

APRIL 2024

EDEN WEST CALENDAR OF EVENTS

LANDIS ADULT DAY SERVICES

BASIC DAILY SCHEDULE

7:00-10:00 Toast & Coffee
 9:45-10:15 Fun & Games
 10:15-10:45 Exercise

10:45-11:15 Discussion
 11:30-1:00 Lunch / Relaxation / Trivia
 1:00 Informative / Entertaining Program
 2:00 Snack

2:15 Active Games
 2:50 Brain Challenge
 2:45-5:00 Dismissal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:45 Uno / Craft 1 1:00 Definitely FOOLING! 2:00 Snack 2:15 Ladder Golf 2:45 Boggle 3:15 Guess in 10	9:45 Uno / Craft 2 1:00 Fountain of Youth . . . 2:00 Snack 2:15 Carpet Ball 2:45 Blurt 3:15 Scattergories	9:45 Book Club 3 1:00 Riding Therapy 2:00 Snack 2:15 Ring on Green 2:45 Unscramble 3:15 Tic Tac Know	9:45 Uno / Craft 4 1:00 Spring is Here Lisa S 2:00 Snack 2:15 Frisbee Toss 2:45 Family Feud 3:15 Rolling Memory	9:45 Uno / Craft 5 1:00 Ice Cream Sundae! 2:00 Snack 2:15 Baseball Pitch 2:45 Things 3:15 Word Ladders
9:45 Uno / Craft 8 1:00 Fire Safety 2:00 Snack 2:15 Skee Ball 2:45 Smarter Than a 5 th Grader 3:15 Buzzword / Oodles	9:45 Uno / Craft 9 1:00 Kites 2:00 Snack 2:15 Bocce 2:45 Who Am I? 3:15 Finish It	9:45 Book Club 10 1:00 Brothers and Sisters 2:00 Snack 2:15 Hatchet Toss 2:45 Chain Reaction 3:15 True and False	9:45 Uno / Craft 11 1:00 Invention Convention 2:00 Snack 2:15 Horse Race 2:45 Horse Race Hoe Down 3:15 Riddles	9:45 Uno / Craft 12 1:00 TV Classics 2:00 Snack 2:15 Corn Hole 2:45 Pictionary 3:15 Dominoes
9:45 Uno / Craft 15 1:00 T.J. Day 2:00 Snack 2:15 Ring it to Win it! 2:45 Hangman 3:15 TwoSomes	9:45 Uno / Craft 16 1:00 Hee Haw's Roy Clark 2:00 Snack 2:15 Carpet Ball 2:45 Finish the Proverb 3:15 LCR	9:45 Uno / Craft 17 1:00 Country Queen Loretta 2:00 Snack 2:15 Bowling 2:45 Words Around 3:15 Things	9:45 Uno / Craft 18 1:00 Jackie Robinson 2:00 Snack 2:15 Tumble Tower 2:45 Spill and Spell 3:15 Guess in 10	9:45 Uno / Craft 19 1:00 Tell Me About Your Pet 2:00 Snack 2:15 Carpet Ball 2:45 Would You? 3:15 Over and Under
9:45 Uno / Craft 22 1:00 Weather or Not 2:00 Snack 2:15 Toss Across 2:45 Millionaire 3:15 Penny Ante	FIELD TRIP: 23 Kitchen Kettle 9:45 Uno / Craft 1:00 Carol Burnett 2:00 Snack 2:15 Tic Tac Putt 2:45 Hangman 3:15 20 Questions	9:45 Uno / Craft 24 1:00 Chris Cooks 2:00 Snack 2:15 Washer Toss 2:45 Geo Bee 3:15 Roll a Memory	9:45 Uno / Craft 25 1:00 Arbor Day/Audubon Day 2:00 Snack 2:15 Lawn Darts 2:45 Concentration 3:15 WB Pictionary	9:45 Uno / Craft 26 1:00 Wildlife Dolphin 2:00 Snack 2:15 Xbox Bowling 2:45 Bubble Talk 3:15 Dice Bingo
9:45 Uno / Craft 29 1:00 Sing with Lisa 2:00 Snack 2:15 Tic Tac Throw 2:45 Chain Reaction 3:15 Buzzword / Oodles	9:45 Uno / Craft 30 1:00 Eastland Alpaca 2:00 Snack 2:15 Bocce Ball 2:45 Wordscape 3:15 True or False			

EDEN WEST ADULT DAY SERVICES MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Iceberg & Onion Salad/Drg 1 Garlic Pork Tenderloin Brown Rice Sautéed Fresh Spinach Whole Wheat Bread Fresh Cantaloupe Milk	Mixed Greens 2 w/ Italian Drg Crumb Baked Tilapia Rice Pilaf Steamed Fresh Zucchini Multi-Grain Bread Peaches & Melon Salad Milk	Spinach Salad 3 Roast Turkey Breast w/ Gravy Red Potatoes Steamed Baby Carrots Whole Wheat Bread Grilled Peaches Milk	Carrot & Pineapple Salad 4 Dry Rubbed BBQ Beef Tips Bowtie Pasta Steamed Snap Peas w/ Shallots Multi-Grain Bread Fresh Watermelon Cubes Milk	Tossed Green Salad 5 Rosemary Chicken Baked Sweet Potato Oven Roasted Brussel Sprouts Multi-Grain Bread Fresh Strawberries & Bananas Milk
Garden Salad 8 Turkey Primavera Baked Potato Broccoli Multi-Grain Bread Pineapples & Oranges Milk	Spinach Salad 9 Rosemary Pork Loin Rice Pilaf Roasted Red Beets Multi-Grain Bread Fresh Honey Dew Cubes Milk	Garden Salad 10 BBQ Beef Farro Risotto Grilled Lemon Garlic Asparagus Multi-Grain Bread Kiwi & Strawberries Milk	Garden Salad 11 Roasted Chicken Thigh Herbed Linguine Sautéed Zucchini Whole Wheat Bread Fresh Fruit Salad Milk	Cucumber Tomato Salad 12 Grilled Trout w/Avocado Salsa Whipped Potatoes Broccoli with Garlic Whole Wheat Bread Fresh Apple Slices Milk
Garden Salad 15 BBQ Chicken Whole Wheat Bread Stuffing Roasted Asparagus Multi-Grain Bread Fresh fruit cup Milk	Tossed Salad w/ Mushrooms 16 Pork Cacciatore Fettuccine Pasta Ratatouille Multi-Grain Bread Fresh Fruit Salad Milk	Iceberg & Onion Salad/Drg 17 Turkey Cutlet & Gravy Red Potatoes Steamed Fresh Green Beans Wheat Bread Fresh Watermelon Cubes Milk	Broccoli Cauliflower Salad 18 Hungarian Goulash Whipped Potatoes Steamed Fresh Yellow Squash Whole Wheat Bread Fresh Cantaloupe Milk	Green Salad 19 Salmon Ginger Rice Pilaf Roasted Cauliflower Wheat Roll Sliced Strawberries Milk
Garden Salad 22 Plain Braised Beef Baked Sweet Potato Seasoned Green Beans Wheat Roll Diced Pears Milk	Garden Salad 23 Turkey Divan Dilled Fingerling Potatoes Fresh Steamed Broccoli Honey Wheat Bread Banana Half Milk	Tomato Cucumber Salad 24 Lime Citrus Chicken Breast Wild Rice Fresh Steamed Asparagus Whole Wheat Bread Mixed Melon Salad Milk	Tossed Green Salad 25 Grilled Pork Tenderloin Roasted Sweet Potatoes Lemon Broccoli Whole Wheat Bread Fresh Pineapple Milk	Beet Salad 26 Parmesan Baked Pollock Whipped Potatoes Steamed Fresh Yellow Squash Honey Wheat Bread Fresh Fruit Sliced Milk
Iceberg & Onion Salad/Drg 29 Garlic Pork Tenderloin Brown Rice Sautéed Fresh Spinach Whole Wheat Bread Fresh Cantaloupe Milk	Mixed Greens 30 w/ Italian Dressing Crumb Baked Tilapia Rice Pilaf Steamed Fresh Zucchini Multi-Grain Bread Peaches & Melon Salad Milk			