

February 2026

# EDEN WEST CALENDAR OF EVENTS

Landis Adult Day Services (717) 581-3975

## BASIC DAILY SCHEDULE

7:00 - 10:00 Toast & Coffee  
9:45 - 10:15 Fun & Games  
10:15 - 10:45 Exercise

10:45 - 11:15 Discussion  
11:30 - 1:00 Lunch / Relaxation / Trivia  
1:00 Informative / Entertaining Program  
2:00Snack

2:15 Active Games  
2:50 Brain Challenge  
2:45 - 5:00 Dismissal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:45 Uno / Crafts 2 1:00 Groundhog Day / Candlemas 2:00 Snack 2:15 Corn Hole 2:45 Boggle 3:15 Puzzles at the Table	9:45 Uno / Crafts 3 1:00 February Bingo 2:00 Snack 2:15 Hoops 2:45 Guess in 10 3:15 LCR	9:45 Uno / Crafts 4 1:00 Maple Sugaring 2:00 Snack 2:15 Ring on the Green 2:45 Cliché Complete 3:15 White Board Games	9:45 Uno / Crafts 5 1:00 Norman Rockwell 2:00 Snack 2:15 Ladder Golf 2:45 True or False 3:15 Uno	9:45 Book Club 6 1:00 Winter Olympics 2:00 Snack 2:15 Snowball Toss 2:45 Sport the Difference 3:15 Unscramble
9:45 Uno / Crafts 9 1:00 UDS Service Dogs 2:00 Snack 2:15 Winter Events 2:45 Word Drop 3:15 What's in a Word	9:45 Uno / Crafts 10 1:00 Hershey Day 2:00 Snack 2:15 Carpet Ball 2:45 Tic Tac Know 3:15 Scrabble Cards	9:45 Uno / Crafts 11 1:00 Pizza -Toss It, Spin It, Eat It 2:00 Snack 2:15 Lawn Darts 2:45 Family Feud 3:15 Hangman	9:45 Uno / Crafts 12 1:00 Heart to Heart 2:00 Snack 2:15 Tumble Tower 2:45 Penny Ante 3:15 Pictionary	<b>FIELD TRIP:</b> 13 <b>Lancaster Cupcakes</b> 9:45 Book Club 1:00 More Inventors 2:00 Snack 2:15 Xbox Bowling 2:45 Name 5 3:15 Match Up
9:45 Uno / Crafts 16 1:00 Presidents Day – C. Wagner 2:00 Snack 2:15 Ring It to Win It 2:45 Word Chains 3:15 Dice Bingo	Fasnacht Day 17 9:45 Uno / Crafts 1:00 Yorkshire Vet 2:00 Snack 2:15 Bocce Ball 2:45 Who Am I? 3:15 Buzzword	9:45 Uno / Crafts 18 1:00 Movie Day 2:00 Snack 2:15 Wally Ball 2:45 Scattergories 3:15 Launchers	9:45 Uno / Crafts 19 1:00 Acorn Acres Animals 2:00 Snack 2:15 Carpet Ball 2:45 Complete the Saying 3:15 Table Top Bowling	9:45 Book Club 20 1:00 Musical Interlude 2:00 Snack 2:15 Ring Toss 2:45 20 Questions 3:15 Puzzle Up <b>Thanks to All Caregivers</b>
9:45 Uno / Crafts 23 1:00 Love Your Pet Day 2:00 Snack 2:15 Skee Ball 2:45 Scrabble 3:15 Finish the Lyrics	<b>Breakfast is Served</b> 24 9:45 Uno / Crafts 1:00 Names 2:00 Snack 2:15 Washer Toss 2:45 Truth or Myth 3:15 Uno	9:45 Uno / Crafts 25 1:00 Cupcake Day - Chris 2:00 Snack 2:15 <b>ADS Council</b> /Tic Tac Putt 2:45 Millionaire 3:15 Oodles	9:45 Uno / Crafts 26 1:00 Grand Canyon/ Grand Tetons 2:00 Snack 2:15 Bocce Ball 2:45 Word Ladders 3:15 Roll a Memory	9:45 Book Club 27 1:00 How to Build a Bridge 2:00 Snack 2:15 Horseshoes 2:45 Horse Race Hoe Down 3:15 LCR

February

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Garden Salad</b> 2 <b>Turkey Meatloaf w/ Gravy</b> <b>Roasted Sweet Potato Wedges</b> <b>Steamed Broccoli</b> <b>Wheat Bread</b> <b>Pineapples &amp; Oranges</b> <b>Milk</b>	<b>Tossed Salad w/ Tomatoes</b> 3 <b>Pork Cacciatore</b> <b>Macaroni and Cheese</b> <b>Steamed Green Beans</b> <b>Wheat Bread</b> <b>Honey Dew Cubes</b> <b>Milk</b>	<b>Deviled Eggs</b> 4 <b>Lemon Broiled Cod</b> <b>Risotto w/ Vegetable Stock</b> <b>Grilled Lemon Garlic Asparagus</b> <b>Multi Grain Bread</b> <b>Kiwi and Strawberries</b> <b>Milk</b>	<b>Tossed Salad w/ Carrots</b> 5 <b>Dutch Chicken Pot Pie</b> <b>Roasted Herb Carrots</b> <b>Wheat Bread</b> <b>Fruit Salad</b> <b>Milk</b>	<b>Tossed Salad w/ Tomatoes &amp; Cucumbers</b> 6 <b>Beef Pot Roast w/ Gravy</b> <b>Whipped Potatoes</b> <b>Broccolini w/ Garlic &amp; Red Pepper</b> <b>Wheat Bread</b> <b>Sliced Apples</b> <b>Milk</b>
<b>Tossed Salad w/ Carrots</b> 9 <b>BBQ Chicken Thigh</b> <b>Bread Stuffing</b> <b>Roasted Asparagus</b> <b>Wheat Bread</b> <b>Fresh Fruit Cup</b> <b>Milk</b>	<b>Tossed Salad w/ Mushrooms</b> 10 <b>Glazed Ham Loaf</b> <b>Whipped Sweet Potatoes</b> <b>Broccoli and Cauliflower</b> <b>Wheat Bread</b> <b>Grape, Pineapple, Melon Salad</b> <b>Milk</b>	<b>Iceberg &amp; Red Onion Salad</b> 11 <b>Turkey Meatballs</b> <b>Spaghetti Pasta</b> <b>Steamed Fresh Green Beans</b> <b>Wheat Bread</b> <b>Fresh Watermelon Cubes</b> <b>Milk</b>	<b>Chicken Salad Cup</b> 12 <b>Cheese Pizza</b> <b>Steamed Broccoli</b> <b>Wheat Bread</b> <b>Honeydew Cubes</b> <b>Milk</b>	<b>Tossed Salad w/ Spinach</b> 16 <b>Ginger Salmon</b> <b>Rice Pilaf w/ Veggie Base</b> <b>Roasted Cauliflower</b> <b>Wheat Roll</b> <b>Fresh Strawberries</b> <b>Milk</b>
<b>Garden Salad</b> 16 <b>Brown Butter Trout</b> <b>Herbed Rice</b> <b>Seasoned Green Beans</b> <b>Wheat Bread</b> <b>Diced Canned Peaches</b> <b>Milk</b>	<b>Cucumber Salad</b> 17 <b>Turkey Shepherd's Pie</b> <b>Steamed Broccoli</b> <b>Wheat Bread</b> <b>Apple Slices</b> <b>Milk</b>	<b>Tomato Cucumber Salad</b> 18 <b>Chili Lime Chicken Breast</b> <b>Wild Rice</b> <b>Steamed Asparagus</b> <b>Multi Grain Bread</b> <b>Mixed Melon Salad</b> <b>Milk</b>	<b>Tossed Salad w/ Carrots</b> 19 <b>Pork Tenderloin</b> <b>Roasted Sweet Potatoes</b> <b>Lemon Broccoli</b> <b>Wheat Bread</b> <b>Fresh Pineapple</b> <b>Milk</b>	<b>Tossed Salad w/ Carrots</b> 20 <b>Hamburger with Bun</b> <b>Sweet Potato Fries</b> <b>Steamed Yellow Squash</b> <b>Fresh Summer Sliced Fruit</b> <b>Milk</b>
<b>Iceberg &amp; Red Onion Salad</b> 23 <b>Roasted Pork Tenderloin</b> <b>Parslied Diced Potatoes</b> <b>Sautéed Fresh Spinach</b> <b>Wheat Bread</b> <b>Fresh Cantaloupe</b> <b>Milk</b>	<b>Tossed Salad w/ Tomatoes &amp; Cucumbers</b> 24 <b>Beef Liver and Onions</b> <b>Pasta Egg Noodles</b> <b>Steamed Fresh Zucchini</b> <b>Multi Grain Bread</b> <b>Peaches &amp; Melon Salad</b> <b>Milk</b>	<b>Coleslaw</b> 25 <b>Roast Turkey Breast with Gravy</b> <b>Whipped Mashed Potatoes</b> <b>Seasoned Green Beans</b> <b>Wheat Bread</b> <b>Cinnamon Pears</b> <b>Milk</b>	<b>Iceberg &amp; Red Onion Salad</b> 26 <b>Tilapia Piccata</b> <b>Brown Rice</b> <b>Seasoned Green Beans</b> <b>Wheat Bread</b> <b>Fresh Cantaloupe</b> <b>Milk</b>	<b>Tossed Salad w/ Tomatoes &amp; Cucumbers</b> 27 <b>Chicken Tenders</b> <b>Oven Baked Fries</b> <b>Steamed Zucchini</b> <b>Wheat Bread</b> <b>Fresh Apple Slices</b> <b>Milk</b>

