

BASIC DAILY SCHEDULE

7:00 - 10:00 Toast & Coffee
 9:45 - 10:15 Fun & Games
 10:15 - 10:45 Exercise

10:45 - 11:15 Discussion
 11:30 - 1:00 Lunch / Relaxation / Trivia
 1:00 Informative / Entertaining Program
 2:00Snack

2:15 Active Games
 2:50 Brain Challenge
 2:45 - 5:00 Dismissal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		9:45 Uno / Crafts 1 1:00 Spring Flowers: L. Sanchez 2:00 Snack 2:15 Ring the Green 2:45 Family Feud 3:15 Scattergories	9:45 Uno / Crafts 2 1:00 Seasonal Music with Lisa 3 2:00 Snack 2:15 Lawn Darts 2:45 Boggle 3:15 Whiteboard Games	
9:45 Uno / Crafts 6 1:00 Getting to Know You! 2:00 Snack 2:15 Xbox Bowling 2:45 Spot the Difference 3:15 Unscramble	9:45 Bingo / Crafts 7 1:00 Giggles and Laughs 2:00 Snack 2:15 Ring It to Win It 2:45 Name 5 3:15 LCR	9:45 Uno / Crafts 8 1:00 Our Pets Day 2:00 Snack 2:15 Baseball Pitch 2:45 Wheel of Fortune 3:15 Gotcha	MOVIE DAY 9 9:45 Uno / Crafts 1:00 Fly Away Home 2:00 Snack 2:15 Wally Ball 2:45 Smart As 3:15 Brain Crunches	9:45 Book Club 10 1:00 Alice Lauver Sing Along 2:00 Snack 2:15 Corn Hole 2:45 Fact or Fiction 3:15 Roll a Memory
9:45 Uno / Crafts 13 1:00 An End . . . Civil War 2:00 Snack 2:15 Ladder Golf 2:45 Concentration 3:15 Dice Bingo	9:45 Uno / Crafts 14 1:00 Map It 2:00 Snack 2:15 Carpet Ball 2:45 Pictionary 3:15 Penny Ante	9:45 Uno / Crafts 15 1:00 Spintopia 2:00 Snack 2:15 Tic Tac Win 2:45 The Big Picture 3:15 Americology	9:45 Bingo / Crafts 16 1:00 Romeo (Men's Group) Juliet (Women's Group) 2:00 Snack 2:15 Skee Ball 2:45 Guess the 50s-60s Songs 3:15 Finish the Lyrics	9:45 Book Club 17 1:00 Dance! 2:00 Snack 2:15 Tic Tac Putt 2:45 Words Around 3:15 Dominoes
9:45 Uno / Crafts 20 1:00 Spring Auction 2:00 Snack 2:15 Frisbee Toss 2:45 Pass the Pigs 3:15 Uno in the Afternoon	9:45 Uno / Crafts 21 1:00 Jelly Bean Build 2:00 Snack 2:15 Bocce 2:45 Spill and Spell 3:15 Puzzlers	9:45 Uno / Crafts 22 1:00 Tulip Tulip Tulip 2:00 Snack 2:15 Tumble Tower 2:45 You Decide 3:15 Travelogue you pick . . .	BREAKFAST is served! 23 9:45 Uno / Crafts 1:00 Chris Cooks 2:00 Snack 2:15 Carpet Ball 2:45 Famous Faces 3:15 You Decide	9:45 Book Club 24 1:00 Carol Burnett Comedy 2:00 Snack 2:15 Lawn Darts 2:45 20 Questions 3:15 Launchers
9:45 Uno / Crafts 27 1:00 Native American 2:00 Snack 2:15 Ring on the Green 2:45 What's the Word? 3:15 Tabletop Bowling	9:45 Uno / Crafts 28 1:00 Soda Fountain Spin 2:00 Snack 2:15 Swatter Ball 2:45 Search the Word 3:15 Guess in 10	9:45 Uno / Crafts 29 1:00 Nature Explorations: Janet 2:00 Snack 2:15 Corn Hole 2:45 That's an Illusion 3:15 Uno	FIELD TRIP: Barnstormers 30 9:45 Uno / Crafts 1:00 End of April BINGO 2:00 Snack 2:15 Darts 2:45 A-Z Pictures 3:15 Scattergories	

April 2026

EDEN WEST ADULT DAY SERVICES MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Deviled Eggs 1 Lemon Broiled Cod Risotto w/ Vegetable Stock Grilled Lemon Garlic Asparagus Multi Grain Bread Kiwi and Strawberries Milk	Tossed Salad w/ Carrots 2 Dutch Chicken Pot Pie Roasted Herb Carrots Wheat Bread Fruit Salad Milk	
Tossed Salad w/ Carrots 6 BBQ Chicken Thigh Bread Stuffing Roasted Asparagus Wheat Bread Fresh Fruit Cup Milk	Tossed Salad w/ Mushrooms 7 Glazed Ham Loaf Whipped Sweet Potatoes Broccoli & Cauliflower Wheat Bread Grape, Pineapple, Melon Salad Milk	Iceberg & Red Onion Salad 8 Turkey Meatballs Spaghetti Pasta Steamed Fresh Green Beans Wheat Bread Fresh Watermelon Cubes Milk	Chicken Salad Cup 9 French Bread Pizza Steamed Broccoli Wheat Bread Honeydew Cubes Milk	Tossed Salad w/ Spinach 10 Ginger Salmon Rice Pilaf w/ Veggie Base Roasted Cauliflower Wheat Roll Fresh Strawberries Milk
Garden Salad 13 Brown Butter Trout Herbed Rice Seasoned Green Beans Wheat Bread Diced Canned Peaches Milk	Cucumber Salad 14 Turkey Shepherd's Pie Steamed Broccoli Wheat Bread Apple Slices Milk	Tomato Cucumber Salad 15 Chili Lime Chicken Breast Wild Rice Steamed Asparagus Multi Grain Bread Mixed Melon Salad Milk	Tossed Salad w/ Carrots 16 Pork Tenderloin Roasted Sweet Potatoes Lemon Broccoli Wheat Bread Fresh Pineapple Milk	Tossed Salad w/ Carrots 17 Hamburger with Bun Sweet Potato Fries Steamed Yellow Squash Fresh Summer Sliced Fruit Milk
Iceberg & Red Onion Salad 20 Roasted Pork Tenderloin Parslied Diced Potatoes Sauteed Fresh Spinach Wheat Bread Fresh Cantaloupe Milk	Tossed Salad 21 w/ Tomatoes & Cucumbers Sliced Roast Beef Pasta Egg Noodles Steamed Fresh Zucchini Multi Grain Bread Peaches & Melon Salad Milk	Coleslaw 22 Roast Turkey Breast with Gravy Whipped Mashed Potatoes Seasoned Green Beans Wheat Bread Cinnamon Pears Milk	Iceberg & Red Onion Salad 23 Tilapia Piccata Rice Brown Seasoned Green Beans Wheat Bread Fresh Cantaloupe Milk	Tossed Salad 24 w/ Tomatoes & Cucumbers Chicken Tenders Oven Baked Fries Steamed Zucchini Wheat Bread Fresh Apple Slices Milk
Carrot Raisin Salad 27 Chicken Divan Steamed White Rice Steamed Baby Carrots Wheat Bread Fresh Fruit Salad Milk	Garden Salad 28 Pork Cutlet Mashed Potatoes Steamed Brussel Sprouts Wheat Bread Watermelon Milk	Deviled Eggs 29 Lemon Broiled Cod Risotto w/ Vegetable Stock Grilled Lemon Garlic Asparagus Multi Grain Bread Kiwi and Strawberries Milk	Tossed Salad w/ Carrots 30 Dutch Chicken Pot Pie Roasted Herb Carrots Wheat Bread Fruit Salad Milk	