

BASIC DAILY SCHEDULE

7:00 - 10:00 Toast & Coffee  
 9:45 - 10:15 Fun & Games  
 10:15 - 10:45 Exercise

10:45 - 11:15 Discussion  
 11:30 - 1:00 Lunch / Relaxation / Trivia  
 1:00 Informative / Entertaining Program  
 2:00Snack

2:15 Active Games  
 2:50 Brain Challenge  
 2:45 - 5:00 Dismissal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		9:45 Uno / Crafts 1 1:00 Lisa Sanchez: Nature 2:00 Snack 2:15 Darts 2:45 ID the Song 3:15 Gotcha	9:45 Uno / Crafts 2 1:00 National Park Treasures 2:00 Snack 2:15 Carpet Ball 2:45 Myth or Truth 3:15 Uno in the Afternoon	
9:45 Uno / Crafts 6 1:00 America 250: Dan Martin 2:00 Snack 2:15 Frisbee Toss 2:45 Ring on the Green 3:15 Finish the Lyrics	9:45 Uno / Crafts 7 1:00 Hot Dog! 2:00 Snack 2:15 Wally Ball 2:45 Smart As 3:15 Roll a Memory	9:45 Uno / Crafts 8 1:00 Minute to Win It 2:00 Snack 2:15 Putt it 2:45 Boggle 3:15 LCR	9:45 Uno / Crafts 9 12:30 <b>FIELD TRIP:</b> <b>Ice Cream - Brickerville</b> 1:00 Barns 2:00 Snack 2:15 Ladder Golf 2:45 Word Solitaire 3:15 Uno in PM	9:45 Book Club 10 1:00 Forgotten Department Stores 2:00 Snack 2:15 Corn Hole 2:45 Famous Faces 3:15 Puzzler
9:45 Uno / Crafts 13 1:00 World Cup Soccer 2:00 Snack 2:15 Bowl Me Over 2:45 What is That? 3:15 Launchers	9:45 Uno / Crafts 14 1:00 Name That Musical 2:00 Snack 2:15 Bocce 2:45 Pictionary 3:15 Dominoes	9:45 Uno / Crafts 15 1:00 Motorcycle Adventure 2:00 Snack 2:15 Hatchet Toss 2:45 License ID 3:15 Unscramble	9:45 Uno / Crafts 16 1:00 Nelson Mandela 2:00 Snack 2:15 Tumble Tower 2:45 Millionaire 3:15 Hangman	9:45 Book Club 17 1:00 Senior Bell Ringers 2:00 Snack 2:15 Ring it to Win it 2:45 Picture it 3:15 Oodles
9:45 Uno / Crafts 20 1:00 Keeper of the Zoo 2:00 Snack 2:15 Ring Toss 2:45 Word Gold 3:15 Connect Four	9:45 Uno / Crafts 21 1:00 Measure Up 2:00 Snack 2:15 Carpet Ball 2:45 Word Connect 3:15 Buzzword	9:45 Uno / Crafts 22 1:00 Keep it Simple 2:00 Snack 2:15 Baseball Catch 2:45 Bubble Talk 3:15 Kerplunk	9:45 Uno / Crafts 23 1:00 Bingo X 2 2:00 Snack 2:15 Lawn Darts 2:45 Spot the Difference 3:15 Table Top Bowling	9:45 Book Club 24 1:00 Sound of Music: Movie Day 2:00 Snack 2:15 Xbox Bowling 2:45 A-Z Picture 3:15 LCR
9:45 Uno / Crafts 27 1:00 Baseball Greats * 2:00 Snack 2:15 <b>ADS Council</b> Tumble Tower 2:45 Family Feud 3:15 Fill in	9:45 Uno / Crafts 28 1:00 Feeling Blue 2:00 Snack 2:15 Target Toss 2:45 Words Around 3:15 Would You Rather	9:30 <b>FIELD TRIP:</b> <b>Toy Train Museum</b> 29 9:45 Uno / Crafts 1:00 Big Old Jet Airplane 2:00 Snack 2:15 Skee Ball 2:45 Cliché Clash 3:15 Name It	9:45 Uno / Crafts 30 1:00 Chris Cooks 2:00 Snack 2:15 Ring on Green 2:45 Chain Reaction 3:15 Dominoes	9:45 Uno / Crafts 31 1:00 Nick Brings the Music 2:00 Snack 2:15 Tic Tac Putt 2:45 Pig Toss 3:15 Finish the Slogan

\* Wear your favorite color, team t-shirt or hat.

July 2026

EDEN WEST ADULT DAY SERVICES MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Tossed Salad w/ Tomatoes & Cucumbers Tilapia Piccata Buttered Noodles Seasoned Green Beans Wheat Bread Strawberries Milk	Tossed Salad w/ Mushrooms Glazed Ham Loaf Whipped Sweet Potatoes Broccoli Wheat Bread Grape, Pineapple & Melon Salad Milk	
Tossed Salad w/ Tomatoes & Cucumbers Turkey Meatloaf Mashed Potatoes Roasted Butternut Squash Multi Grain Bread Peaches & Melon Salad Milk	Tossed Salad w/ Carrots Lemon Broiled Cod Roasted Sweet Potatoes Lemon Grilled Asparagus Wheat Bread Fresh Pineapple Milk	Iceberg & Red Onion Salad Chicken Coq Au Vin Rice Pilaf Roasted Brussel Sprouts Wheat Bread Fresh Watermelon Cubes Milk	Tomato Cucumber Salad Herb Roasted Chicken Thigh Mashed Potatoes Sauteed Zucchini Wheat Bread Mixed Berries Milk	Tossed Salad w/ Carrots Hamburger with Bun Sweet Potato Fries Steamed Yellow Squash Fresh Summer Sliced Fruit Milk
Tossed Salad w/ Carrots BBQ Chicken Thigh Bread Stuffing Roasted Asparagus Wheat Bread Fresh Fruit Cup Milk	Cucumber Salad/Vinegar Drsg Beef Burgundy Mashed Potatoes Steamed Green Peas Wheat Bread Apple Slices Milk	Iceberg & Red Onion Salad Turkey Meatballs Spaghetti Pasta Steamed Fresh Green Beans Wheat Bread Fresh Watermelon Cubes Milk	Tossed Salad w/ Tomatoes & Cucumbers Beef Swedish Meatball Whipped Potatoes Succotash Wheat Bread Apple Slices Milk	Chicken Salad Cup French Bread Pizza Roasted Cauliflower Honeydew Cubes Milk
Garden Salad Brown Butter Trout Herbed Rice Seasoned Green Beans Wheat Bread Diced Canned Peaches Milk	Tossed Salad w/ Tomatoes & Cucumbers Turkey Shepherd's Pie Steamed Broccoli Multi Grain Bread Peaches & Melon Salad Milk	Coleslaw Tilapia Teriyaki Wild Rice Pilaf Steamed Asparagus Multi Grain Bread Mixed Melon Salad Milk	Iceberg & Red Onion Salad Beef Pot Roast Roasted Sweet Potato Seasoned Green Beans Wheat Bread Fresh Cantaloupe Milk	Tossed Salad w/ Tomatoes & Cucumbers Pork Chop Baked Beans Steamed Yellow Squash Wheat Bread Kiwi and Strawberries Milk
Deviled Eggs Lemon Pepper Salmon Rice Pilaf w/ Veggie Base Roasted Cauliflower Wheat Roll Fresh Strawberries Milk	Garden Salad Sliced Roast Beef Mashed Potatoes Steamed Green Beans Wheat Bread Honey Dew Milk	Iceberg & Red Onion Salad Roast Turkey Mashed Potatoes Roasted Cauliflower Wheat Bread Bananas Milk	Cucumber Salad/Vinegar Drsg Salisbury Steak Bread Stuffing Carrots Wheat Bread Fruit Cup Milk	Tossed Salad w/ Carrots Chicken Tenders Crinkle Cut Fries, Baked Steamed Brussel Sprouts Wheat Bread Cantaloupe Milk