashed Potato Roasted Cauliflower Wheat Bread Bananas Milk	Cucumber Salad 24 Salisbury Steak Bread Stuffing Carrots Wheat Bread Fruit Cup Milk	Tossed Salad w/ Carrots 25 Chicken Tenders Krinkle Fries, Baked Steamed Brussel Sprouts Wheat Bread Cantaloupe Milk
Carrot Salad 28 Beef Taco Bake Rice and Red Beans Steamed Carrots Wheat Roll Fresh Strawberries Milk	Tossed Salad w/ Carrots 29 Espresso Pork Loin Roasted Sweet Potatoes Lemon Grilled Asparagus Wheat Bread Fresh Pineapple Milk	Iceberg & Red Onion Salad 30 Chicken Scarpariello Rice Pilaf Roasted Brussel Sprouts Wheat Bread Fresh Watermelon Cubes Milk	 	