JULY 2024

EDEN WEST CALENDAR OF EVENTS

Landis Adult Day Services (717) 581-3975

BASIC DAILY SCHEDULE

7:00 - 10:00	Toast & Coffee	10:45 - 11:15	Discussion	2:15	Active Games
9:45 - 10:15	Fun & Games	11:30 - 1:00	Lunch / Relaxation / Trivia	2:50	Brain Challenge
10:15 - 10:45	Exercise	1:00	Informative / Entertaining Program	2:45 - 5:00	Dismissal
		2:00	Snack		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:45 Bingo 1 1:00 International Joke Day 2:00 Snack 2:15 Corn Hole 2:45 Words Around 3:15 Adverteasing	9:45 Uno / Crafts 2 1:00 Halfway 2:00 Snack 2:15 Carpet Ball 2:45 Wordscapes 3:15 Whiteboard Unscramble	9:45 Uno / Crafts 3 1:00 Fourth on the Third 2:00 Snack 2:15 Ring on Green 2:45 Synch 3:15 Crosswords	CENTER CLOSED 4 	9:45 Uno / Crafts 5 1:00 Graham Cracker Day 2:00 Snack 2:15 Frisbee Score 2:45 Scattergories 3:15 July Trivia
9:45 Uno / Crafts 8 1:00 Roller Coasters 2:00 Snack 2:15 Noodle Baseball 2:45 Scrabble Scramble 3:15 Dominoes	9:45 Uno / Crafts 9 1:00 Shuffleboard 2:00 Snack 2:15 Bowling 2:45 Wheel of Fortune 3:15 Uno Gotcha	9:45 Uno / Crafts 10 1:00 National Park 2:00 Snack 2:15 Washer Toss 2:45 Fact or Fiction 3:15 One Picture A-Z	9:45 Uno / Crafts 11 1:00 PA Natural Symbols 2:00 Snack 2:15 Lawn Darts 2:45 Play Doh Pictionary 3:15 Afternoon UNO	9:45 Uno / Crafts 12 1:00 Poetry & Popsicles 2:00 Snack 2:15 Ring It to Win It 2:45 Chain Reaction 3:15 Scrabble Cards
9:45 Uno / Crafts 15 1:00 Music with Nick 2:00 Snack 2:15 Grab It 2:45 Truth or Fiction 3:15 Dice Bingo	9:45 Uno / Crafts 16 10:00 & 1:00 Movie: *Mrs. Doubtfire* 2:00 Snack 2:15 Horseshoes 2:45 Horse Race 3:15 20 Questions	9:45 Uno / Crafts 17 FIELD TRIP: Lunch in the Park 1:00 Disneyland is 69! 2:00 Snack 2:15 Swatter Ball 2:45 License Plate ID 3:15 Buzzword	9:45 Uno / Crafts 18 1:00 Name That Tune 2:00 Snack 2:15 Carpet Ball 2:45 Guess in 10 3:15 Finish the Lyrics	9:45 Uno / Crafts 19 1:00 Getting to Know You 2:00 Snack 2:15 Putt It 2:45 Family Feud 3:15 Oodles
9:45 Uno / Crafts 22 1:00 Take Care of Yourself 2:00 Snack 2:15 Bocce 2:45 Guess the FACE 3:15 Twosomes	9:45 Uno / Crafts 23 1:00 Quilt Odyssey 2:00 Snack 2:15 Ring on Green 2:45 Wheel of Fortune 3:15 Dealing Dominoes	9:45 Uno / Crafts 24 1:00 July is Cooking! 2:00 Snack 2:15 Hatchet Toss 2:45 Over and Under 3:15 Magazine Search	9:45 Bingo 25 1:00 Getting to Know You 2:00 Snack 2:15 SPLAT! 2:45 Guess the Sound 3:15 Finish the Lyrics	9:45 Uno / Crafts 26 1:00 Olympics for Us 2:00 Snack 2:15 Wally Ball 2:45 Judge 3:15 Guess the Word
9:45 Uno / Crafts 29 1:00 Big Old Jet Airliner 2:00 Snack 2:15 TIC TAC THROW 2:45 TIC TAC KNOW 3:15 Things in Common	9:45 Uno / Crafts 30 1:00 Bingo 2:00 Snack 2:15 Ladder Golf 2:45 Wordscapes 3:15 Crosswords	9:45 Uno / Crafts 31 1:00 "Murmuration" 2:00 Snack 2:15 Carpet Ball 2:45 Boggle 3:15 Hangman		

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EDEN WEST ADULT DAY SERVICES MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Garden Salad Turkey Primavera Baked Potato Broccoli Multi Grain Bread Pineapples & Oranges Milk	2 Spinach Salad Rosemary Pork Loin Rice Pilaf Roasted Red Beets Multi Grain Bread Fresh Honey Dew Cubes Milk	3 Garden Salad BBQ Beef Farro Risotto Grilled Lemon Garlic Asparagus Multi Grain Bread Kiwi & Strawberries Milk	4 **CLOSED for Independence Day** 	5 Burgers Hot Dogs French Fries Macaroni Salad Whole Wheat Bread Fresh Apple Slices Milk
8 Garden Salad BBQ Chicken Whole Wheat Bread Stuffing Roasted Asparagus Multi Grain Bread Fresh Fruit Cup Milk	9 Tossed Salad w/ Mushrooms Pork Cacciatore Fettuccine Pasta Ratatouille Multi Grain Bread Fresh Fruit Salad Milk	10 Iceberg & Onion Salad/Drg Turkey Cutlet & Gravy Red Potatoes Steamed Fresh Green Beans Wheat Bread Fresh Watermelon Cubes Milk	11 Broccoli Cauliflower Salad Hungarian Goulash Whipped Potatoes Steamed Fresh Yellow Squash Whole Wheat Bread Fresh Cantaloupe Milk	12 Green Salad Salmon Ginger Rice Pilaf Roasted Cauliflower Wheat Roll Fresh Apple Slices Milk
15 Garden Salad Plain Braised Beef Baked Sweet Potato Seasoned Green Beans Wheat Roll Diced Pears Milk	16 Garden Salad Turkey Divan Dilled Fingerling Potatoes Fresh Steamed Broccoli Honey Wheat Bread Banana Half Milk	17 Tomato Cucumber Salad Lime Citrus Chicken Breast Wild Rice Fresh Steamed Asparagus Whole Wheat Bread Mixed Melon Salad Milk	18 Tossed Green Salad Grilled Pork Tenderloin Roasted Sweet Potatoes Lemon Broccoli Whole Wheat Bread Fresh Pineapple Milk	19 Beet Salad Parmesan Baked Pollock Whipped Potatoes Steamed Fresh Yellow Squash Honey Wheat Bread Fresh Fruit Sliced Milk
22 Iceberg & Onion Salad Garlic Pork Tenderloin Brown Rice Sautéed Fresh Spinach Whole Wheat Bread Fresh Cantaloupe Milk	23 Mixed Greens w/ Italian Drg. Crumb Baked Tilapia Rice Pilaf Steamed Fresh Zucchini Multi Grain Bread Peaches & Melon Salad Milk	24 Spinach Salad Roast Turkey Breast with Gravy Red Potatoes Steamed Baby Carrots Whole Wheat Bread Grilled Peaches Milk	25 Carrot & Pineapple Salad Dry Rubbed BBQ Beef Tips Bowtie Pasta Steamed Snap Peas w/ Shallots Multi Grain Bread Fresh Watermelon Cubes Milk	26 Tossed Green Salad Rosemary Chicken Baked Sweet Potato Oven Roasted Brussel Sprouts Multi Grain Bread Fresh Strawberries & Bananas Milk
29 Garden Salad Turkey Primavera Baked Potato Broccoli Multi Grain Bread Pineapples & Oranges Milk	30 Spinach Salad Rosemary Pork Loin Rice Pilaf Roasted Red Beets Multi Grain Bread Fresh Honey Dew Cubes Milk	31 Garden Salad BBQ Beef Farro Risotto Grilled Lemon Garlic Asparagus Multi Grain Bread Kiwi & Strawberries Milk		