

BASIC DAILY SCHEDULE

7:00 - 10:00 Toast & Coffee
9:45 - 10:15 Fun & Games
10:15 - 10:45 Exercise

10:45 - 11:15 Discussion
11:30 - 1:00 Lunch / Relaxation / Trivia
1:00 Informative / Entertaining Program
2:00 Snack

2:15 Active Games
2:50 Brain Challenge
2:45 - 5:00 Dismissal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:45 Uno / Crafts 1 1:00 Alice Lauver Piano & Song 2:00 Snack 2:15 Wally Ball 2:45 Then or Now 3:15 Fill In . . .	9:45 Uno / Crafts 2 1:00 Toys 2:00 Snack 2:15 Ring on Green 2:45 Word Connect 3:15 Unscramble	9:45 Uno / Crafts 3 1:00 Lisa Sanchez: Animals Get Ready for Winter 2:00 Snack 2:15 Skee Ball 2:45 Boggle 3:15 Dreidel	9:45 Uno / Crafts 4 1:00 Burl Ives 2:00 Snack 2:15 Carpet Ball 2:45 Family Feud 3:15 LCR	9:45 Book Club 5 1:00 Cindy McGrath Piano 2:00 Snack 2:15 Ladder Golf 2:45 Name 5 3:15 Uno
FIELD TRIP: 8 Prussian Street Arcade 9:45 Uno / Crafts 1:00 Everglades National Park 2:00 Snack 2:15 Tee Up 2:45 Guess the TV Show 3:15 Puzzler	9:45 Uno / Crafts 9 1:00 Sears: the Man & the Store 2:00 Snack 2:15 ADS Council / Darts 2:45 Who Am I? 3:15 Whiteboard Games	9:45 Uno / Crafts 10 1:00 Winter Wonderland 2:00 Snack 2:15 Ring Toss 2:45 Word Chains 3:15 Hangman	BREAKFAST IS SERVED! 11 9:45 Uno / Crafts 1:00 A Christmas Story – D. Martin 2:00 Snack 2:15 Tic Tac Win 2:45 Tic Tac Know 3:15 Kerplunk	9:45 Book Club 12 1:00 Manheim Township Choir 2:00 Snack 2:15 Ring It to Win It! 2:45 Guess the Christmas Character 3:15 Launchers
9:45 Uno / Crafts 15 1:00 It's a Wonderful Life - Nicole 2:00 Snack 2:15 Horseshoes 2:45 Horse Race Hoe Down 3:15 Roll the Pigs	9:45 Uno / Crafts 16 1:00 Trees If You Please 2:00 Snack 2:15 Bocce Ball 2:45 A-Z Pictures 3:15 Dominoes	9:45 Uno / Crafts 17 1:00 The "Wright Story" 2:00 Snack 2:15 Bowling Xbox 2:45 Guess in 10 3:15 Uno	FIELD TRIP: 18 Landis Valley Museum 9:45 Uno / Crafts 1:00 Verias Singers/ Carol Calamity 2:00 Snack 2:15 Tumble 2:45 Word Drop 3:15 Scrabble Scramble	CHRISTMAS BAZAAR* 19 9:45 Book Club 1:00 Chris Cooks: Gingerbread 2:00 Snack 2:15 Hatchet Toss 2:45 Pictionary 3:15 Table Top Bowling
9:45 Uno / Crafts 22 1:00 Christmas Crafting 2:00 Snack 2:15 Skee Balll 2:45 20 Questions 3:15 Puzzler	9:45 Uno / Crafts 23 1:00 'Twas the Night - Bingo 2:00 Snack 2:15 Ring Toss 2:45 Penny Ante 3:15 Christmas Riddles	9:45 Uno / Crafts 24 1:00 Shepherd's Story - Nicole 2:00 Snack 2:15 Frisbee Toss 2:45 Guess the Christmas Carol 3:15 Slogans	ADS is Closed 25 	9:45 Book Club 26 1:00 Movie: <i>White Christmas</i> 2:00 Snack 2:15 Xbox Bowling 2:45 Roll the Pigs 3:15 Fill In
9:45 Uno / Crafts 29 1:00 Miss Pennsylvania Visit 2:00 Snack 2:15 Football Toss 2:45 Word Collect 3:15 Slogans	9:45 Uno / Crafts 30 1:00 Candy Cane Games 2:00 Snack 2:15 Carpet Ball 2:45 Hangman 3:15 Uno	9:45 Uno / Crafts 31 1:00 Tick Tock . . . 2025 Ends 2:00 Snack 2:15 Ring on Green 2:45 Pictionary 3:15 Roll a Memory		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Iceberg & Red Onion Salad 1 Roasted Pork Tenderloin Parslied Diced Potatoes Sautéed Fresh Spinach Wheat Bread Fresh Cantaloupe Milk	Tossed Salad w/ Tomatoes & Cucumbers 2 Beef Liver and Onions Pasta Egg Noodles Steamed Fresh Zucchini Multi Grain Bread Peaches & Melon Salad Milk	Coleslaw 3 Roast Turkey Breast with Gravy Whipped Mashed Potatoes Seasoned Green Beans Wheat Bread Cinnamon Pears Milk	Iceberg & Red Onion Salad 4 Teriyaki Tilapia Wild Rice Herb Roasted Carrots Wheat Bread Fresh Watermelon Cubes Milk	Tossed Salad w/ Tomatoes & Cucumbers 5 Chicken Tenders Oven Baked Fries Steamed Zucchini Wheat Bread Fresh Apple Slices Milk
Garden Salad 8 Turkey Meatloaf w/ Gravy Roasted Sweet Potato Wedges Steamed Broccoli Wheat Bread Pineapples & Oranges Milk	Tossed Salad w/ Tomatoes 9 Pork Cacciatore Macaroni and Cheese Steamed Green Beans Wheat Bread Honey Dew Cubes Milk	Deviled Eggs 10 Lemon Broiled Cod Risotto w/ Vegetable Stock Grilled Lemon Garlic Asparagus Multi Grain Bread Kiwi and Strawberries Milk	Tossed Salad w/ Carrots 11 Dutch Chicken Pot Pie Roasted Herb Carrots Wheat Bread Fruit Salad Milk	Tossed Salad w/ Tomatoes & Cucumbers 12 Beef Pot Roast w/ Gravy Whipped Potatoes Broccolini w/ Garlic & Red Pepper Wheat Bread Sliced Apples Milk
Tossed Salad w/ Carrots 15 BBQ Chicken Thigh Bread Stuffing Roasted Asparagus Wheat Bread Fresh Fruit Cup Milk	Tossed Salad w/ Mushrooms 16 Glazed Ham Loaf Whipped Sweet Potatoes Broccoli and Cauliflower Wheat Bread Grape, Pineapple, Melon Salad Milk	Iceberg & Red Onion Salad 17 Turkey Meatballs Spaghetti Pasta Steamed Fresh Green Beans Wheat Bread Fresh Watermelon Cubes Milk	Chicken Salad Cup 18 Cheese Pizza Steamed Broccoli Wheat Bread Honeydew Cubes Milk	Tossed Salad w/ Spinach 19 Ginger Salmon Rice Pilaf w/ Veggie Base Roasted Cauliflower Wheat Roll Fresh Strawberries Milk
Garden Salad 22 Brown Butter Trout Herbed Rice Seasoned Green Beans Wheat Bread Diced Canned Peaches Milk	Cucumber Salad 23 Turkey Shepherd's Pie Steamed Broccoli Wheat Bread Apple Slices Milk	Tomato Cucumber Salad 24 Chili Lime Chicken Breast Wild Rice Steamed Asparagus Multi Grain Bread Mixed Melon Salad Milk	 25	Tossed Salad w/ Carrots 26 Hamburger with Bun Sweet Potato Fries Steamed Yellow Squash Fresh Summer Sliced Fruit Milk
Iceberg & Red Onion Salad 29 Roasted Pork Tenderloin Parslied Diced Potatoes Sautéed Fresh Spinach Wheat Bread Fresh Cantaloupe Milk	Tossed Salad w/ Tomatoes & Cucumbers 30 Beef Liver and Onions Pasta Egg Noodles Steamed Fresh Zucchini Multi Grain Bread Peaches & Melon Salad Milk	Coleslaw 31 Roast Turkey Breast with Gravy Whipped Mashed Potatoes Seasoned Green Beans Wheat Bread Cinnamon Pears Milk		