

BASIC DAILY SCHEDULE

7:00 - 10:00 Toast & Coffee
 9:45 - 10:15 Fun & Games
 10:15 - 10:45 Exercise




10:45 - 11:15 Discussion
 11:30 - 1:00 Lunch / Relaxation / Trivia
 1:00 Informative / Entertaining Program
 2:00 Snack

2:15 Active Games
 2:50 Brain Challenge
 2:45 - 5:00 Dismissal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <h1 style="font-size: 4em; margin: 0;">November</h1> 				9:45 Book Club 1 1:00 Daniel Boone 2:00 Snack 2:15 Darts 2:45 Boggle 3:15 Things
9:45 Uno / Crafts 4 1:00 Chimpanzee 2:00 Snack 2:15 Ring on Green 2:45 Words Around 3:15 Hangman	9:45 Uno / Crafts 5 1:00 Nat King Cole 2:00 Snack 2:15 Carpet Ball 2:45 Family Feud 3:15 Roll a Memory	9:45 Uno / Crafts 6 1:00 Roy and Will 2:00 Snack 2:15 Skee Ball 2:45 See the Difference 3:15 LCR	9:45 Uno / Crafts 7 1:00 Lisa Sanchez 2:00 Snack 2:15 Bocce 2:45 Unscrambled 3:15 Who Am I?	9:45 Book Club 8 1:00 German Travelogue 2:00 Snack 2:15 Tic Tac Win 2:45 Tic Tac Know 3:15 True or False
9:45 Uno / Crafts 11 1:00 Wesley Singers 2:00 Snack 2:15 Ladder Golf 2:45 Boggle 3:15 Buzzword	9:45 Uno / Crafts 12 1:00 Into Space 2:00 Snack 2:15 Horseshoes 2:45 Horserace Hoe Down 3:15 Scrabble Cards	9:45 Uno / Crafts 13 10:00 Sing for the Moment 1:00 Karoke (kind of) 2:00 Snack 2:15 Carpet Ball 2:45 Smart As . . . 3:15 Gotcha	9:45 Uno / Crafts 14 1:00 Arthritis Help 2:00 Snack 2:15 Bowling 2:45 Chain Reaction 3:15 Guess in 10	9:45 Book Club 15 1:00 Steve Irwin Day 2:00 Snack 2:15 Washer Toss 2:45 Family Feud 3:15 Picture It
9:45 Uno / Crafts 18 12:30 FIELD TRIP: Stoltzfus Meats 1:00 Let the Games Begin 2:00 Snack 2:15 Hatchet Toss 2:45 Ladder Golf 3:15 Finish the Cliché	9:45 Uno / Crafts 19 1:00 Shuffleboard / Bingo 2:00 Snack 2:15 Ladder Golf 2:45 Twenty Questions 3:15 Buzzword	BREAKFAST IS SERVED 9:45 Uno / Crafts 20 1:00 Stately Knowledge 2:00 Snack 2:15 Ring Toss 2:45 Twosomes 3:15 Oodles	9:45 Uno / Crafts 21 1:00 TV History, Past Present 2:00 Snack 2:15 Ring on Green 2:45 License Plate ID 3:15 Would You Rather?	9:45 Book Club 22 1:00 MOVIE Day 2:00 Snack 2:15 Ladder Golf 2:45 Cliché Crash 3:15 Connect Fly
9:45 Uno / Crafts 25 1:00 Fall Prevention 2:00 Snack 2:15 Horseshoes 2:45 Horserace Hoe Down 3:15 Crossword	9:45 Uno / Crafts 26 1:00 Turkey Tuesday 2:00 Snack 2:15 Turkey Toss 2:45 Pictionary 3:15 Fill the Blanks	9:45 Uno / Crafts 27 1:00 Cake Day 2:00 Snack 2:15 Wally Ball 2:45 Word Connect 3:15 Pass the Pigs	 28	9:45 Book Club 29 1:00 Table Shopping 2:00 Snack 2:15 Ring It to Win It 2:45 Wordie 3:15 Dominoes

November 2024

EDEN WEST ADULT DAY SERVICES MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
				Green Salad 1 Ginger Salmon Rice Pilaf Roasted Cauliflower Wheat Roll Fresh Apple Slices Milk
Iceberg & Red Onion Salad 4 Pork Loin Honey Apple Parslied Diced Potatoes Sautéed Fresh Spinach Wheat Bread Fresh Fruit Cup Milk	Tossed Salad 5 w/ Tomatoes & Cucumbers Beef Liver and Onions Pasta Egg Noodles Steamed Fresh Zucchini Multi Grain Bread Fresh Fruit Salad Milk	Spinach Salad 6 Roast Turkey Breast with Gravy Red Potatoes Steamed Carrots Wheat Bread Fresh Watermelon Cubes Milk	Iceberg & Red Onion Salad 7 Tilapia Piccata Brown Rice Seasoned Green Beans Wheat Bread Fresh Cantaloupe Milk	Tossed Salad 8 w/ Tomatoes & Cucumbers Chicken Thigh w/ Rosemary Baked Sweet Potato Oven Roasted Brussel Sprouts Multi Grain Bread Fresh Apple Slices Milk
Garden Salad 11 Turkey Meatloaf w/ Gravy Roasted Sweet Potato Wedges Steamed Broccoli Wheat Bread Diced Pears Milk	Spinach Salad 12 Rosemary Pork Loin Rice Pilaf w/Veggie Base Roasted Red Beets Wheat Bread Banana Half Milk	Tossed Salad w/ Carrots 13 Lemon Broiled Cod Risotto w/ Vegetable Stock Grilled Lemon Garlic Asparagus Multi Grain Bread Mixed Melon Salad Milk	Tossed Salad w/ Carrots 14 Roasted Chicken Thigh Baked Sweet Potato Sautéed Zucchini Wheat Bread Fresh Pineapple Milk	Tossed Salad 15 w/ Tomatoes & Cucumbers Beef Pot Roast w/ Gravy Whipped Potatoes Broccoli w/ Garlic & Red Pepper Wheat Bread Fresh Fruit Sliced Milk
Tossed Salad w/ Carrots 18 BBQ Chicken Thigh Bread Stuffing Roasted Asparagus Wheat Bread Fresh Cantaloupe Milk	Tossed Salad w/ Mushrooms 19 Pork Cacciatore Fettuccine Pasta Steamed Green Peas Wheat Bread Peaches & Melon Salad Milk	Iceberg & Red Onion Salad 20 Turkey Meatballs Spaghetti Pasta Steamed Fresh Green Beans Wheat Bread Grilled Peaches Milk	Broccoli Cauliflower Salad 21 Italian Beef Sandwich Steamed Yellow Squash Wheat Bread Fresh Watermelon Cubes Milk	Tossed Salad w/ Spinach 22 Ginger Salmon Rice Pilaf w/ Veggie Base Roasted Cauliflower Wheat Roll Fresh Strawberries & Bananas Milk
Garden Salad 25 Grilled Herb Pork Chop Herbed Rice Seasoned Green Beans Wheat Bread Pineapples & Oranges Milk	Garden Salad 26 Beef BBQ Potato Salad Steamed Broccoli Wheat Bread Fresh Honey Dew Cubes Milk	Tossed Salad w/ Cucumber 27 Chili Lime Chicken Breast Wild Rice Steamed Fresh Green Beans Multi Grain Bread Kiwi & Strawberries Milk	28 	Spinach Salad w/ Egg 29 Crab Cakes Whipped Potatoes Steamed Yellow Squash Wheat Bread Fresh Apple Slices Milk