

June 2025

# EDEN WEST CALENDAR OF EVENTS

Landis Adult Day Services (717) 581-3975

## BASIC DAILY SCHEDULE

7:00 - 10:00 Toast & Coffee  
9:45 - 10:15 Fun & Games  
10:15 - 10:45 Exercise


10:45 - 11:15 Discussion  
11:30 - 1:00 Lunch / Relaxation / Trivia  
1:00 Informative / Entertaining Program  
2:00 Snack

2:15 Active Games  
2:50 Brain Challenge  
2:45 - 5:00 Dismissal

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  |
|---|---|---|--|---|
| 9:45 Uno / Crafts 2<br>1:00 World Milk Day<br>2:00 Snack<br>2:15 Xbox Bowling<br>2:45 Family Feud<br>3:15 Uno in the Afternoon            | 9:45 Uno / Crafts 3<br>1:00 Trails<br>2:00 Snack<br>2:15 Carpet Ball<br>2:45 Scattergories<br>3:15 Unscramble                     | 9:45 Uno / Crafts 4<br>1:00 Lisa Sanchez Nature<br>2:00 Snack<br>2:15 Putting Green<br>2:45 Picture It<br>3:15 Dominoes             | 9:45 Uno / Crafts 5<br>1:00 Yo-Yo . . . Ups & Downs<br>2:00 Snack<br>2:15 Bocce Ball<br>2:45 Wheel of Fortune<br>3:15 Finish It                  | 9:45 Book Club 6<br>1:00 Little League Memories<br>2:00 Snack<br>2:15 Baseball Catcher<br>2:45 Think<br>3:15 Word Search                                  |
| 9:45 Uno / Crafts 9<br>1:00 Actor / Advocate M J Fox<br>2:00 Snack<br>2:15 Dart Board<br>2:45 Word Connect<br>3:15 Crosswords             | 9:45 Uno / Crafts 10<br>1:00 World Oceans<br>2:00 Snack<br>2:15 Wally Ball<br>2:45 Boggle<br>3:15 Penny Ante                      | 9:45 Uno / Crafts 11<br>1:00 One Band Band<br>N. DeSantos<br>2:00 Snack<br>2:15 Ring It to Win It<br>2:45 Smart As<br>3:15 Puzzlers | 9:45 Uno / Crafts 12<br>1:00 BINGO!<br>2:00 Snack<br>2:15 Tic Tac Win<br>2:45 Word Drop<br>3:15 Finish the Lyrics                                | <b>FIELD TRIP: That Fish Place</b> 13<br>9:45 Book Club<br>1:00 Remembering Dad<br>2:00 Snack<br>2:15 Tumbling Tower<br>2:45 Name 5<br>3:15 True or False |
| 9:45 Uno / Crafts 16<br>1:00 Barrier Reef<br>2:00 Snack<br>2:15 Ladder Golf<br>2:45 Guess in 10<br>3:15 Who Am I?                         | 9:45 Uno / Crafts 17<br>1:00 Nature Photography<br>2:00 Snack<br>2:15 Corn Hole<br>2:45 Pictionary<br>3:15 Name It                | 9:45 Uno / Crafts 18<br>1:00 Chris Cooks<br>2:00 Snack<br>2:15 Hatchet Toss<br>2:45 Find the Difference<br>3:15 Oodles              | 9:45 Uno / Crafts 19<br>1:00 Tap Dance!<br>2:00 Snack<br>2:15 Lawn Darts<br>2:45 Know It?<br>3:15 Ad Jingles                                     | 9:45 Book Club 20<br>1:00 Baby Boomer<br>2:00 Snack<br>2:15 Horse Shoes<br>2:45 True or False<br>3:15 Uno in the Afternoon                                |
| 9:45 AM Bingo! 23<br>1:00 Duck 101, Matt Kneisley<br>2:00 Snack<br>2:15 Tic Tac Toe Win<br>2:45 Song Burst<br>3:15 Would You Rather . . . | 9:45 Uno / Crafts 24<br>1:00 Celebration of the Senses<br>2:00 Snack<br>2:15 Bocce Ball<br>2:45 Tic Tac Know<br>3:15 Connect Four | 9:45 Uno / Crafts 25<br>1:00 On the Boardwalk<br>2:00 Snack<br>2:15 Frisbee Toss<br>2:45 Word Drop<br>3:15 Kerplunk                 | <b>FIELD TRIP: Oregon Dairy</b> 26<br>9:45 Uno / Crafts<br>1:00 Born in June<br>2:00 Snack<br>2:15 Carpet Ball<br>2:45 License Plate<br>3:15 LCR | 9:45 Book Club 27<br>1:00 Name That Tune Summer<br>2:00 Snack<br>2:15 Skee Ball<br>2:45 Wordies<br>3:15 MythBusters                                       |
| 9:45 Uno / Crafts 30<br>1:00 Accordion Favorites<br>2:00 Snack<br>2:15 Ring Toss<br>2:45 Concentration<br>3:15 Guess the Word             |   |   |  |   |

**June 2025**

# EDEN WEST ADULT DAY SERVICES MENU

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   |
|--|--|--|---|--|
| Iceberg Lettuce & Red Onion Salad<br>Pork Loin Honey Apple<br>Parslied Diced Potatoes<br>Sautéed Fresh Spinach<br>Wheat Bread<br>Fresh Fruit Cup<br>Milk | Tossed Salad with Tomatoes & Cucumbers<br>Beef Liver and Onions<br>Pasta Egg Noodles<br>Steamed Fresh Zucchini<br>Multi Grain Bread<br>Fresh Fruit Salad<br>Milk | Spinach Salad<br>Roast Turkey Breast w/ Gravy<br>Red Potatoes<br>Steamed Baby Carrots<br>Wheat Bread<br>Fresh Watermelon Cubes<br>Milk                         | Iceberg Lettuce & Red Onion Salad<br>Tilapia Piccata<br>Brown Rice<br>Seasoned Green Beans<br>Wheat Bread<br>Fresh Cantaloupe<br>Milk | Tossed Salad with Tomatoes & Cucumbers<br>Chicken Thigh w/ Rosemary<br>Baked Sweet Potato<br>Oven Roasted Brussel Sprouts<br>Multi Grain Bread<br>Fresh Apple Slices<br>Milk |
| Garden Salad<br>Turkey Meatloaf w/ Gravy<br>Roasted Sweet Potato Wedges<br>Steamed Broccoli<br>Wheat Bread<br>Diced Pears<br>Milk                        | Spinach Salad<br>Rosemary Pork Loin<br>Rice Pilaf w/Veggie Base<br>Roasted Red Beets<br>Wheat Bread<br>Banana Half<br>Milk                                       | Tossed Salad w/ Carrots<br>Lemon Broiled Cod<br>Risotto w/ Vegetable Stock<br>Grilled Lemon Garlic Asparagus<br>Multi Grain Bread<br>Mixed Melon Salad<br>Milk | Tossed Salad w/ Carrots<br>Roasted Chicken Thigh<br>Baked Sweet Potato<br>Sautéed Zucchini<br>Wheat Bread<br>Fresh Pineapple<br>Milk  | Tossed Salad with Tomatoes & Cucumbers<br>Beef Pot Roast w/ Gravy<br>Whipped Potatoes<br>Broccolini, Garlic & Red Pepper<br>Wheat Bread<br>Fresh Fruit Sliced<br>Milk        |
| Tossed Salad w/ Carrots<br>BBQ Chicken Thigh<br>Bread Stuffing<br>Roasted Asparagus<br>Wheat Bread<br>Fresh Cantaloupe<br>Milk                           | Tossed Salad w/ Mushrooms<br>Pork Cacciatore<br>Fettuccine Pasta<br>Steamed Green Peas<br>Wheat Bread<br>Peaches & Melon Salad<br>Milk                           | Iceberg Lettuce & Red Onion Salad<br>Turkey Meatballs<br>Spaghetti Pasta<br>Steamed Fresh Green Beans<br>Wheat Bread<br>Grilled Peaches<br>Milk                | Broccoli Cauliflower Salad<br>Beef Burger with Waffle Fries<br>Steamed Yellow Squash<br>Wheat Bread<br>Fresh Watermelon Cubes<br>Milk | Tossed Salad with Spinach<br>Ginger Salmon<br>Rice Pilaf w/ Veggie Base<br>Roasted Cauliflower<br>Wheat Roll<br>Fresh Strawberries & Bananas<br>Milk                         |
| Garden Salad<br>Grilled Herb Pork Chop<br>Herbed Rice<br>Seasoned Green Beans<br>Wheat Bread<br>Pineapples & Oranges<br>Milk                             | Garden Salad<br>Beef BBQ<br>Potato Salad<br>Steamed Broccoli<br>Wheat Bread<br>Fresh Honey Dew Cubes<br>Milk   | Tomato, Cucumber Salad<br>Chili Lime Chicken Breast<br>Wild Rice<br>Steamed Asparagus<br>Multi Grain Bread<br>Mixed Melon Salad<br>Milk                        | Tossed Salad w/ Carrot<br>Pork Tenderloin<br>Roasted Sweet Potatoes<br>Lemon Broccoli<br>Wheat Bread<br>Fresh Pineapple<br>Milk       | Spinach Salad w/ Egg<br>Crab Cakes<br>Whipped Potatoes<br>Steamed Yellow Squash<br>Wheat Bread<br>Fresh Apple Slices<br>Milk   |
| Iceberg Lettuce & Red Onion Salad<br>Pork Loin Honey Apple<br>Parslied Diced Potatoes<br>Sautéed Fresh Spinach<br>Wheat Bread<br>Fresh Fruit Cup<br>Milk |    |  |   |  |