

September 2025

# EDEN WEST CALENDAR OF EVENTS

Landis Adult Day Services (717) 581-3975

## BASIC DAILY SCHEDULE

7:00 - 10:00 Toast & Coffee  
9:45 - 10:15 Fun & Games  
10:15 - 10:45 Exercise


10:45 - 11:15 Discussion  
11:30 - 1:00 Lunch / Relaxation / Trivia  
1:00 Informative / Entertaining Program  
2:00 Snack

2:15 Active Games  
2:50 Brain Challenge  
2:45 - 5:00 Dismissal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><b>LABOR DAY</b></p>				
1	2	3	4	5
9:45 Uno / Crafts 1:00 Buddy Holly and ... 2:00 Snack 2:15 Ring on Green 2:45 Wheel of Fortune 3:15 Table Top Bowling	9:45 Uno / Crafts 1:00 Top Ten List 2:00 Snack 2:15 Carpet Ball 2:45 Who Says? 3:15 Whiteboard Games	9:45 Uno / Crafts 1:00 California 2:00 Snack 2:15 Xbox Bowling 2:45 Choose Which 3:15 Checkers	9:45 Uno / Crafts 1:00 Iceland 2:00 Snack 2:15 Bocce 2:45 Family Feud 3:15 Finish the Lyrics	9:45 Book Club 1:00 Five a Day! F&V 2:00 Snack 2:15 Darts 2:45 Picture Difference 3:15 Launchers
8	9	10	11	12
<b>Field Trip: Lancaster County Driving Tour</b> 9:45 Uno / Crafts 1:00 Mystery Masters 2:00 Snack 2:15 Horseshoes 2:45 Horse Race Hoe Down 3:15 PM Uno	9:45 Uno / Crafts 1:00 Old Ironsides USS 2:00 Snack 2:15 Ring Toss 2:45 Oodles / Buzz Word 3:15 Kerplunk	9:45 Uno / Crafts 1:00 Country Music! 2:00 Snack 2:15 Hatchet Toss 2:45 Finish the Line 3:15 LCR	9:45 Uno / Crafts 1:00 The Possibilities with Apples - Chris 2:00 Snack 2:15 Frisbee Toss 2:45 License Plate ID 3:15 Scrabble Scramble	9:45 Book Club 1:00 Water in Bottles 2:00 Snack 2:15 Splat 2:45 Shake a Word 3:15 Match
15	16	17	18	19
<b>8-10 Caregivers Breakfast</b> 9:45 Uno / Crafts 1:00 ADS in Review 2:00 Snack 2:15 Xbox Bowling 2:45 Find It Picture 3:15 Unscramble <b>ADULT DAY SERVICES WEEK</b>	<b>Field Trip: Kitchen Kettle</b> 9:45 Uno / Crafts 1:00 ADS CELEBRATION BINGO! 2:00 Snack 2:15 Boccee 2:45 Over Under 3:15 "21" <b>ADULT DAY SERVICES WEEK</b>	9:45 Uno / Crafts 1:00 Career & Me 2:00 Snack 2:15 Ring It to Win It 2:45 Hangman 3:15 Americology <b>ADULT DAY SERVICES WEEK</b>	9:45 Uno / Crafts 1:00 Goodbye to Hummers 2:00 Snack 2:15 Carpet Ball 2:45 Pictionary 3:15 Launchers <b>ADULT DAY SERVICES WEEK</b>	9:45 Book Club 1:00 Matt Wenger Concert 2:00 Snack 2:15 Skee Ball 2:45 Famous Faces 3:15 Dominoes <b>ADULT DAY SERVICES WEEK</b>
22	23	24	25	26
9:45 Uno / Crafts 1:00 Getting to 100! 2:00 Snack 2:15 Tic Tac Putt 2:45 Name 5 3:15 Twenty Questions	9:45 Uno / Crafts 1:00 Jim Henson and Friends 2:00 Snack 2:15 Ladder Golf 2:45 Pig Roll 3:15 21 Questions			
29	30			

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# EDEN WEST ADULT DAY SERVICES MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>1</p>	<p>2</p> <p>Tossed Salad w/ Tomatoes &amp; Cucumbers Beef Liver and Onions Pasta Egg Noodles Steamed Fresh Zucchini Multi Grain Bread Fresh Fruit Salad Milk</p>	<p>3</p> <p>Spinach Salad Roast Turkey Breast with Gravy Red Potatoes Steamed Baby Carrots Wheat Bread Fresh Watermelon Cubes Milk</p>	<p>4</p> <p>Iceberg &amp; Red Onion Salad Tilapia Piccata Rice Brown Seasoned Green Beans Wheat Bread Fresh Cantaloupe Milk</p>	<p>5</p> <p>Tossed Salad w/ Tomatoes &amp; Cucumbers Chicken Thigh w/ Rosemary Baked Sweet Potato Oven Roasted Brussel Sprouts Multi Grain Bread Fresh Apple Slices Milk</p>
<p>8</p> <p>Garden Salad Turkey Meatloaf w/ Gravy Roasted Sweet Potato Wedges Steamed Broccoli Wheat Bread Diced Pears Milk</p>	<p>9</p> <p>Spinach Salad Rosemary Pork Loin Rice Pilaf w/Veggie Base Roasted Red Beets Wheat Bread Banana Half Milk</p>	<p>10</p> <p>Tossed Salad with Carrots Lemon Broiled Cod Risotto w/ Vegetable Stock Grilled Lemon Garlic Asparagus Multi Grain Bread Mixed Melon Salad Milk</p>	<p>11</p> <p>Tossed Salad with Carrots Roasted Chicken Thigh Baked Sweet Potato Sautéed Zucchini Wheat Bread Fresh Pineapple Milk</p>	<p>12</p> <p>Tossed Salad w/ Tomatoes &amp; Cucumbers Beef Pot Roast w/ Gravy Whipped Potatoes Broccolini w/ Garlic &amp; Red Pepper Wheat Bread Fresh Fruit Sliced Milk</p>
<p>15</p> <p>Tossed Salad with Carrots BBQ Chicken Thigh Bread Stuffing Roasted Asparagus Wheat Bread Fresh Cantaloupe Milk</p>	<p>16</p> <p>Tossed Salad w/ Mushroom Pork Cacciatore Fettuccine Pasta Steamed Green Peas Wheat Bread Peaches &amp; Melon Salad Milk</p>	<p>17</p> <p>Iceberg &amp; Red Onion Salad Turkey Meatballs Spaghetti Pasta Steamed Fresh Green Beans Wheat Bread Grilled Peaches Milk</p>	<p>18</p> <p>Broccoli Cauliflower Salad Ginger Salmon Rice Pilaf w/ Veggie Base Roasted Cauliflower Wheat Bread Fresh Watermelon Cubes Milk</p>	<p>19</p> <p>Tossed Salad w/ Spinach Beef Burger on a Bun Potato Wedges Wheat Roll Fresh Strawberries &amp; Bananas Milk</p>
<p>22</p> <p>Garden Salad Grilled Herb Pork Chop Herbed Rice Seasoned Green Beans Wheat Bread Pineapples &amp; Oranges Milk</p>	<p>23</p> <p>Garden Salad Beef BBQ Potato Salad Steamed Broccoli Wheat Bread Fresh Honey Dew Cubes Milk</p>	<p>24</p> <p>Tomato &amp; Cucumber Salad Chili Lime Chicken Breast Wild Rice Steamed Asparagus Multi Grain Bread Mixed Melon Salad Milk</p>	<p>25</p> <p>Tossed Salad w/ Carrots Pork Tenderloin Roasted Sweet Potatoes Lemon Broccoli Wheat Bread Fresh Pineapple Milk</p>	<p>26</p> <p>Spinach Salad w/ Egg Crab Cakes Whipped Potatoes Steamed Yellow Squash Wheat Bread Fresh Apple Slices Milk</p>
<p>29</p> <p>Iceberg &amp; Red Onion Salad Pork Loin Honey Apple Parslied Diced Potatoes Sautéed Fresh Spinach Wheat Bread Fresh Fruit Cup Milk</p>	<p>30</p> <p>Tossed Salad w/ Tomatoes &amp; Cucumbers Beef Liver and Onions Pasta Egg Noodles Steamed Fresh Zucchini Multi Grain Bread Fresh Fruit Salad Milk</p>	