
September 2025

Client Highlight: Ralph Randazzo



Ralph Randazzo grew up as the oldest of six children in his family. He has been married for 67 years now and is the father of one daughter and three sons. He has also been blessed with two granddaughters and two grandsons.

Ralph enjoys taking walks. In addition, coloring books are a favorite pastime. His favorite food is French toast and he enjoys drinking root beer. What makes him smile the most are people who greet him and also his kids and grandkids.

Over the course of Ralph's life, he learned the important lessons to never lie, to never twist the truth, and to maintain honesty and trust. A favorite quote is "Do unto others as you would have them do unto you."

Ralph had a much respected career in marketing with three major corporations. He was very good at his job. Ralph traveled to every major city in the U.S. at least once. He also traveled to Mexico and South America with an armed guard at his side.

Ralph's favorite thing about attending Adult Day Services are the people and the caregivers.



**1001 East Oregon Road
Lititz, PA 17543
LandisAdultDay.org
717-581-3975**

ADS will be closed on Labor Day - Monday, September 1.

No Longer Alone Family Support Group

**September 28, 3:00 - 5:00 p.m.
Crossings Meeting Room**

Topic: To be determined

The monthly meetings provide a place for those who have a loved one living with mental illness to learn and share their experiences. To receive a monthly meeting reminder, call 717-381-3599, or email JAlbright@landis.org.

Staff Highlight: Patty Nanopoulos



Patty Nanopoulos and her husband Stephen have three adult children and five granddaughters, along with a dog named Violet. Patty loves gardening, knitting and crocheting. Something that can always be found in her refrigerator is fruit and cheese.

Patty enjoys cheering for the Eagles and Penn State and also for her granddaughter's soccer and basketball teams. The best advice that her parents gave her was to treat others the way you would like to be treated.

What makes Patty smile the most is seeing how much people enjoy being at the Adult Day center. One of her favorite things about working here is the opportunity to get to know the clients.

Thank You!

Ralph Randazzo for the donation of small prizes.

Mary Wippel for providing sugar-free candy.

Dorie Ramsdell for the Domino set.

Kwan Ying Poon-Yee for bringing us donut holes.

Frank Baer for donating prizes and calendars.

Velma Stauffer for the snacks.

Pat Conlon for the contribution of wrapped candies.

Chuck Wood for providing Ziploc bags

ATTENTION: We do not accept homemade food items be shared with others at the center. If you wish to share a snack, please choose prepackaged goodies.

Welcome

We welcome to the center this month: Kathy Wenger, Neil Horning, Brenda Heisey, Tom Garrett, Ken Byerly, Jerry Krentz, and Alice Swiatek.

Goodbye

We said goodbye to Janet Martin, Judy Hixon, Margaret Mark, Anthony Valeski, Miguel Uribe, and Tom Keech. They will be missed at the center and we wish them well.

Birthdays

Sept. 4 Tim Yoder
Sept. 8 Anne Rogers
Sept. 10 James Hess
Sept. 14 Jackie Lindeman
Sept. 16 Kwan Ying Poon-Yee
Sept. 17 Pat Conlon
Sept. 17 Shirley Matheny
Sept. 27 Joseph O'Hara

September Highlights:

We are looking to make September a month of learning, exploring and definitely FUN.

We look forward to celebrating Adult Day Service Week September 22-26 and are planning some special events during the week.

On Wednesday, September 24, we would appreciate if you would bring pictures of yourself when you were working. By looking at the pictures you bring, we intend to learn more about the work we all did over past years.



Speaking of jobs, can you solve the puzzle on the next page about jobs? It's an easy one, but still worth a little prize. So fill it out and bring it in!

September is the month when we talk about life-long learning and that is something we do as we dive into subjects and learn new things from exercise to discussion. Our guest speakers and program assistants bring a wealth of knowledge we can learn from as they share from an array of expertise and experiences. We are so happy to have staff with varied interests and talents. If you have a topic on which you would like to share something with the group, please let us know. We are enhanced by learning new things.



Landis 
Adult Day Services

Now Accepting Additional Days!

We currently have openings and invite you to add extra days to your schedule. As a valued client, this is the fastest way to increase your participation with us.

Don't miss this opportunity!

AdultDayServices@landis.org | 717-297-7624

Appreciation Breakfast for Caregivers

Monday, September 22
Drop in from 8:00—10:00 a.m.

To kick off our **Adult Day Services week**,
we are hosting an appreciation breakfast
for caregivers of ADS clients.
Enjoy a delicious food selection.
Eat in or take out as you prefer.

Hope to see you then!



Who Ya Gonna Call?

Which professional would you call if you were in the following situations?

- | | |
|---|-------------------|
| 1. The pipe in the kitchen is leaking. ____ | A. locksmith |
| 2. You need a ride to the airport. ____ | B. police officer |
| 3. Your foot is sore. ____ | C. pharmacist |
| 4. You're having a fancy party. ____ | D. plumber |
| 5. Oh no, you're being audited. ____ | E. electrician |
| 6. Your porch has dry rot. ____ | F. baker |
| 7. You've locked yourself out of the house. ____ | G. caterer |
| 8. Someone stole your bicycle. ____ | H. allergist |
| 9. The car is making a weird noise. ____ | I. podiatrist |
| 10. You've started sneezing a lot. ____ | J. Ghostbusters |
| 11. You need a wedding cake. ____ | K. mechanic |
| 12. The grass has grown too tall. ____ | L. publisher |
| 13. You find a rash on your elbow. ____ | M. accountant |
| 14. The kids are driving you crazy. ____ | N. landscaper |
| 15. You need an outlet in the den. ____ | O. carpenter |
| 16. It's time to refill your prescription. ____ | P. babysitter |
| 17. You wrote a book. ____ | Q. dermatologist |
| 18. There is something strange in your neighborhood. ____ | R. taxi driver |



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JACKETS! COATS! JACKETS!

As we head into autumn when the air is chilly in the morning but warmer in the afternoon, it's easy to forget the jacket you were wearing when you arrived at the center!

Please help the staff to keep jackets and coats with their rightful owners by attaching a label with your full name inside your jackets and coats. Thank you!

Clean Surfaces

Keep Your Scene Clean

Bacteria that can cause illness can survive in many places around your kitchen. **Keep countertops and other kitchen surfaces clean** to prevent cross-contamination.

- **CLEAN SURFACES** with hot water and soap to remove dirt and debris. Do this **after preparing each food item and before going on to the next food item**.
- **Keep your fridge clean, too:** Wipe spills immediately and regularly clean the inside with hot water and liquid soap. Dry with paper towels.
- After cleaning, you may **SANITIZE SURFACES** as an extra precaution to kill germs. Use a solution of 1 tablespoon of unscented liquid chlorine bleach and 1 gallon of water. Apply to surfaces, and allow to stand for several minutes. Air dry or pat dry with fresh paper towels.



Wash your cutting boards, dishes and utensils with hot water and soap after preparing each food item and before you go on to the next food.

Rinse Produce

Rinse fresh fruits and veggies under running water just before eating, even if you plan to cut or peel them, because bacteria can spread from the outside to the inside during cutting or peeling.

- Firm-skinned fruits and veggies should be rubbed by hand or scrubbed with a clean brush while rinsing under running water.
- Packaged fruits and veggies labeled “ready-to-eat,” “washed” or “triple-washed” should not be washed. Doing so may increase the risk for cross-contamination.
- Dry fruits and veggies with a clean cloth or paper towel.
- Do not use soap or bleach to wash produce. These products are not intended for consumption.
- For more information, check out our **ProducePro fact sheet** at fightbac.org.



THE FOUR WAYS TO FIGHT BAC!

