

December 2024

Client Highlight: Paul Conard

Paul Conard lives in Lancaster with three friendly housemates, and he likes spending time with them. In his spare time, Paul enjoys going to the movies, to Walmart and to the Lancaster downtown market. He particularly likes eating chicken fingers and drinking Ginger Ale.

Being around dogs, cats, and children is what brings a smile to his face most often. He also enjoys watching TV game shows. In the past, Paul has worked at McDonald's and Goodwill.

When Paul is here at Adult Day Services, his favorite thing is playing games with his friends.



1001 East Oregon Road
Lititz, PA 17543
LandisAdultDay.org
717-581-3975

**ADS will be closed on
December 25 for Christmas.**

No Longer Alone Family Support Group

The monthly meetings provide a place for those who have a loved one living with mental illness to learn and share their experiences.

The **No Longer Alone Family Support Group** will not meet in December.

Due to the chance of inclement weather, meetings in January, February and March 2025, will be held via Zoom. Details will be available in January 2025.

For information or to receive a monthly meeting reminder, call 717-381-3599 or email JAlbright@landis.org.

Landis Adult Day Services

christmas
BAZAAR

DECEMBER

FRIDAY | **13** | 8:30 AM - 2:30 PM

WEST COMMUNITY ROOM

The Landis Adult Day Services Christmas Bazaar is a great place to find inexpensive, fun and meaningful gifts and a nice shopping experience.

**YOU DECIDE THE PRICE!
IT'S ALL BY DONATION!**

All proceeds benefit the activities of Landis Adult Day Services

Landis Adult Day Services is funded, in part, under an Agreement with money allocated by the Pennsylvania Department of Aging and the Lancaster County Commissioners, through the Lancaster County Office of Aging.

Thank You!

Doug Pfautz for the cupcakes that were enjoyed by all.

Janet Martin for the packs of crackers.

Gerri Jasinski, Miguel Uribe, Pat Conlon, Jackie Black for the donations of candy.

Sheryl Roche for the popsicle sticks, *Reader's Digest*, and coloring books.

Miguel Uribe for the pretzel packets donated to the center.

Marilyn Lawrence for coloring books and markers for our use.

Anthony Valeski for his donation of crackers, sugar free candy, and soft pretzels enjoyed by all.

Joseph O'Hara for the water-color paints and decorative wire for those wanting to express themselves artistically while at the center.

Frank Baer for the donation of calendar, prizes, and cards.

Mary Caldwell for the cookies and puzzle given in appreciation for our care for Hoss.

Joan Boll for the adult coloring books we can enjoy in the center.

Ron Gigl for his donation of tea.

December Happenings

A child comes to earth to teach us to love each other. Shepherds, unglamorous and dirty are included in announcing a new kingdom. People overtaxed and destitute participate in a life transforming event. It kind of sounds unlikely . . . perhaps unbelievable . . . and yet it is the story of Christmas.



The staff at Landis Adult Day Services wish for you a Holiday season that is full of life giving love for others and joy in many moments throughout the year.

At Landis Adult Day Services, some of our December days will focus on this event and provide for a celebration in music and story.

We will be sharing **Holiday Traditions** on December 9. Does your family do some special things to celebrate? Tell us about it! What do you do? Do you have pictures of these things?

If you are joining us on December 10, bring with you some **pictures of travels** that you have taken and a short explanation of where you were and what you did. We would love to share our traveling stories.

On December 18, please bring with you **two truths and a lie** to see if we can figure out is it true, or is it false? We will be celebrating "Ripley's Believe It or Not." Did you do something that is hard to believe? Climb Mount Everest or skated on the Danube?

Many thanks to the hands that have worked to contribute to the Christmas Bazaar. Several clients have worked to provide some fun and novel gifts for purchase. We are very grateful!

Welcome

We welcome to the center: Clair Hershey, Velma Stauffer, Charles Ream, Regina Dunn, Jerry Shaeffer, Chuck Wood, Harriet Fairchild, and Margaret Mark.

Goodbye

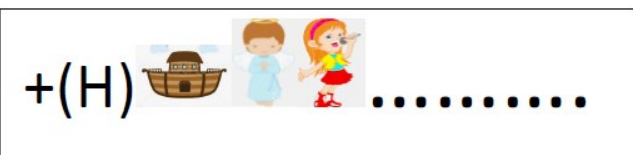
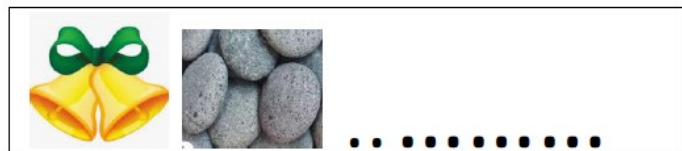
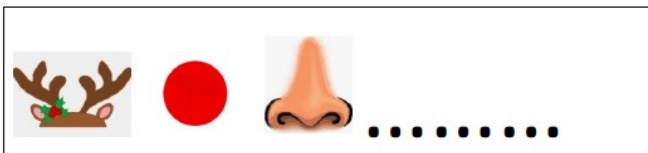
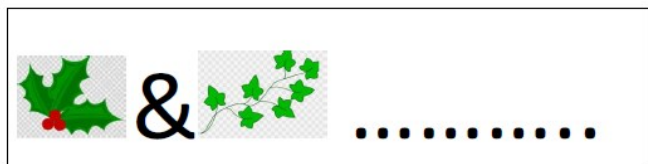
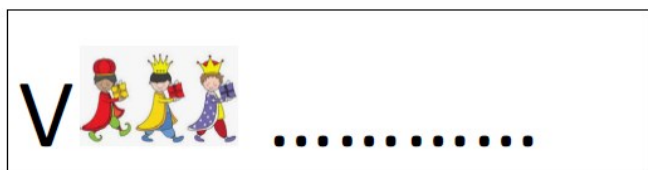
We say goodbye to Don Chapman, Doug Pfautz, Doug Drescher, and Ben Clark. They will be missed in the center, and we wish them well.

Birthdays

Dec. 01	John Shounder
Dec. 02	Charles Ream
Dec. 04	Clair Hershey
Dec. 05	Esther Linville
Dec. 06	Donald Phiel
Dec. 11	Tom Keech
Dec. 31	Marilyn Lawrence

Name These Christmas Carols

Try to name these Christmas Carol from the picture puzzles below. If you think you've figured them out, bring the list in and we will send a prize home with you!



EDEN WEST – WISH LIST

Are you looking for an alternative to bringing a food treat to celebrate a special occasion with the center? Consider a donation of any of these items!

We will still celebrate their special day and every one will benefit.

- Boxes of tea bags
- Sugar Free Candy
- Velvet Coloring pages
- Markers
- Adult coloring pages
- Books with Trivia questions
- Individual packaged treats
- Puzzle Books
- Sticker by Number books
- Small Game Prizes (ChapSticks, flashlights, hand towels, scarves, socks, frames)

Staff Highlight: Lorretta Witmer

Lorretta Witmer serves as RN supervisor for Adult Day Services. Lorretta has been married for 38 years to her childhood camp friend, Randy, and they have four lovely children and soon to be five grandkids. Last year they moved into in-law quarters with their eldest son and his family, which brings the grandkids to their door very often. Completing their household, of course, is Lucy, their 8-year-old rescue golden retriever.

Lorretta enjoys road biking, walks with their dog, nature walks with the dog, and sidewalk walks with the dog. Do we see a theme here? She also enjoys drawing and painting, gardening, bird watching, sleeping in late, going to camp, reading, and she wonders if she mentioned walking their dog!

The best advice Lorretta received from her parents was to learn to enjoy your work. You will always find eggs in her refrigerator. She enjoys cheering for the Pittsburgh Steelers (and *only* the Pittsburgh Steelers).

What makes Lorretta smile the most? Her grandchildren, nature's beauty, music, calm night skies, blooming things, and happy animals. She loves to learn new and unusual things, and her favorite author right now is Bill Bryson. One of her favorite things about working with Adult Day Services is the creative combination of playing, learning, eating, and discovering new things.



Tips for Living: Grievances and Complaints

We at Landis Adult Day Services strive to provide the best quality service that we can and to provide each client with a good day while they are with us. If you and/or your responsible party is dissatisfied with your care plans, services, or treatment received at Adult Day Services, the following grievance/complaint procedures are available to you as a matter of right:

1. You may discuss the matter with the Director of Adult Day Services.
2. If the first step is not satisfactory, you can request a discussion with the Vice-President of Operations/COO or designee. Additional team members may be asked to join discussions as needed.
3. If no solution can be found in these first two steps, you may proceed with your grievance and submit it to the Landis Communities President and/or the Lancaster County Office of Aging.
4. If you are still dissatisfied, you may contact the Pennsylvania Department of Aging, which is the licensing body of Adult Day Services, at 717-783-6207.
5. The local Long-Term Care Ombudsman may also be contacted at 717-299-7979 or 1-800-801-3070 (toll free).