

# August 2024

## Client Highlight: Ruth Baker

Ruth Baker has been widowed for 27 years and lives in Manheim. She has one daughter and two grandchildren.

In her spare time she enjoys Search-A Word books. Her favorite thing to eat is soup. Ruth smiles the most at her cat, Charlie. Ruth came from a family of six and she worked at the Manheim Auto Auction as a cook.

Her favorite things about attending Eden West are that it keeps her busy and her brain active.



1001 East Oregon Road  
Lititz, PA 17543  
LandisAdultDay.org  
717-581-3975

### No Longer Alone Family Support Group

The monthly meetings provide a place for those who have a loved one living with mental illness to learn and share their experiences.

**Sunday, July 28**  
**from 3:00 - 5:00 p.m.**  
Crossings Meeting Room  
at Landis Homes

#### Speaker:

Dave Krahling, ThM; Program Manager at Mental Health America of Lancaster County.

*"Mental Health America Resources and Community Collaboration around Emergency Mental Health"*

For information or to receive a monthly meeting reminder, call 717-381-3599 or email [JAlbright@landis.org](mailto:JAlbright@landis.org).



Landis   
Adult Day Services

## Now Accepting Additional Days!

We currently have openings and invite you to add extra days to your schedule. As a valued client, this is the fastest way to increase your participation with us.

*Don't miss this opportunity!*

AdultDayServices@landis.org | 717-297-7624

*Landis Adult Day Services is funded, in part, under an Agreement with money allocated by the Pennsylvania Department of Aging and the Lancaster County Commissioners, through the Lancaster County Office of Aging.*

## Thank You!

**Beverly Wonders** for the delicious cookies that were enjoyed by all.

**David Dagen** and **Bethany McMullen** for the donation of puzzles to the center.

**Rita Bleacher** for the yummy Munchkin donuts to celebrate her birthday.

**Bill Pentz** for the wonderful cupcakes to celebrate his birthday.

## Welcome

We welcome to the center this month: Roger Atkinson, Sheryl Roche, Janet Martin, Carla Bewley and Joan Boll

## Goodbye

We say goodbye to Helen Greiner, Gwen Bigler, Dan Odenwelder and Donald Groff. They will be missed in the center, and we wish them well.

## Birthdays

Aug. 12 Linda Price  
Aug. 13 Don Chapman  
Aug. 14 Art Yost  
Aug. 19 Jody Klopp  
Aug. 20 Peter Sholly  
Aug. 23 Doug Diem  
Aug. 26 Jeannie Ebersole

## Word Search

### RHYMING WORD SEARCH



K L Y T T Z I N W H P M Q L  
M Z S R F B S O C I E T Y B  
T C Z E S U N N Y G S H V F  
I K W A B F R M F H O T V U  
D S F S J R R V A T H Y W N  
V V U O N Q G E S E A S O N  
Y G W N R I G Z E A P T G Y  
D R I H R S F R F Z B N S F  
B H O R A I A F B L I O K Z  
W N J Y A L S L G Z O N I T  
H G A Y A F E E E N H W G L  
I B R H H L F E E W A R E B  
F O L A U G H E P O W E R R  
F F H N Z W Y O U R E Y E S

Freezing

Sunrise

Whale

High Tea

Season

Wheezing

Your Eyes

For Sale

Society

Treason

Laugh

Flower

Sniff

Funny

Royal

Giraffe

Power

Whiff

Sunny

Boil

Rhyming Word Search

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## WISH LIST

Are you looking for an alternative to bringing a food treat to celebrate a special occasion with the center? Consider a donation of any of these items! We will still celebrate their special day and every one will benefit.

*Small Game Prizes*

*Sugar Free Candy*

*Velvet Coloring pages*

*Trivia Question Books*

*100-300 piece Jigsaw Puzzles*

*Markers*

*Adult Coloring pages*

*Individually Packaged Treats*

*Sticker by Number Books*

# August Happenings

It's hot out there and we made it to August! We also made it to 35 years of enjoying you, our clients, and serving you daily. These are moments that we treasure as we enter into friendships with one another.

We look forward to some fun interactions this month. Look for your invitation to our 35<sup>th</sup> celebration on August 1. Come and find out how we put a day together to bring variety and interest to all programming.


We will do a little arm chair traveling, a bunch of eating experiences for summer and a variety of musical entertainment.



## Staff Highlight: Jenn Zoccolo

Jenn Zoccolo recently started at the center as a program assistant. She is married to her husband Joe and together they have three children and one dog. In her spare time she enjoys spending time with family and friends, vacationing and watching her daughter play competitive field hockey. Jenn enjoys cheering for the New York Mets and the New York Giants

The best advice her parents gave her was to work hard and always stay positive. Jenn graduated from Penn State with an associates degree in occupational therapy and worked for 20 years in acute care rehab. Jenn is enjoying meeting and getting to know everyone in Eden West and appreciates the great supportive staff.

  
Landis  
Communities

Are you or a loved one in the early to middle stages of dementia? If so, sign up to...

## SING FOR THE MOMENT

**Wednesdays, 10:00-11:15 am,**  
September 18–November 13, 2024  
*Concert is Sunday, November 17, 2024*

West Bethany Chapel at Landis Homes:  
1001 E. Oregon Rd, Lititz PA 17543

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Sing for the Moment Choir is a Social Engagement Program that provides an opportunity for people living in the early to mid-stage of Alzheimer's disease and other dementias, along with their care partners, to enjoy music and socialize. The choir fosters joy, friendship, self-esteem, confidence and a strong sense of belonging for participants.

**Register: [sftm@landis.org](mailto:sftm@landis.org) | 717-381-3599**

*We came to Sing for the Moment for the first time with no idea what to expect. From day one, everyone was so friendly and welcoming! Our chorus director was patient, fun-loving, and eager to bring out the best in all of us! We enjoyed singing, laughing and making new friends! - Dan and Amy*

## Scene at the Center

In July, ADS clients enjoyed an exciting field trip filled with stunning vintage cars, fascinating stories, and lots of smiles.



## Tips for Living

### Top 10 Must Haves For Senior Safety

- 1 Secure your rugs so they aren't a trip hazard
- 2 Handrails on stairwell
- 3 Install grab bars in bathroom
- 4 Have good lighting in entryways, stairs, etc.
- 5 Grabbers help reach items at unsafe distances
- 6 Install and inspect smoke alarms
- 7 Get a medical alert system for emergencies
- 8 Properly store and organize medications
- 9 Schedule frequent visits from neighbors and family
- 10 Get non-skid shower mats to prevent slips

seniorSource

To learn more, visit [www.SeniorSource.com](http://www.SeniorSource.com)

Team member Chris Hurst gave a cooking demo on how to make Key Lime Pie. Landis Adult Day Services clients enjoyed sharing their tips and tricks on how to make the perfect crust.

