

BASIC DAILY SCHEDULE

7:00 - 10:00 Toast & Coffee
 9:45 - 10:15 Fun & Games
 10:15 - 10:45 Exercise



10:45 - 11:15 Discussion
 11:30 - 1:00 Lunch / Relaxation / Trivia
 1:00 Informative / Entertaining Program
 2:00 Snack

2:15 Active Games
 2:50 Brain Challenge
 2:45 - 5:00 Dismissal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			9:45 Uno / Crafts 1 1:00 May Day 2:00 Snack 2:15 Bocce Ball 2:45 Wheel of Fortune 3:15 Would You Rather . . .	9:45 Book Club 2 1:00 Run for the Roses . . . 2:00 Snack 2:15 Horse Shoes 2:45 True or False 3:15 LCR
9:45 Uno / Crafts 5 1:00 The Sun 2:00 Snack 2:15 Darts 2:45 Family Feud 3:15 Finish the Lyrics	9:45 Uno / Crafts 6 1:00 Traveling Tuesday Tunes 2:00 Snack 2:15 Carpet Ball 2:45 Boggle 3:15 Connect Four	9:45 Uno / Crafts 7 1:00 Nature with Lisa Sanchez 2:00 Snack 2:15 Tic Tac Toe Golf 2:45 Name 5 3:15 Americology	Field Trip: Stormers Baseball 8 9:45 Uno / Crafts 1:00 Europe Day 2:00 Snack 2:15 Ring Toss 2:45 Know It or Blow It 3:15 Uno in the Afternoon	9:45 Book Club 9 1:00 Memorial Day Celebration 2:00 Snack 2:15 Frisbee Toss 2:45 Twenty Questions 3:15 Guess the Word
9:45 Uno / Crafts 12 1:00 We Love our Nurses! 2:00 Snack 2:15 Wally Ball 2:45 Pictionary 3:15 Unscramble	9:45 Uno / Crafts 13 1:00 Draw It 2:00 Snack 2:15 Ring It to Win It! 2:45 Tic Tac Know 3:15 Whiteboard Fill-Ins	9:45 Uno / Crafts 14 1:00 BINGO 2:00 Snack 2:15 Xbox Bowling 2:45 Scattergories 3:15 Penny Ante	9:45 Uno / Crafts 15 1:00 Slider Day 2:00 Snack 2:15 Tumbling Tower 2:45 Word Connect 3:15 Dumb Laws	9:45 Book Club 16 1:00 Alice Lauver Piano / Song 2:00 Snack 2:15 Tic Tac Win 2:45 Picture It 3:15 Puzzles
9:45 Uno / Crafts 19 1:00 Remembering Buicks 2:00 Snack 2:15 Putting Green 2:45 Guess in 10 3:15 Word Fill-In	9:45 Uno / Crafts 20 1:00 Senior Day in Every Way! 2:00 Snack 2:15 Bocce Ball 2:45 Famous Faces 3:15 Word Search	Breakfast is Served! 21 9:45 Uno / Crafts 1:00 Lindbergh / Earhart 2:00 Snack 2:15 Baseball Coach 2:45 Concentration 3:15 Whiteboard Guess	9:45 Uno / Crafts 22 1:00 MT High School Choir 2:00 Snack 2:15 Carpet Ball 2:45 Think 3:15 Kerplunk	9:45 Book Club 23 1:00 Herbs for Health & Hobby 2:00 Snack 2:15 Corn Hole 2:45 Smart As . . . 3:15 Dominoes
 26	9:45 Uno / Crafts 27 1:00 Spell that BEE 2:00 Snack 2:15 Ladder Gold 2:45 Boggle 3:15 Puzzlers	9:45 Uno / Crafts 28 1:00 Strawberry Special 2:00 Snack 2:15 Ring on Green 2:45 Find the Differences 3:15 LCR	9:45 Uno / Crafts 29 1:00 Thanks for the Memories 2:00 Snack 2:15 Birdie Toss 2:45 Song Burst 3:15 Hangman on Board	9:45 Book Club 30 1:00 Matt Wenger Guitar 2:00 Snack 2:15 Lawn Darts 2:45 Word Drop 3:15 Mythbuster

May 2025

EDEN WEST ADULT DAY SERVICES MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
Iceberg & Red Onion Salad 5 Pork Loin Honey Apple Parslied Diced Potatoes Sautéed Fresh Spinach Wheat Bread Fresh Fruit Cup Milk	Tossed Salad with Tomatoes & Cucumbers 6 Beef Liver and Onions Pasta Egg Noodles Steamed Fresh Zucchini Multi Grain Bread Fresh Fruit Salad Milk	Spinach Salad 7 Roast Turkey Breast w/ Gravy Red Potatoes Steamed Baby Carrots Wheat Bread Fresh Watermelon Cubes Milk	Iceberg & Red Onion Salad 8 Tilapia Piccata Rice Brown Seasoned Green Beans Wheat Bread Fresh Cantaloupe Milk	Tossed Salad with Tomatoes & Cucumbers 9 Chicken Thigh w/ Rosemary Baked Sweet Potato Oven Roasted Brussel Sprouts Multi Grain Bread Fresh Apple Slices Milk
Garden Salad 12 Turkey Meatloaf w/ Gravy Roasted Sweet Potato Wedges Steamed Broccoli Wheat Bread Diced Pears Milk	Spinach Salad 13 Rosemary Pork Loin Rice Pilaf w/Veggie Base Roasted Red Beets Wheat Bread Banana Half Milk	Tossed Salad w/ Carrots 14 Lemon Broiled Cod Risotto w/ Vegetable Stock Grilled Lemon Garlic Asparagus Multi Grain Bread Mixed Melon Salad Milk	Tossed Salad w/ Carrots 15 Roasted Chicken Thigh Baked Sweet Potato Sautéed Zucchini Wheat Bread Fresh Pineapple Milk	Tossed Salad with Tomatoes & Cucumbers 16 Beef Pot Roast w/ Gravy Whipped Potatoes Broccolini, Garlic & Red Pepper Wheat Bread Fresh Fruit Sliced Milk
Tossed Salad w/ Carrots 19 BBQ Chicken Thigh Bread Stuffing Roasted Asparagus Wheat Bread Fresh Cantaloupe Milk	Tossed Salad w/ Mushrooms 20 Pork Cacciatore Fettuccine Pasta Steamed Green Peas Wheat Bread Peaches & Melon Salad Milk	Iceberg & Red Onion Salad 21 Turkey Meatballs Spaghetti Pasta Steamed Fresh Green Beans Wheat Bread Grilled Peaches Milk	Broccoli Cauliflower Salad 22 Italian Beef Sandwich Steamed Yellow Squash Wheat Bread Fresh Watermelon Cubes Milk	Tossed Salad with Spinach 23 Ginger Salmon Rice Pilaf w/ Veggie Base Roasted Cauliflower Wheat Roll Fresh Strawberries & Bananas Milk
 26	Garden Salad 27 Beef BBQ Potato Salad Steamed Broccoli Wheat Bread Fresh Honey Dew Cubes Milk	Tomato & Cucumber Salad 28 Chili Lime Chicken Breast Wild Rice Steamed Asparagus Multi Grain Bread Mixed Melon Salad Milk	Tossed Salad w/ Carrots 29 Pork Tenderloin Roasted Sweet Potatoes Lemon Broccoli Wheat Bread Fresh Pineapple Milk	Spinach Salad w/ Egg 30 Crab Cakes Whipped Potatoes Steamed Yellow Squash Wheat Bread Fresh Apple Slices Milk