

February 2026

EDEN WEST CALENDAR OF EVENTS

Landis Adult Day Services (717) 581-3975

7:00 - 10:00 Toast & Coffee
9:45 - 10:15 Fun & Games
10:15 - 10:45 Exercise

10:45 - 11:15 Discussion
11:30 - 1:00 Lunch / Relaxation / Trivia
1:00 Informative / Entertaining Program
2:00 Snack

2:15 Active Games
2:50 Brain Challenge
2:45 - 5:00 Dismissal

BASIC DAILY SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:45 Uno / Crafts 1:00 Groundhog Dog / Candlemas 2:00 Snack 2:15 Corn Hole 2:45 Boggle 3:15 Puzzles at the Table	2 9:45 Uno / Crafts 1:00 February Bingo 2:00 Snack 2:15 Hoops 2:45 Guess in 10 3:15 LCR	3 9:45 Uno / Crafts 1:00 Maple Sugaring 2:00 Snack 2:15 Ring on the Green 2:45 Cliché Complete 3:15 White Board Games	4 9:45 Uno / Crafts 1:00 Norman Rockwell 2:00 Snack 2:15 Ladder Golf 2:45 True or False 3:15 Uno	5 9:45 Book Club 1:00 Winter Olympics 2:00 Snack 2:15 Snowball Toss 2:45 Sport the Difference 3:15 Unscramble
9:45 Uno / Crafts 1:00 UDS Service Dogs 2:00 Snack 2:15 Winter Events 2:45 Word Drop 3:15 What's in a Word	9 9:45 Uno / Crafts 1:00 Hershey Day 2:00 Snack 2:15 Carpet Ball 2:45 Tic Tac Know 3:15 Scrabble Cards	10 9:45 Uno / Crafts 1:00 Pizza -Toss It, Spin It, Eat It 2:00 Snack 2:15 Lawn Darts 2:45 Family Feud 3:15 Hangman	11 9:45 Uno / Crafts 1:00 Heart to Heart 2:00 Snack 2:15 Tumble Tower 2:45 Penny Ante 3:15 Pictionary	12 FIELD TRIP: Lancaster Cupcakes 13 9:45 Book Club 1:00 More Inventors 2:00 Snack 2:15 Xbox Bowling 2:45 Name 5 3:15 Match Up
9:45 Uno / Crafts 1:00 Presidents Day – C. Wagner 2:00 Snack 2:15 Ring It to Win It 2:45 Word Chains 3:15 Dice Bingo	16 Fasnacht Day 9:45 Uno / Crafts 1:00 Yorkshire Vet 2:00 Snack 2:15 Bocce Ball 2:45 Who Am I? 3:15 Buzzword	17 9:45 Uno / Crafts 1:00 Movie Day 2:00 Snack 2:15 Wally Ball 2:45 Scattergories 3:15 Launchers	18 9:45 Uno / Crafts 1:00 Acorn Acres Animals 2:00 Snack 2:15 Carpet Ball 2:45 Complete the Saying 3:15 Table Top Bowling	19 9:45 Book Club 1:00 Musical Interlude 2:00 Snack 2:15 Ring Toss 2:45 20 Questions 3:15 Puzzle Up Thanks to All Caregivers
9:45 Uno / Crafts 1:00 Love Your Pet Day 2:00 Snack 2:15 Skee Ball 2:45 Scrabble 3:15 Finish the Lyrics	23 Breakfast is Served 9:45 Uno / Crafts 1:00 Names 2:00 Snack 2:15 Washer Toss 2:45 Truth or Myth 3:15 Uno	24 9:45 Uno / Crafts 1:00 Cupcake Day - Chris 2:00 Snack 2:15 ADS Council /Tic Tac Putt 2:45 Millionaire 3:15 Oodles	25 9:45 Uno / Crafts 1:00 Grand Canyon/ Grand Tetons 2:00 Snack 2:15 Bocce Ball 2:45 Word Ladders 3:15 Roll a Memory	26 9:45 Uno / Crafts 1:00 Snack 2:15 Horseshoes 2:45 Horse Race Hoe Down 3:15 LCR

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EDEN WEST ADULT DAY SERVICES MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Garden Salad 2 Turkey Meatloaf w/ Gravy Roasted Sweet Potato Wedges Steamed Broccoli Wheat Bread Pineapples & Oranges Milk	Tossed Salad w/ Tomatoes 3 Pork Cacciatore Macaroni and Cheese Steamed Green Beans Wheat Bread Honey Dew Cubes Milk	Deviled Eggs 4 Lemon Broiled Cod Risotto w/ Vegetable Stock Grilled Lemon Garlic Asparagus Multi Grain Bread Kiwi and Strawberries Milk	Tossed Salad w/ Carrots 5 Dutch Chicken Pot Pie Roasted Herb Carrots Wheat Bread Fruit Salad Milk	Tossed Salad w/ Tomatoes & Cucumbers 6 Beef Pot Roast w/ Gravy Whipped Potatoes Broccolini w/ Garlic & Red Pepper Wheat Bread Sliced Apples Milk
Tossed Salad w/ Carrots 9 BBQ Chicken Thigh Bread Stuffing Roasted Asparagus Wheat Bread Fresh Fruit Cup Milk	Tossed Salad w/ Mushrooms 10 Glazed Ham Loaf Whipped Sweet Potatoes Broccoli and Cauliflower Wheat Bread Grape, Pineapple, Melon Salad Milk	Iceberg & Red Onion Salad 11 Turkey Meatballs Spaghetti Pasta Steamed Fresh Green Beans Wheat Bread Fresh Watermelon Cubes Milk	Chicken Salad Cup 12 Cheese Pizza Steamed Broccoli Wheat Bread Honeydew Cubes Milk	Tossed Salad w/ Spinach 16 Ginger Salmon Rice Pilaf w/ Veggie Base Roasted Cauliflower Wheat Roll Fresh Strawberries Milk
Garden Salad 16 Brown Butter Trout Herbed Rice Seasoned Green Beans Wheat Bread Diced Canned Peaches Milk	Cucumber Salad 17 Turkey Shepherd's Pie Steamed Broccoli Wheat Bread Apple Slices Milk	Tomato Cucumber Salad 18 Chili Lime Chicken Breast Wild Rice Steamed Asparagus Multi Grain Bread Mixed Melon Salad Milk	Tossed Salad w/ Carrots 19 Pork Tenderloin Roasted Sweet Potatoes Lemon Broccoli Wheat Bread Fresh Pineapple Milk	Tossed Salad w/ Carrots 20 Hamburger with Bun Sweet Potato Fries Steamed Yellow Squash Fresh Summer Sliced Fruit Milk
Iceberg & Red Onion Salad 23 Roasted Pork Tenderloin Parslied Diced Potatoes Sautéed Fresh Spinach Wheat Bread Fresh Cantaloupe Milk	Tossed Salad w/ Tomatoes & Cucumbers 24 Beef Liver and Onions Pasta Egg Noodles Steamed Fresh Zucchini Multi Grain Bread Peaches & Melon Salad Milk	Coleslaw 25 Roast Turkey Breast with Gravy Whipped Mashed Potatoes Seasoned Green Beans Wheat Bread Cinnamon Pears Milk	Iceberg & Red Onion Salad 26 Tilapia Piccata Brown Rice Seasoned Green Beans Wheat Bread Fresh Cantaloupe Milk	Tossed Salad w/ Tomatoes & Cucumbers 27 Chicken Tenders Oven Baked Fries Steamed Zucchini Wheat Bread Fresh Apple Slices Milk

