

July 2025

EDEN WEST CALENDAR OF EVENTS

Landis Adult Day Services (717) 581-3975

BASIC DAILY SCHEDULE

7:00 - 10:00 Toast & Coffee
9:45 - 10:15 Fun & Games
10:15 - 10:45 Exercise



10:45 - 11:15 Discussion
11:30 - 1:00 Lunch / Relaxation / Trivia
1:00 Informative / Entertaining Program
2:00 Snack

2:15 Active Games
2:50 Brain Challenge
2:45 - 5:00 Dismissal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	9:45 Uno / Crafts 1 1:00 Jokes and More 2:00 Snack 2:15 Ladder Golf 2:45 Scattergories 3:15 Unscramble	9:45 Uno / Crafts 2 1:00 Naturalist Lisa Sanchez 2:00 Snack 2:15 Corn Hole 2:45 Word Connect 3:15 Uno in the Afternoon	9:45 Uno / Crafts 3 1:00 Patriotic Music with Lisa 2:00 Snack 2:15 Ring It to Win It 2:45 Picture It 3:15 LCR	 4
9:45 Uno / Crafts 7 1:00 Forgive and Go On . . . 2:00 Snack 2:15 Swatter Ball 2:45 Boggle 3:15 Penny Ante	9:45 Uno / Crafts 8 1:00 Liberty Bell / Philadelphia 2:00 Snack 2:15 Lawn Darts 2:45 Guess in 10 3:15 Puzzles for Fun	9:45 Uno / Crafts 9 1:00 Oh Beans!! 2:00 Snack 2:15 X Box Bowling 2:45 Family Feud 3:15 Who Am I?	9:45 Uno / Crafts 10 1:00 Rock and Roll 2:00 Snack 2:15 Carpet Ball 2:45 Smart as . . . 3:15 Would you Rather?	9:45 Book Club 11 1:00 Movie Day: Butch Cassidy 2:00 Snack 2:15 Putting Green 2:45 Think 3:15 Name It
9:45 Uno / Crafts 14 1:00 IT'S ALL ABOUT PETS! 2:00 Snack 2:15 Hatchet Toss 2:45 Song Burst 3:15 Oodles	FIELD TRIP: 15 32 Below Ice Cream Shop 9:45 Uno / Crafts 1:00 Pool Noodle Nonsense 2:00 Snack 2:15 Horse Shoes 2:45 Horse Race Hoe Down 3:15 Puzzles Galore	9:45 Uno / Crafts 16 1:00 Cooking with Chris – Blueberries 2:00 Snack 2:15 Darts 2:45 Word Drop 3:15 Guess the Word	9:45 Uno / Crafts 17 1:00 Dentistry Day 2:00 Snack 2:15 Bocce Ball 2:45 Cliché 3:15 Dominoes	9:45 Book Club 18 1:00 Shhh...Shhh Listen 2:00 Snack 2:15 Skee Ball 2:45 Name 5 3:15 License Plate ID
9:45 Uno / Crafts 21 1:00 Junk or Food or Both? 2:00 Snack 2:15 Ring Toss 2:45 Wordies 3:15 White Board Games	9:45 Uno / Crafts 22 1:00 Music with Children 2:00 Snack 2:15 Frisbee Toss 2:45 Famous Faces 3:15 Mythbusters	9:45 Uno / Crafts 23 1:00 Steam Locomotion 2:00 Snack 2:15 Tic Tac Win 2:45 Wheel of Fortune 3:15 Synch Up	9:45 Uno / Crafts 24 1:00 Ken Burns Tells a Story 2:00 Snack 2:15 Corn Hole 2:45 Hangman 3:15 Finish the Line	9:45 Book Club 25 1:00 Day of Cowboy 2:00 Snack 2:15 Lasso 2:45 20 Questions 3:15 Unscramble
9:45 Uno / Crafts 28 1:00 Mellow Music: Paul Anka 2:00 Snack 2:15 Wally Ball 2:45 Know It or Blow It 3:15 Pictionary	9:45 Uno / Crafts 29 1:00 Name that Tune 2:00 Snack 2:15 Carpet Ball 2:45 You Decide 3:15 True or False	FIELD TRIP: 30 Lancaster Airport 9:45 Uno / Crafts 1:00 BINGO 2:00 Snack 2:15 Ladder Golf 2:45 Fact or Fiction 3:15 Americology	9:45 Uno / Crafts 31 1:00 Forest Rangers 2:00 Snack 2:15 Ring on Green 2:45 Wordscapes 3:15 Shut the Box	

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EDEN WEST ADULT DAY SERVICES MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Tossed Salad with Tomatoes & Cucumbers Beef Liver and Onions Pasta Egg Noodles Steamed Fresh Zucchini Multi Grain Bread Fresh Fruit Salad Milk	Spinach Salad Roast Turkey Breast with Gravy Red Potatoes Steamed Baby Carrots Wheat Bread Fresh Watermelon Cubes Milk	Iceberg & Red Onion Salad Tilapia Piccata Rice Brown Seasoned Green Beans Wheat Bread Fresh Cantaloupe Milk	
Garden Salad Turkey Meatloaf w/ Gravy Roasted Sweet Potato Wedges Steamed Broccoli Wheat Bread Diced Pears Milk	Spinach Salad Rosemary Pork Loin Rice Pilaf w/ Veggie Base Roasted Red Beets Wheat Bread Banana Half Milk	Tossed Salad with Carrots Lemon Broiled Cod Risotto w/ Vegetable Stock Grilled Lemon Garlic Asparagus Multi Grain Bread Mixed Melon Salad Milk	Tossed Salad with Carrots Roasted Chicken Thigh Baked Sweet Potato Sautéed Zucchini Wheat Bread Fresh Pineapple Milk	Tossed Salad with Tomatoes & Cucumbers Beef Pot Roast w/ gravy Whipped Potatoes Broccolini w/Garlic & Red Pepper Wheat Bread Fresh Fruit Sliced Milk
Tossed Salad with Carrots BBQ Chicken Thigh Bread Stuffing Roasted Asparagus Wheat Bread Fresh Cantaloupe Milk	Tossed Salad w/ Mushrooms Pork Cacciatore Fettuccine Pasta Steamed Green Peas Wheat Bread Peaches & Melon Salad Milk	Iceberg & Red Onion Salad Turkey Meatballs Spaghetti Pasta Steamed Fresh Green Beans Wheat Bread Grilled Peaches Milk	Broccoli Cauliflower Salad Beef Shepherd's Pie Steamed Yellow Squash Wheat Bread Fresh Watermelon Cubes Milk	Tossed Salad w/ Spinach Ginger Salmon Rice Pilaf w/ Veggie Base Roasted Cauliflower Wheat Roll Fresh Strawberries & Bananas Milk
Garden Salad Grilled Herb Pork Chop Herbed Rice Seasoned Green Beans Wheat Bread Pineapples & Oranges Milk	Garden Salad Beef BBQ Potato Salad Steamed Broccoli Wheat Bread Fresh Honeydew Cubes Milk	Tomato & Cucumber Salad Chili Lime Chicken Breast Wild Rice Steamed Asparagus Multi Grain Bread Mixed Melon Salad Milk	Tossed Salad with Carrots Pork Tenderloin Roasted Sweet Potatoes Lemon Broccoli Wheat Bread Fresh Pineapple Milk	Spinach Salad with Egg Crab Cakes Whipped Potatoes Steamed Yellow Squash Wheat Bread Fresh Apple Slices Milk
Spinach Salad Baked Chicken Thigh Mashed Potatoes Steamed Baby Carrots Wheat Bread Fruit Cup Milk	Garden Salad Turkey Breast Mornay Spaghetti Pasta Yellow Squash Wheat Bread Sliced Peaches Milk	Broccoli Salad, No Raisins Roasted Pork Roasted Red Potatoes Roasted Cauliflower Wheat Bread Mandarin Oranges Milk	Spinach Salad Salisbury Steak Mashed Potatoes Steamed Broccoli Wheat Bread Pineapple Chunks Milk	