




BASIC DAILY SCHEDULE

7:00 - 10:00 Toast & Coffee
 9:45 - 10:15 Fun & Games
 10:15 - 10:45 Exercise

10:45 - 11:15 Discussion
 11:30 - 1:00 Lunch / Relaxation / Trivia
 1:00 Informative / Entertaining Program
 2:00 Snack

2:15 Active Games
 2:45 Brain Challenge
 2:45 - 5:00 Dismissal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	9:45 Uno / Craft 1 1:00 Fooling Around 2:00 Snack 2:15 Tic Tac Golf 2:45 Over and Under 3:15 LCR	9:45 Uno / Craft 2 1:00 Nature with Lisa Sanchez 2:00 Snack 2:15 Tumble Tower 2:45 Boggle 3:15 Dominoes	9:45 Uno / Craft 3 1:00 Rainbows Nature's Beauty 2:00 Snack 2:15 Horseshoes 2:45 Family Feud 3:15 Uno	9:45 Book Club 4 1:00 DIY Fun and Failure 2:00 Snack 2:15 Ring on the Green 2:45 Word Connect 3:15 White Board Fill In
	9:45 Uno / Craft 7 1:00 It's a Day for Beavers 2:00 Snack 2:15 Bocce Ball 2:45 Guess in 10 3:15 Kerplunk	9:45 Uno / Craft 8 1:00 Rosie Women's Work 2:00 Snack 2:15 Corn Hole 2:45 Wheel of Fortune 3:15 Would You Rather	9:45 Uno / Craft 9 1:00 India Travelogue 2:00 Snack 2:15 Frisbee Toss 2:45 Find the Difference 3:15 Puzzles	9:45 Uno / Craft 10 1:00 Hitting the Road 2:00 Snack 2:15 Hatchet Toss 2:45 License ID 3:15 Ads
9:45 Uno / Craft 14 1:00 Dolphin Discoveries 2:00 Snack 2:15 Darts 2:45 Pictionary 3:15 Match It	9:45 Uno / Craft 15 1:00 Weather or Not 2:00 Snack 2:15 Wally Ball 2:45 A-Z Pictures 3:15 Puzzle Up	9:45 Uno / Craft 16 1:00 Easter Season Reflections 2:00 Snack 2:15 Skee Ball 2:45 Easter Unscramble 3:15 Myth or Truth	9:45 Uno / Craft 17 1:00 Easter Celebration 2:00 Snack 2:15 Putting Green 2:45 Wordies / Concentration 3:15 Bunny Word	Adult Day Closed 18 
9:45 Uno / Craft 21 1:00 Auction Day 2:00 Snack 2:15 X box Bowling 2:45 Word Connect 3:15 Uno	9:30 FIELD TRIP: 22 Emma's Popcorn 9:45 Uno / Craft 1:00 Earth Day Bingo 2:00 Snack 2:15 Ring Toss 2:45 What's Missing? 3:15 Finish the Line	9:45 Uno / Craft 23 1:00 Rainforest 2:00 Snack 2:15 Tic Tac Win 2:45 Tic Tac Know 3:15 Unscrambled	9:45 Uno / Craft 24 1:00 Remember the Soda Shop 2:00 Snack 2:15 Ring it to Win it 2:45 Scattergories 3:15 Connect Four Launcher	9:45 Book Club 25 1:00 MOVIE DAY 2:00 Snack 2:15 Carpet Ball 2:45 Things 3:15 LCR
BREAKFAST SERVED 28 9:45 Uno / Craft 1:00 What About Frogs? 2:00 Snack 2:15 Ladder Golf 2:45 Smart As ... 3:15 Quotes	9:45 Uno / Craft 29 1:00 "Groundbreaking" Day 2:00 Snack 2:15 Carpet Ball 2:45 True or False 3:15 Men vs Women	9:45 Uno / Craft 30 1:00 Retro Toys 2:00 Snack 2:15 Bocce Ball 2:45 Puzzler 3:15 Finish It		

April 2025

EDEN WEST ADULT DAY SERVICES MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Tossed Salad w/ Tomatoes & Cucumbers Beef Liver and Onions Pasta Egg Noodles Steamed Fresh Zucchini Multi Grain Bread Fresh Fruit Salad Milk	Spinach Salad Roast Turkey Breast with Gravy Red Potatoes Steamed Baby Carrots Wheat Bread Fresh Watermelon Cubes Milk	Iceberg & Red Onion Salad Tilapia Piccata Brown Rice Seasoned Green Beans Wheat Bread Fresh Cantaloupe Milk	Tossed Salad w/ Tomatoes & Cucumbers Chicken Thigh w/ Rosemary Baked Sweet Potato Oven Roasted Brussel Sprouts Multi Grain Bread Fresh Apple Slices Milk
Garden Salad Turkey Meatloaf w/ Gravy Roasted Sweet Potato Wedges Steamed Broccoli Wheat Bread Diced Pears Milk	Spinach Salad Rosemary Pork Loin Rice Pilaf w/ Veggie Base Roasted Red Beets Wheat Bread Banana Half Milk	Tossed Salad w/ Carrots Lemon Broiled Cod Risotto w/ Vegetable Stock Grilled Lemon Garlic Asparagus Multi Grain Bread Mixed Melon Salad Milk	Tossed Salad w/ Carrots Roasted Chicken Thigh Baked Sweet Potato Sautéed Zucchini Wheat Bread Fresh Pineapple Milk	Tossed Salad w/ Tomatoes & Cucumber Beef Pot Roast w/ gravy Whipped Potatoes Broccoli w/ Garlic & Red Pepper Wheat Bread Fresh Fruit Sliced
Tossed Salad w/ Carrots BBQ Chicken Thigh Bread Stuffing Roasted Asparagus Wheat Bread Fresh Cantaloupe Milk	Tossed Salad w/ Mushrooms Pork Cacciatore Fettuccine Pasta Steamed Green Peas Wheat Bread Peaches & Melon Salad Milk	Iceberg & Red Onion Salad Turkey Meatballs Spaghetti Pasta Steamed Fresh Green Beans Wheat Bread Grilled Peaches Milk	Broccoli Cauliflower Salad Italian Beef Sandwich Steamed Yellow Squash Wheat Bread Fresh Watermelon Cubes Milk	Adult Day Closed 
Garden Salad Grilled Herb Pork Chop Herbed Rice Seasoned Green Beans Wheat Bread Pineapples & Oranges Milk	Garden Salad Beef BBQ Potato Salad Steamed Broccoli Wheat Bread Fresh Honey Dew Cubes Milk	Tomato & Cucumber Salad Chili Lime Chicken Breast Wild Rice Steamed Asparagus Multi Grain Bread Mixed Melon Salad Milk	Tossed Salad w/ Carrots Pork Tenderloin Roasted Sweet Potatoes Lemon Broccoli Wheat Bread Fresh Pineapple Milk	Spinach Salad w/ Egg Crab Cakes Whipped Potatoes Steamed Yellow Squash Wheat Bread Fresh Apple Slices Milk
Iceberg & Red Onion Salad Pork Loin Honey Apple Parslied Diced Potatoes Sautéed Fresh Spinach Wheat Bread Fresh fruit cup Milk	Tossed Salad w/ Tomatoes & Cucumbers Beef Liver and Onions Pasta Egg Noodles Steamed Fresh Zucchini Multi Grain Bread Fresh Fruit Salad Milk	Spinach Salad Roast Turkey Breast with Gravy Red Potatoes Steamed Baby Carrots Wheat Bread Fresh Watermelon Cubes Milk		