

February 2026

Client Highlight: Bill Pentz



Bill Pentz and his wife Mary have one son, one daughter, one granddaughter, and one cat.

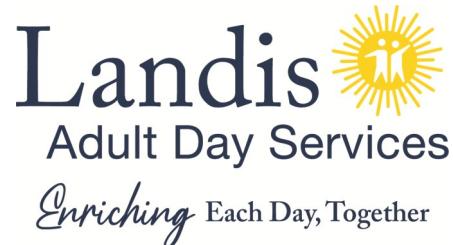
When not at Landis ADS, he enjoys playing Black Jack on his computer. He particularly likes eating ham loaf and drinking iced tea.

Some important lessons Bill has learned over the course of his life are to: 1) Always tell the truth; don't lie, don't cheat; and 2) Keep your faith in God.

Bill lived out his favorite quote when he served in the Air Force and once guarded President Kennedy: "Ask not what your country can do for you - ask what you can do for your country." - *John F. Kennedy*

A few interesting tidbits are that Bill traveled to Hawaii for his son's wedding and he smiles the most when watching John Wayne movies.

His favorite thing about attending Landis Adult Day Services is the staff.



1001 East Oregon Road
Lititz, PA 17543
LandisAdultDay.org
717-581-3975

PA CareKit

As part of *Aging Our Way, PA*, the Pennsylvania Department of Aging has created a dynamic, interactive, and comprehensive "caregiver toolkit" to address the key challenges faced by informal, unpaid caregivers. Find practical solutions and resources to support your entire caregiving journey.

Support starts with a simple truth:
You don't have to do this alone.
Thank you for stepping up to care.

Learn more at pa.gov/CareKit or
use this QR code.



pa.gov/carekit



EDEN WEST – WISH LIST

Are you looking for an alternative to bringing a food treat to celebrate a special occasion with the center? Consider a donation of any of these items! We will still celebrate their special day and every one benefits.

- **Sticker by Number books**
- Velvet Coloring pages
- Markers
- Adult coloring pages
- Books with Trivia questions
- Puzzle Books
- **Individual packaged treats** (*cannot accept outdated items*)
- Sugar free candy
- **Small Game Prizes:** (*scarves, ChapSticks, flashlights, hand towels, socks*)

Thank You!

- **Ken Byerly** for donating cereal bars.
- **Bill Pentz, Beaty Hassler, and Larry Bowe** for bringing us adult coloring books.
- **Dorie Ramsdell** for the puzzles.
- **Carol Burkholder** for the donation of Milano cookies.
- **Sheila Thomas** for bringing us an ice cream treat on her birthday.
- **Pat Conlin** for lots of Reese's candy bars.
- **Charles Hallgren** for the Sudoku puzzles.
- **Virginia Plack** for donating notebooks and note pads.
- **DJ Korns** for bringing us cookies.
- **Liz Loht** for the donation of some games.
- **Tim Kauffman** for donating pads.
- **Earl Moshier** for contributing some puzzles.

ATTENTION: We do not accept homemade food items be shared with others at the center. If you wish to share a snack, please choose prepackaged goodies.

Welcome

We welcome to the center this month: Charles Hallgren and Susan Shannon

Goodbye

During the past month, we said goodbye to: Jim Hess, Beaty Hassler and Suzy Lindenmuth

Birthdays

Feb. 05 Ruth Baker
Feb. 14 Daniel Peachey
Feb. 17 Don Eisenberger
Feb. 23 Karen Ressler

February Highlights

February is the time when the word LOVE is thrown around so easily. We mail Valentine's cards and we make special arrangements of flowers and candy -- or maybe we grump around because no one sends us flowers and candy. What we are looking for is simply knowing that someone cares about us.

Love is about receiving the help we need. Love is about knowing that we are safe. Love is about being able to trust someone every day for things we need and have trouble doing for ourselves.

On February 23, we want to spend some time celebrating the love between ourselves and our pets. Please bring in a picture of you and your pet along with your stories of the pet love you enjoyed.

"A loving heart is the truest wisdom . . ."
-Charles Dickens

Additionally, during February you might express your love for snow, love for laughter, love for your name, or love for nature. It's all here in February, the month of Love.



SING FOR THE MOMENT

Wednesdays, 10:00-11:15 a.m.

March 11 - May 13, 2026

Concert is Sunday, May 17, 2026 at 2:00 pm

West Bethany Chapel at Landis Homes
1001 E. Oregon Rd., Lititz, PA 17543



Sing for the Moment Choir is a Social Engagement Program that provides an opportunity for people living in the early to mid-stage of Alzheimer's disease and other dementias, along with their care partners, to enjoy music and socialize.

The choir fosters joy, friendship, self-esteem, confidence and a strong sense of belonging for participants.

Register: sftm@landis.org | 717-381-3599

One Red “Cent”

Use the clues to reveal words
that rhyme with cent.



1. Not straight _____
2. Portable shelter _____
3. Visit regularly _____
4. Southern drawl, for one _____
5. Paving material _____
6. Mannerly fellow _____
7. Tenant's payment _____
8. Air duct _____
9. Fragrance _____
10. Big to-do _____
11. Fender damage _____
12. Mardi Gras follower _____
13. Superman's surname _____
14. Nun's home _____
15. Start a new paragraph _____
16. Mailed _____
17. Make up new technology _____
18. Begin to turn into wine _____

Field Trip Fun



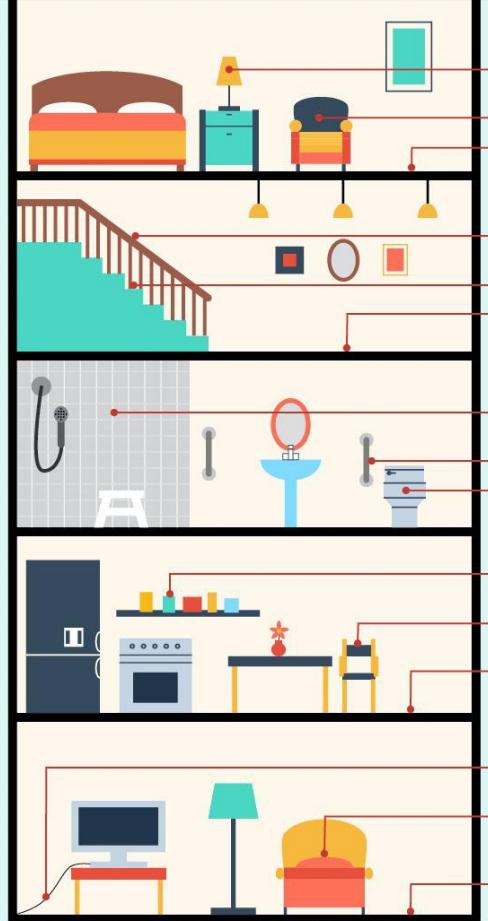
Middle Creek Wildlife Management Area



Ephrata ReUzit Shop

Reduce your risk of falling at home

A fall prevention checklist, room by room



- BEDROOM**
 - Keep a light—a lamp, light switch or nightlight—near your bed.
 - Sit down to get dressed.
 - Keep loose items off the floor.
- STAIRS AND HALLWAYS**
 - Add handrails on both sides of the stairs.
 - Install anti-slip strips on each stair.
 - Make sure pathways are well-lit and clear of tripping hazards.
- BATHROOM**
 - Use a shower chair and handheld shower head while bathing.
 - Install grab bars near toilet and shower.
 - Put a riser seat on the toilet.
- KITCHEN**
 - Move things so they're within easy reach.
 - Use dining chairs that have armrests and no wheels.
 - Don't clean with a high-gloss wax floor protector.
- LIVING ROOM**
 - Move cords and other objects out of walkways.
 - Use a cushion or a seat riser if your favorite chair is too low to easily stand from.
 - Remove rugs or securely tape down their edges.

To learn more about staying healthy in your home, visit good-sam.com/seniortopics



Staff Highlight: Janet Miller



Janet Miller and her husband Doug have six adult children, two sons and four daughters. They are expecting their second and third grandbabies in May and June. Completing their household are a dog, a cat and five chickens.

In her spare time, Janet enjoys nature photography, spending time with family, working in the yard, and hunting. She smiles the most when hearing her adult children interacting and encouraging each other. She also smiles when hearing the birds sing while she is in the woods.

The best advice from her dad was: "Your work ethic tells a lot about you, so always work hard and do your very best." She always keeps fruit in her refrigerator, along with ice cream in the freezer. Janet looks forward to one-story living someday and maybe owning their own Airbnb. She truly just enjoys each day one at a time.

At Landis Adult Day Services, Janet enjoys serving the clients in many ways. If she can help make the clients' day better, then she has done her job.

No Longer Alone Family Support Group

Sunday, February 22, 3:00-5:00 p.m., via Zoom. Speaker: Dr. Linda Snow-Griffin, PhD, Psychologist, retired, author of *Hope and Healing: Our Journey with Schizophrenia*. Her presentation "Hope and Healing: Our Journey with Schizophrenia" is followed by a time of sharing. For info on joining Zoom, contact JAlbright@landis.org or call 717-381-3599.