
July 2025

Client Highlight: Janet Martin

Janet Martin grew up on her family's farm in Paradise, Pennsylvania, and was one of eight children. She and her husband Robert were married for 54 years. They farmed together for all those years and also had an auctioneering business. They raised four children, and Janet now has ten grandchildren and eight great-grandchildren.



Janet enjoyed offering hospitality to others in their home. She also took pleasure in traveling with her husband. Some of the places they visited were Hawaii, Switzerland, Jamaica, Belgium, and the Bahamas.

Janet likes eating liver and onions with mashed potatoes and also pretzels and cheese. In her spare time, she loved baking cookies with her grandchildren, reading, listening to gospel music, and spending time with her family. She enjoys watching the 76ers and the Phillies. You may be surprised to know that Janet played on a basketball team with four of her sisters.

Some important lessons that Janet learned over the course of her life are: God is faithful. Above all else, love. Have open and honest conversations with your children and don't flinch no matter what they tell you! One of her favorite quotes is from Joshua 24:15: "Choose you this day whom ye will serve . . . but as for me and my house, we will serve the Lord."

Janet and her family have many ties to Landis Homes. Her husband and sons were the auctioneers for Landis Homes annual benefit auction for many years and one of her daughters worked at Landis Homes. Her favorite things about attending Adult Day Services are the people and the activities they provide.



**1001 East Oregon Road
Lititz, PA 17543
LandisAdultDay.org
717-581-3975**

**Landis Adult Day Services
will be closed on
Friday, July 4 to celebrate
Independence Day.**

No Longer Alone Family Support Group

**July 27, 3:00 - 5:00 p.m.
Crossings Meeting Room**

**Topic: "Alternative Treatments
for Depression and OCD"**

*Speaker: Annie Dyer, MSN, RN, CEN,
Interventional Psychiatry
Program of Penn Medicine
Lancaster General Health*

The monthly meetings provide a place for those who have a loved one living with mental illness to learn and share their experiences.

To receive a monthly meeting reminder, call 717-381-3599, or email JAlbright@landis.org.

Thank You!

Joanne Reiner for the delicious whoopie pies for us to enjoy.

Suzy Lindenmuth for the puzzle board.

Velma Stauffer for donating lots of snack bags.

Tessie McAlvage for the Mad Libs books.

Esther Linville for bringing us cupcakes.

Michael Huffman for the birthday snack packs.

Dan Peachey for Search-a-Word puzzles and boxes of tea.

ATTENTION: We do not accept homemade food items to be shared with others at the center. If you wish to share a snack, please choose prepackaged goodies.

Welcome

We welcome to the center this month:
Doris Sauder

Goodbye

We said goodbye to Joan Pappas. She will be missed at the center and we wish her well.

Birthdays

July 02 Paul Conard
July 03 Rita Bleacher
July 07 Joanne Reiner
July 07 Anthony Valeski
July 08 Bill Pentz
July 08 Doris Burkhart
July 09 Doris Sauder
July 12 Nelson Nafziger
July 16 Robert Mort
July 16 Sharon Darrenkamp
July 20 Carla Bewley
July 20 Larry Bowe
July 29 Dale Book

Famous Pairs

Can you come up with the other half of these famous pairs?

1 Batman

2 Bacon

3 Abbott

4 Black

5 Bed

6 Fish

7 Bow

8 Cain

9 Chalk

10 Basil Fawlty

11 Fife

12 Gin

13 Jack

14 Nuts

15 Othello

16 Peaches

17 Romulus

18 Salt

19 Tarzan

20 Tom

21 Hammer

22 Romeo

23 Adam

24 War

25 Sugar

EDEN WEST – WISH LIST

Are you looking for an alternative to bringing a food treat to celebrate a special occasion with the center? Consider a donation of any of these items! We will still celebrate their special day and every one will benefit.

*We particularly need the items in bold.

Sticker by Number books

Velvet Coloring pages

Markers

Adult coloring page

Books with Trivia Questions

Puzzle Books

Individually packaged treats (cannot accept outdated items)

Sugar-free candy

Small game prizes (chapsticks, flashlights, hand towels, scarves, socks, frames)

July Highlights



Can you believe It? July brings us to halfway through 2025. On July 2, at noon, exactly 182 1/2 days will remain before January 1, 2026! We get all excited about New Year's Day, so why not be half that excited about getting halfway through the year? What are you planning for the next part of the year?

Try the puzzle **Famous Pairs** to find the "other half" and bring it in to win a prize. We won't be doing things halfway though. Each day we will experience a full day of activities and opportunities!



We are going to enjoy a **variety of music** in July: Patriotic, Rock & Roll, Paul Anka, Good Old Cowboy tunes and the special gift of music by children.



On July 14, we want **pictures of your pets**. We all have pets we love or have loved. Bring in a picture and a story of your favorite pet. We want to hear about your furry family.

Do you believe in magic? *"Everything good, everything magical happens between the months of June and August."* - Jenny Han



Staff Highlight: Mindy Hoover

Mindy Hoover has worked at Adult Day Services for 23 years! She is a widowed mother of three, and they live in Ephrata along with their cavapoo pup named Timber. Mindy enjoys spending time with her family, especially around a campfire.

Some of the best advice from her parents is to always stay humble and kind. Seeing her children succeed in life makes her smile the most. Mindy cheers for any sports teams from Philadelphia. And if you peeked into her fridge, you would always find cheese.

Mindy has a special place in her heart for the hearing impaired, influenced by the fact that her one son is deaf. She tries to always speak clearly and to include everyone in conversations. At ADS, one of her favorite things is hearing clients share their life stories and seeing smiles on their faces. She recognizes that a smile is the same in any language and understood by all!



Tips for Living



**AS WE AGE, FEELING CONNECTED
+ PURPOSE IN LIFE
= BETTER BRAIN HEALTH**



Experts agree...

Keeping and building relationships over your lifetime
can help to keep your thinking sharp



HERE'S WHAT YOU CAN DO...



Join a group



Get a pet



Teach someone
something



Volunteer
or help others



Use technology to
stay connected



Share
a smile!

**Global Council on
Brain Health™**
A COLLABORATIVE FROM **AARP**

The Brain and Social Connectedness:

GCBH Recommendations on Social Engagement and Brain Health;
www.GlobalCouncilonBrainHealth.org

Contact: Nick Barracca at nbarracca@aarp.org

For more brain health tips see www.stayingsharp.org. For more
ideas to help you engage socially see www.connect2affect.org