

BASIC DAILY SCHEDULE

7:00 - 10:00 Toast & Coffee
 9:45 - 10:15 Fun & Games
 10:15 - 10:45 Exercise

10:45 - 11:15 Discussion
 11:30 - 1:00 Lunch / Relaxation / Trivia
 1:00 Informative / Entertaining Program
 2:00 Snack

2:15 Active Games
 2:50 Brain Challenge
 2:45 - 5:00 Dismissal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:45 Uno / Crafts 1 1:00 Kentuckennessee 2:00 Snack 2:15 Splat 2:45 Words in the Round 3:15 Unscramble	9:45 Uno / Crafts 2 1:00 Italiano 2:00 Snack 2:15 Carpet Ball 2:45 Boggle 3:15 Scattergories	Golf Tournament Fundraiser 3 9:45 Uno / Crafts 1:00 Hummingbirds: Lisa S. 2:00 Snack 2:15 Perfect Putt 2:45 Name 5 3:15 Stickman	9:45 Uno / Crafts 4 1:00 Automobile Innovation 2:00 Snack 2:15 Bocce 2:45 Things 3:15 Puzzles	9:45 Uno / Crafts 5 1:00 Matt Wenger Music 2:00 Snack 2:15 Tumble Tower 2:45 Picture It 3:15 Cranium Crunch
9:45 Uno / Crafts 8 1:00 World Ocean Day 2:00 Snack 2:15 Ring It to Win It 2:45 Finish It 3:15 License ID	9:45 Uno / Crafts 9 1:00 Garden Greats 2:00 Snack 2:15 Frisbee Free Throw 2:45 Guess the TV Show 3:15 Spelled Wrong	9:45 Uno / Crafts 10 1:00 John Roebing Bridges: Dan Martin 2:00 Snack 2:15 Wally Ball 2:45 Who Am I? 3:15 Pictionary	9:45 Uno / Crafts 11 1:00 Hee Haw Rewind 2:00 Snack 2:15 Horseshoes 2:45 Smart As 3:15 Would You Rather	9:45 Book Club 12 1:00 Roller Coaster! 2:00 Snack 2:15 Cornhole 2:45 Family Feud 3:15 Finish the Lyrics
9:45 Uno / Crafts 15 1:00 Arkansas 2:00 Snack 2:15 Ring on Green 2:45 Wheel of Fortune 3:15 LCR	9:45 Uno / Crafts 16 1:00 Where Did You Go? Our Trips / Vacations 2:00 Snack 2:15 Tic Tac Win! 2:45 Where is That? 3:15 Afternoon UNO	9:45 Uno / Crafts 17 1:00 Power of a Smile 2:00 Snack 2:15 Carpet Ball 2:45 America Says 3:15 Launchers	9:45 Uno / Crafts 18 1:00 Cooking with Chris 2:00 Snack 2:15 Ring Toss 2:45 Guess in 10 3:15 21	Breakfast Is Served! 19 9:45 Book Club 12:30 FIELD TRIP: Pretzel Hut 1:00 Lionel Richie 2:00 Snack 2:15 Skee Ball 2:45 Guess the Sound 3:15 Gotcha
9:45 Uno / Crafts 22 1:00 World Giraffe Day 2:00 Snack 2:15 Tic Tac Putt 2:45 Millionaire 3:15 Buzzword	9:45 Uno / Crafts 23 1:00 Celebrating Senses 2:00 Snack 2:15 Bocce 2:45 Concentration 3:15 Describe It	9:45 Uno / Crafts 24 Movie Day 2:00 Snack / ADS Council 2:15 Horseshoes 2:45 Horserace Hoe Down 3:15 Word Search	9:45 Uno / Crafts 25 1:00 Virginia Statehood 2:00 Snack 2:15 Darts 2:45 Spot the Difference 3:15 Tabletop Bowling	9:45 Book Club 26 1:00 Helen Keller 2:00 Snack 2:15 Hatchet Toss 2:45 Cliché Clash 3:15 Puzzles
9:45 Uno / Crafts 29 1:00 Summer Special 2:00 Snack 2:15 Ring on Green 2:45 Name the Thing 3:15 Spill and Spell	9:30 FIELD TRIP: 30 Bird-in Hand Bakery & Cafe 9:45 Uno / Crafts 1:00 Richard James - Guitar 2:00 Snack 2:15 Xbox Bowling 2:45 Tic Tac Know 3:15 Dice Bingo			

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Carrot Salad 1 Roast Turkey Mashed Potatoes Peas and Carrots Wheat Bread Mandarin Oranges Milk</p>	<p>Iceberg & Red Onion Salad 2 Sliced Roast Beef Pasta Egg Noodles Steamed Fresh Zucchini Multi Grain Bread Pears Milk</p>	<p>Tossed Salad 3 w/ Tomatoes & Cucumbers Orange Chicken Thigh Sweet Potato Garlic Parmesan Seasoned Green Beans Wheat Bread Strawberries Milk</p>	<p>Tossed Salad w/ Mushrooms 4 Glazed Ham Loaf Whipped Sweet Potatoes Broccoli Wheat Bread Grape, Pineapple, Melon Salad Milk</p>	<p>Tossed Salad 5 w/ Tomatoes & Cucumbers Chicken Tenders Crinkle-Cut Fries, Baked Steamed Brussel Sprouts Wheat Bread Honey Dew Milk</p>
<p>Tossed Salad 8 w/ Tomatoes & Cucumbers Turkey Meatloaf Mashed Potatoes Roasted Butternut Squash Multi Grain Bread Peaches & Melon Salad Milk</p>	<p>Tossed Salad w/ Carrots 9 Pork Tenderloin Roasted Sweet Potatoes Lemon Broccoli Wheat Bread Fresh Pineapple Milk</p>	<p>Iceberg & Red Onion Salad 10 Broiled Lemon Cod Rice Pilaf Grilled Asparagus Wheat Bread Fresh Watermelon Cubes Milk</p>	<p>Tomato Cucumber Salad 11 Herb Roasted Chicken Thigh Mashed Potatoes Creamed Corn Wheat Bread Mixed Berries Milk</p>	<p>Tossed Salad w/ Carrots 12 Hamburger with Bun Sweet Potato Fries Steamed Yellow Squash Fresh Summer Sliced Fruit Milk</p>
<p>Tossed Salad w/ Carrot 15 BBQ Chicken Thigh Bread Stuffing Roasted Asparagus Wheat Bread Fresh Fruit Cup Milk</p>	<p>Cucumber Salad / Vinegar Drg. 16 Beef Burgundy Mashed Potatoes Steamed Broccoli Wheat Bread Apple Slices Milk</p>	<p>Iceberg & Red Onion Salad 17 Turkey Meatballs Spaghetti Pasta Steamed Fresh Green Beans Wheat Bread Fresh Watermelon Cubes Milk</p>	<p>Tossed Salad 18 w/ Tomatoes & Cucumbers Beef Pot Roast w/ Gravy Whipped Potatoes Broccolini w/ Garlic & Red Pepper Wheat Bread Apple Slices Milk</p>	<p>Chicken Salad Cup 19 French Bread Pizza Roasted Cauliflower Honeydew Cubes Milk</p>
<p>Garden Salad 22 Browned Butter Trout Herbed Rice Seasoned Green Beans Wheat Bread Diced Canned Peaches Milk</p>	<p>Tossed Salad 23 w/ Tomatoes & Cucumbers Turkey Shepherd's Pie Steamed Broccoli Multi Grain Bread Peaches & Melon Salad Milk</p>	<p>Coleslaw 24 Chili Lime Chicken Breast Wild Rice Pilaf Steamed Asparagus Multi Grain Bread Mixed Melon Salad Milk</p>	<p>Iceberg & Red Onion Salad 25 Tilapia Teriyaki Brown Rice Seasoned Green Beans Wheat Bread Fresh Cantaloupe Milk</p>	<p>Tossed Salad 26 w/ Tomatoes & Cucumbers Chicken Tenders Crinkle-Cut Fries, Baked Steamed Zucchini Wheat Bread Kiwi & Strawberries Milk</p>
<p>Deviled Eggs 29 Ginger Salmon Rice Pilaf w/ Veggie Base Roasted Cauliflower Wheat Roll Fresh Strawberries Milk</p>	<p>Garden Salad 30 Dutch Chicken Pot Pie Steamed Green Beans Wheat Bread Honey Dew Milk</p>			