

BASIC DAILY SCHEDULE

7:00 - 10:00 Toast & Coffee
 9:45 - 10:15 Fun & Games
 10:15 - 10:45 Exercise

10:45 - 11:15 Discussion
 11:30 - 1:00 Lunch / Relaxation / Trivia
 1:00 Informative / Entertaining Program
 2:00 Snack

2:15 Active Games
 2:45 Brain Challenge
 2:45 - 5:00 Dismissal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	9:45 Uno / Craft 1 1:00 Yosemite National Park 2:00 Snack 2:15 Carpet Ball 2:45 Millionaire 3:15 Oodles	9:45 Uno / Craft 2 1:00 Charles Shultz - "Peanuts" 2:00 Snack 2:15 Lawn Darts 2:45 Scrabble Scramble 3:15 Dumb Laws	9:45 Uno / Craft 3 1:00 Lisa Sanchez - Naturalist 2:00 Snack 2:15 Corn Hole 2:45 Wheel Of Fortune 3:15 "Puzzlin"	9:45 Book Club 4 1:00 Detective Day 2:00 Snack 2:15 Frisbee Toss 2:45 Word Connect 3:15 Cranium Crunchers
	9:45 Uno / Craft 7 1:00 Matt Wenger Guitar 2:00 Snack 2:15 Bowling 2:45 Smart As ... 3:15 Unscrambled	9:45 Uno / Craft 8 1:00 Hey, that's Italian! 2:00 Snack 2:15 Bocce Ball 2:45 Name that Animal 3:15 Roll a Memory	9:45 Uno / Craft 9 FIELD TRIP: Manheim Farm Show 9:45 Uno / Craft 1:00 That is Curious ... 2:00 Snack 2:15 Washer Toss 2:45 Pictionary 3:15 LCR	9:45 Uno / Craft 10 1:00 Romeo/Juliet 2:00 Snack 2:15 Tic Tac Throw 2:45 Boggle 3:15 Name Burst
9:45 Uno / Craft 14 1:00 Silly sayings, names & signs 2:00 Snack 2:15 Ladder Golf 2:45 Boggle 3:15 Buzzword	9:45 Uno / Craft 15 1:00 Scarecrows & Fall Decor 2:00 Snack 2:15 Horseshoes 2:45 Horse Race Hoedown 3:15 Hangman	9:45 Uno / Craft 16 1:00 Fall Farm Harvest 2:00 Snack 2:15 Carpet Ball 2:45 Chain Reaction 3:15 Gotcha	9:45 Uno / Craft 17 1:00 Eatin' Pumpkin - Cooking 2:00 Snack 2:15 Chain Reaction 2:45 What's that TV Theme 3:15 Dominoes	9:45 Book Club 18 1:00 Share a Funny Story * 2:00 Snack 2:15 Tailgating 2:45 Family Feud 3:15 Who Am I?
9:45 Uno / Craft 21 1:00 Edged Feather Presentation 2:00 Snack 2:15 Horseshoes 2:45 Horseshoe Hoedown 3:15 Finish the Cliché	9:45 Uno / Craft 22 1:00 Shuffleboard 2:00 Snack 2:15 Ladder Golf 2:45 Twenty Questions 3:15 Buzzword	9:45 Uno / Craft 23 1:00 World without Bats 2:00 Snack 2:15 ADS Council / Ring Toss 2:45 Beg/End 3:15 Twosomes	9:45 Uno / Craft 24 1:00 Explore Alaska 2:00 Snack 2:15 Ring on Green 2:45 License Plate ID 3:15 Bunco	9:45 Book Club 25 1:00 The Price is Right 2:00 Snack 2:15 Bocce Ball 2:45 Cliché Crash 3:15 Smart Mouth
9:45 Uno / Craft 28 1:00 Alice Lauver - Pianist 2:00 Snack 2:15 Famous Faces 2:45 True or False 3:15 Chain Reaction	9:45 Uno / Craft 29 1:00 October Bingo 2:00 Snack 2:15 Toss Across 2:45 Picture It 3:15 Would You Rather?	9:45 Uno / Craft 30 1:00 Poetry, Pumpkins & Prose 2:00 Snack 2:15 Ring It to Win It! 2:45 Word Connect 3:15 BOO!	9:45 Uno / Craft 31 1:00 Remembering Halloween 2:00 Snack 2:15 Carpet Ball 2:45 Halloween Puzzler 3:15 Oodles	

* Please share one of your funny stories. Write it down or just be ready to tell us something funny that happened to you!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Tossed Salad w/ Mushrooms 1 Pork Cacciatore Fettuccine Pasta Ratatouille Multi Grain Bread Fresh Fruit Salad Milk	Iceberg & Onion Salad 2 Turkey Cutlet & Gravy Red Potatoes Steamed Fresh Green Beans Wheat Bread Fresh Watermelon Cubes Milk	Broccoli Cauliflower Salad 3 Hungarian Goulash Whipped Potatoes Steamed Fresh Yellow Squash Whole Wheat Bread Fresh Cantaloupe Milk	Green Salad 4 Salmon Ginger Rice Pilaf Roasted Cauliflower Wheat Roll Fresh Apple Slices Milk
Garden Salad 7 Plain Braised Beef Baked Sweet Potato Seasoned Green Beans Wheat Roll Diced Pears Milk	Garden Salad 8 Turkey Divan Dilled Fingerling Potatoes Fresh Steamed Broccoli Honey Wheat Bread Banana Half Milk	Tomato Cucumber Salad 9 Lime Citrus Chicken Breast Wild Rice Fresh Steamed Asparagus Whole Wheat Bread Mixed Melon Salad Milk	Tossed Green Salad 10 Grilled Pork Tenderloin Roasted Sweet Potatoes Lemon Broccoli Whole Wheat Bread Fresh Pineapple Milk	Beet Salad 11 Parmesan Baked Pollock Whipped Potatoes Steamed Fresh Yellow Squash Honey Wheat Bread Fresh Fruit Sliced Milk
Iceberg & Onion Salad 14 Garlic Pork Tenderloin Brown Rice Sautéed Fresh Spinach Whole Wheat Bread Fresh Cantaloupe Milk	Mixed Greens w/ Italian Drsg 15 Crumb Baked Tilapia Rice Pilaf Steamed Fresh Zucchini Multi Grain Bread Peaches & Melon Salad Milk	Spinach Salad 16 Roast Turkey Breast w/ Gravy Red Potatoes Steamed Baby Carrots Whole Wheat Bread Grilled Peaches Milk	Carrot & Pineapple Salad 17 Dry Rubbed BBQ Beef Tips Bowtie Pasta Steamed Snap Peas w/ Shallots Multi Grain Bread Fresh Watermelon Cubes Milk	Tossed Green Salad 18 Rosemary Chicken Baked Sweet Potato Oven Roasted Brussel Sprouts Multi Grain Bread Fresh Strawberries & Bananas Milk
Garden Salad 21 Turkey Primavera Baked Potato Broccoli Multi Grain Bread Pineapples & Oranges Milk	Spinach Salad 22 Rosemary Pork Loin Rice Pilaf Roasted Red Beets Multi Grain Bread Fresh Honey Dew Cubes Milk	Garden Salad 23 BBQ Beef Farro Risotto Grilled Lemon Garlic Asparagus Multi Grain Bread Kiwi & Strawberries Milk	Garden Salad 24 Roasted Chicken Thigh Herbed Linguine Sautéed Zucchini Whole Wheat Bread Fresh Fruit Salad Milk	Cucumber Tomato Salad 25 Grilled Trout w/ Avocado Salsa Whipped Potatoes Broccolini with Garlic Whole Wheat Bread Fresh Apple Slices Milk
Garden Salad 28 BBQ Chicken Whole Wheat Bread Stuffing Roasted Asparagus Multi Grain Bread Fresh fruit cup Milk	Tossed Salad w/ Mushrooms 29 Pork Cacciatore Fettuccine Pasta Ratatouille Multi Grain Bread Fresh Fruit Salad Milk	Iceberg & Onion Salad 30 Turkey Cutlet & Gravy Red Potatoes Steamed Fresh Green Beans Wheat Bread Fresh Watermelon Cubes Milk	Broccoli Cauliflower Salad 31 Hungarian Goulash Whipped Potatoes Steamed Fresh Yellow Squash Whole Wheat Bread Fresh Cantaloupe Milk	