
January 2025

Client Highlight: Shirley McGarvey

Shirley McGarvey lives independently in Lititz. Her daughter lives in Lititz as well, though her two grandchildren live in Washington state.

Shirley especially enjoys doing word puzzles, reading, and playing cards.

In the course of her life, she has learned the important lessons to always be truthful and to take one day at a time. You may hear her say, "Tomorrow is another day."

Coffee is Shirley's favorite drink, and she particularly likes eating cheese. She loves spending time with family and friends and being around these people makes her smile the most.

Shirley is an only child. Shirley and her husband owned McGarvey's Kennel, a dog kennel for boarding and grooming. She is a Registered Nurse (RN) and worked at Lititz Family Practice.

One of Shirley's favorite things about attending Adult Day Services is that she is able to be with people every day and enjoy various activities.



1001 East Oregon Road
Lititz, PA 17543
LandisAdultDay.org
717-581-3975

**ADS will be closed on
New Year's Day, January 1**

No Longer Alone Family Support Group

The monthly meetings provide a place for those who have a loved one living with mental illness to learn and share their experiences.

**Sunday, January 26
3:00—5:00 p.m. by Zoom**

Speaker: Will Fisher,
Compeer Coordinator,
Mental Health America of
Lancaster County.

Topic: "Introduction to
Programs and Services of
Mental Health America of
Lancaster County and How
to Get Involved" will be
followed by a time of sharing.

For information on joining the
Zoom meeting or to receive a
monthly meeting reminder,
call 717-381-3599 or email
JAlbright@landis.org by
noon on Friday, January 24.

Landis Adult Day Services is funded, in part, under an Agreement with money allocated by the Pennsylvania Department of Aging and the Lancaster County Commissioners, through the Lancaster County Office of Aging.

Thank You!

Miguel Uribe for donating individual tea bags.

Tim Yoder for the loaf of cinnamon bread enjoyed by all.

Mary Hollywood for the donation of puzzles.

Don Smith for the chip bags and snack bags.

Nelson Nafziger for the games we can enjoy together.

Jackie Black for the donation of Christmas ribbon.

Tom Keech for the Utz snacks.

Frank Baer for the cards, calendars and note pads.

Larrie Kreider for the delicious salt water taffy.

A special **Thank You** to all our clients and their caregivers who brought Christmas treats to celebrate the season and show appreciation to the ADS staff. We appreciate your thoughtfulness!

January Happenings

As the new year begins, we want to give you an opportunity to provide input into things that you would like to see happen here at Landis Adult Day Services.



We are always looking for new and fresh ideas so just send them our way. We intend to continue having a good time together in 2025!

We would like to create a Hobby Day or a “Things I like to Do” Day. Hopefully on January 9 you can gather pictures or items of your special interest and bring them along with you to Adult Day Services. This can be such a fun time as we find out a little bit more about each other.

We are hoping to have a good time with some food and travel interests in January. Our armchairs can whisk us away to warmer climates and we can find out about food we might like to warm up to.

We here at Landis Adult Day Services consider it a joy to spend the days, months and year with you. We enjoy the time spent together each day. We look forward to your participation and your jokes and your stories. You are the glue that builds a day into a good day. Thank You!

Welcome

We welcome to the center this month: Ralph Randazzo, Clyde Hollinger, and Bob Werner.

Goodbye

We say goodbye to Joan Yunginger. She will be missed in the center, and we wish her well.

Birthdays

Jan. 06 Clyde Hollinger
Jan. 09 Beverly Wonders
Jan. 31 Jerry Shaeffer

9-Letter Word Puzzle

We have been enjoying Boggle and Word Mining in the center. On a cold January evening try and see how many words you can find in this puzzle. Bring in a list and we will find a cozy chocolate prize for you.

Try to make as many words as you can using the letters in the grid. Words must contain the middle letter. There is at least one 9-letter word!

G	L	N
E	T	A
M	E	N

Days & Months Letter Scramble

Unscramble the days of the week and months of the year!

1 yadnus

2 firyda

3 manody

4 ratausdy

5 seayutd

6 hadtyrus

7 eeddsyawn

8 charm

9 enju

10 staguu

11 lyju

12 janyrua

13 rreauyfb

14 yam

15 rapli

16 mberdcee

17 mbnovere

18 tocbore

19 betpemser

EDEN WEST – WISH LIST

Are you looking for an alternative to bringing a food treat to celebrate a special occasion with the center? Consider a donation of any of these items!

We will still celebrate their special day and every one will benefit.

- **Boxes of tea bags**
- **Sugar Free Candy**
- **Velvet Coloring pages**
- **Markers**
- **Adult coloring pages**
- **Books with Trivia questions**
- **Individual packaged treats**
- **Puzzle Books**
- **Sticker by Number books**

- **Small Game Prizes (ChapSticks, flashlights, hand towels, scarves, socks, frames)**

Staff Highlight: Lisa Henry

Lisa Henry has been married to her husband Ron for 38 years. They have three sons, two daughters-in-law, and one grandson. Completing their family is their dog Rascal. Spending time with family and friends is what makes her smile the most. When Lisa has spare time, she enjoys playing with her grandson and traveling. She especially enjoys camping, hiking and spending time outdoors. If you would peek into her refrigerator, you would find all kinds of pickles. At the Adult Day Services center, she likes talking with everyone and finding out what they have done in their lives. When she and her husband retire, they are hoping to do a lot of traveling. If you see Lisa, maybe you will want to ask her where she hopes to travel!



SENIORS CAN STOP SCOUNDRELS AND SCAMS

Financial fraud can be difficult to recognize. This type of fraud can include identity theft, fake check and wire transfer scams, investment and credit card fraud, and bogus online charitable solicitations. Unfortunately, only one in five of these crimes gets reported.



- ✓ It's shrewd, not rude to hang up on a suspicious telemarketer.
- ✓ Don't give personal information to people you don't know unless you initiated the contact.
- ✓ Don't let yourself get pressured into a verbal agreement or signing a contract.
- ✓ Be skeptical of online charitable solicitations and other online offers. If interested, ask to receive the information in the mail and check to be sure the company is legitimate.
- ✓ Never agree to pay for products or services in advance.
- ✓ Get estimates and ask for references on home repair offers and other products or services.
- ✓ If you suspect fraud, contact your local law enforcement agency immediately.



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