



BASIC DAILY SCHEDULE

7:00 - 10:00 Toast & Coffee  
 9:45 - 10:15 Fun & Games  
 10:15 - 10:45 Exercise

10:45 - 11:15 Discussion  
 11:30 - 1:00 Lunch / Relaxation / Trivia  
 1:00 Informative / Entertaining Program  
 2:00 Snack

2:15 Active Games  
 2:50 Brain Challenge  
 2:45 - 5:00 Dismissal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
				
9:45 Uno / Crafts 5 1:00 Classic TV 2:00 Snack 2:15 Wally Ball 2:45 Boggle 3:15 Puzzles	9:45 Uno / Crafts 6 1:00 Danny Thomas Work / Life 2:00 Snack 2:15 Carpet Ball 2:45 Name 5 3:15 Roll a Memory	9:45 Uno / Crafts 7 1:00 Lisa Sanchez: Nature 2:00 Snack 2:15 Ring on Green 2:45 Finish the Cliché 3:15 Tabletop Bowling	9:45 Uno / Crafts 8 1:00 Elvis Presley 2:00 Snack 2:15 Ladder Golf 2:45 Guess in 10 3:15 Hangman	9:45 Book Club 2 1:00 Alaska Joy! 2:00 Snack 2:15 Corn Hole 2:45 Word Drop 3:15 Whiteboard Pictionary
9:45 Uno / Crafts 12 1:00 Motown Moves! 2:00 Snack 2:15 Darts 2:45 License Plate ID 3:15 Kerplunk	9:45 Uno / Crafts 13 1:00 Fuller Brush . . . 2:00 Snack 2:15 Hoops 2:45 Smarter Than a 4th Grader 3:15 21 Questions	9:45 Uno / Crafts 14 1:00 Spiced Up 2:00 Snack 2:15 Snowball Toss 2:45 What's the Difference 3:15 Penny Ante	9:45 Uno / Crafts 15 1:00 Happy Days 50's Life 2:00 Snack 2:15 Ring it to Win it 2:45 Word Drop 3:15 Categories	9:45 Book Club 16 1:00 Ben Franklin Inventions 2:00 Snack 2:15 Tee UP 2:45 Pictures Up Close 3:15 Launchers
9:45 Uno / Crafts 19 1:00 Breath - Nicole 2:00 Snack 2:15 Bocce Ball 2:45 Smart As 3:15 Uno	9:45 Uno / Crafts 20 1:00 Dolly 2:00 Snack 2:15 Horseshoes 2:45 Horse Race Hoe Down 3:15 LCR	<b>BREAKFAST is served!</b> 21 9:45 Uno / Crafts 1:00 Moose 2:00 Snack 2:15 Tic Tac Win 2:45 Tic Tac Know 3:15 Finish the Line	9:45 Uno / Crafts 22 <b>MOVIE DAY:</b> Part 1 1:00 Movie: Part 2 2:00 Snack 2:15 Carpet Ball 2:45 Word Chain 3:15 Build a Snowman	9:45 Book Club 23 1:00 National Pie Day! - Chris Cooks 2:00 Snack 2:15 Ring Toss 2:45 Pictionary 3:15 21
9:45 Uno / Crafts 26 1:00 Kazoo Day 2:00 Snack 2:15 Ring on Green 2:45 Word Mining 3:15 Puzzles	<b>FIELD TRIP:</b> 27 <b>Julius Sturgis Pretzel Bakery</b> 9:45 Uno / Crafts 1:00 National Geo Scavenger 2:00 Snack 2:15 Football Toss 2:45 Famous Faces 3:15 Dominoes	9:45 Uno / Crafts 28 1:00 Bingo 2:00 Snack 2:15 Hatchet Toss 2:45 Word Ladders 3:15 Shut the Box	9:45 Uno / Crafts 29 1:00 Guide Dog Day 2:00 Snack 2:15 Wally Ball 2:45 Concentration 3:15 Uno	9:45 Book Club 30 1:00 Inspire Your Heart with Art 2:00 Snack 2:15 Ladder Golf 2:45 Wordscape 3:15 Match

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
Garden Salad 5 Turkey Meatloaf w/ Gravy Roasted Sweet Potato Wedges Steamed Broccoli Wheat Bread Pineapples & Oranges Milk	Tossed Salad w/ Tomatoes 6 Pork Cacciatore Macaroni and Cheese Steamed Green Beans Wheat Bread Honey Dew Cubes Milk	Deviled Eggs 7 Lemon Broiled Cod Risotto w/ Vegetable Stock Grilled Lemon Garlic Asparagus Multi Grain Bread Kiwi and Strawberries Milk	Tossed Salad w/ Carrots 8 Dutch Chicken Pot Pie Roasted Herb Carrots Wheat Bread Fruit Salad Milk	Tossed Salad w/ Tomatoes & Cucumbers 9 Chicken Tenders Oven Baked Fries Steamed Zucchini Wheat Bread Fresh Apple Slices Milk
Tossed Salad w/ Carrots 12 BBQ Chicken Thigh Bread Stuffing Roasted Asparagus Wheat Bread Fresh Fruit Cup Milk	Tossed Salad w/ Mushrooms 13 Glazed Ham Loaf Whipped Sweet Potatoes Broccoli and Cauliflower Wheat Bread Grape, Pineapple, Melon Salad Milk	Iceberg & Red Onion Salad 14 Turkey Meatballs Spaghetti Pasta Steamed Fresh Green Beans Wheat Bread Fresh Watermelon Cubes Milk	Chicken Salad Cup 15 Cheese Pizza Steamed Broccoli Wheat Bread Honeydew Cubes Milk	Tossed Salad w/ Spinach 16 Ginger Salmon Rice Pilaf w/ Veggie Base Roasted Cauliflower Wheat Roll Fresh Strawberries Milk
Garden Salad 19 Brown Butter Trout Herbed Rice Seasoned Green Beans Wheat Bread Diced Canned Peaches Milk	Cucumber Salad 20 Turkey Shepherd's Pie Steamed Broccoli Wheat Bread Apple Slices Milk	Tomato Cucumber Salad 21 Chili Lime Chicken Breast Wild Rice Steamed Asparagus Multi Grain Bread Mixed Melon Salad Milk	Tossed Salad w/ Carrots 22 Pork Tenderloin Roasted Sweet Potatoes Lemon Broccoli Wheat Bread Fresh Pineapple Milk	Tossed Salad w/ Carrots 23 Hamburger with Bun Sweet Potato Fries Steamed Yellow Squash Fresh Summer Sliced Fruit Milk
Iceberg & Red Onion Salad 26 Roasted Pork Tenderloin Parslied Diced Potatoes Sautéed Fresh Spinach Wheat Bread Fresh Cantaloupe Milk	Tossed Salad w/ Tomatoes & Cucumbers 27 Beef Liver and Onions Pasta Egg Noodles Steamed Fresh Zucchini Multi Grain Bread Peaches & Melon Salad Milk	Coleslaw 28 Roast Turkey Breast with Gravy Whipped Mashed Potatoes Seasoned Green Beans Wheat Bread Cinnamon Pears Milk	Iceberg & Red Onion Salad 29 Teriyaki Tilapia Wild Rice Herb Roasted Carrots Wheat Bread Fresh Watermelon Cubes Milk	Tossed Salad w/ Tomatoes & Cucumbers 30 Chicken Tenders Oven Baked Fries Steamed Zucchini Wheat Bread Fresh Apple Slices Milk