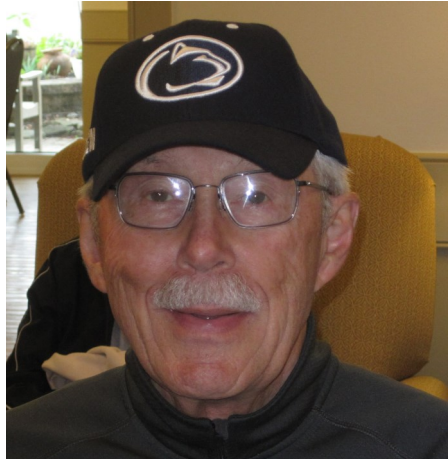


# January 2024

## Client Highlight: Dan Odenwelder

Dan Odenwelder and his wife live in Reading and have been married for 46 years. Together they have two children and one grand-puppy, Bridger.



Dan enjoys going to the beach, watching the Phillies, Eagles and Penn State. His favorite foods are crab cakes, ice cream and soda. Dan started working at the age of 13 at his father's hardware store after school and on the weekends. Dan had to quit college and was drafted into the Army. After serving he returned to college at Penn State and graduated with honors. After college he designed and sold recycling systems for businesses.

His favorite quote is "Even a blind squirrel finds a nut once in a while." Dan's favorite thing about coming to the center is the staff, he frequently tells his wife how nice everyone is. He also enjoys working on jigsaw puzzles in the afternoons.

## Thank You!

We would like send a big THANK YOU for all the wonderful Christmas donations to the center to celebrate the season and also to all who joined us at our annual Christmas Bazaar. The spirit of giving was alive and well at the bazaar, it was a huge success! What makes this event truly special is that all proceeds from the sales go directly back to supporting our clients and helps to fund our programming and field trips.

### WISH LIST

Are you looking for an alternative to bringing a food treat to celebrate a special occasion with the center? Consider a donation of any of these items! We will still celebrate their special day and every one will benefit.

- |                              |                              |
|------------------------------|------------------------------|
| Small game prizes            | Sugar Free Candy             |
| Velvet Coloring pages        | Markers                      |
| Adult Coloring pages         | Trivia questions books       |
| Individually packaged treats | 100-300 piece Jigsaw puzzles |
| Sticker-by-Number books      |                              |

**Landis**   
Adult Day Services  
*Enriching* Each Day, Together

**1001 East Oregon Road  
Lititz, PA 17543  
LandisAdultDay.org  
717-581-3975**

Eden West will be closed on January 1 to celebrate the New Year's holiday.

### **No Longer Alone Family Support Group**

These monthly meetings provide a place for those who have a loved one living with mental illness to learn and share their experiences.

**Sunday, January 28  
3:00-5:00 p.m. by Zoom**

Speaker: Dr. Bridget Hirsch,  
Psy.D., Licensed  
Psychologist.

Topic: "OCD Comorbidity,  
Signs, Symptoms, and  
Treatment Considerations"  
followed by a time of sharing.

For information  
call 717-381-3599 or  
email [JAlbright@landis.org](mailto:JAlbright@landis.org)

*Landis Adult Day Services is funded, in part, under an Agreement with money allocated by the Pennsylvania Department of Aging and the Lancaster County Commissioners, through the Lancaster County Office of Aging.*

## Thank You!

**Ron Gigl** for the donation of a jigsaw puzzle and KitKat bars to the center.

**Jackie Black** for the donation of craft supplies, craft kits, Moravian mints and clear toys to the center.

**Larry Bowe** for the donation of rice krispies to the center.

**Bobby Hainley** for the donation of several jigsaw puzzles to the center.

**Anthony Valeski** for the donation of velvet coloring posters to the center.

## Welcome

We welcome to the center this month:

**Thelma Tucker, Hugh Worley, Helen Geiner, Michael Huffman and Don Chapman**

## Goodbye

We say goodbye to **Fred Centini** and **Paul & Ruth Wiker**, they will be missed in the center and we wish them well

## Birthdays

Jan. 09 Beverly Wonders  
Jan. 15 Al Black  
Jan. 30 Edward Henne

## January Happenings

January brings with it a lot of **"IFs"**

**IF** it doesn't snow I'll be there. ☁☁☁

**IF** it's not too cold I plan on going shopping 🛒

**IF** Dolly Parton is so wealthy why does she still care what people need? 🗣

**IF** Ben Franklin was so wise why did he fly a kite in a thunderstorm?

**IF** Kansas is flat and boring why do people live there? 🏠

**IF** baby animals are so cute why do they grow up to be fierce? 🐾

**IF** penguins are good parents why don't people learn from them? 🐧

**IF** Paul Bunyan didn't carve out the Grand canyon how did it get there? 🗿

**IF** you have a funny story you don't mind sharing tell us about it on January 3! 😊

**IF** you want to have some laughs on January 19 wear a CRAZY hat. We promise some prizes and if you want answers to all these "ifs" we promise them to you in January!

By the way..... IF you aren't at Eden West we miss you!

The puzzle this month will take a little longer but hey, IF it is January and you're inside anyway, you have time to do it. Bring the finished puzzle in for a prize!

Special thanks to those who donated to make our Bazaar a success. There were many of you! Some of our makers (those who used their own hands to create) include Bev Wonders, Jackie Black, Helen Ament and Patti Nanopoulos. The gift of your hands helped us a lot!

## Staff Highlight: Christy Carpenter

Christy Carpenter is the Director of Adult Day Services. She lives in Reamstown with her husband Michael and their cat, Jimmy. They have three children and four grandchildren. Christy enjoys spending time with her family when she is not at work, and traveling throughout PA with friends. Recently they took a trip with friends to visit the Great Smokey Mountains in Tennessee. Her favorite thing about working in Eden West is meeting so many new people, learning about their lives and providing them with a GOOD DAY!



# Unscramble Word Search - Animals

Unscramble Word Search - Animals © GoldenCarers.com Page 1 of 3

To solve this puzzle, first unscramble each word and write the word on the blanks provided. Then look for the words you made in the puzzle. The words can be found in any direction in the puzzle.

G	R	I	Z	Z	L	Y	F	O	Q	H	B	T	A	K
O	I	A	L	L	I	G	A	T	O	R	A	V	R	R
A	A	R	G	E	H	M	X	R	D	C	H	A	B	A
T	H	R	A	S	Q	J	S	R	I	S	V	N	E	H
V	S	W	I	F	G	E	H	M	I	D	L	L	Z	S
R	M	C	B	Y	F	U	A	F	R	O	G	G	O	D
M	O	U	S	E	U	E	L	A	J	F	T	Q	K	R
A	N	R	E	T	S	M	A	H	E	N	E	N	Z	I
L	K	A	N	G	A	R	O	O	A	W	U	H	W	B
E	E	J	Q	W	U	M	K	H	O	M	V	I	G	G
R	Y	R	E	G	I	T	P	C	P	N	Y	D	L	N
R	E	W	E	H	N	E	L	I	Z	A	R	D	X	I
I	Y	F	T	B	L	O	H	R	A	B	B	I	T	M
U	Z	O	H	E	M	C	K	T	U	R	T	L	E	M
Q	L	O	C	T	O	P	U	S	F	J	R	C	L	U
S	S	K	U	N	K	F	G	O	H	E	G	D	E	H

RIURLSQEI \_\_\_\_\_

NKOYEM \_\_\_\_\_

ETGRI \_\_\_\_\_

ACT \_\_\_\_\_

EHRSO \_\_\_\_\_

RALOTLGIA \_\_\_\_\_

USMEO \_\_\_\_\_

EGARFIF \_\_\_\_\_

SFHI \_\_\_\_\_

GYZIRLZ \_\_\_\_\_

ITCORSH \_\_\_\_\_

OFGR \_\_\_\_\_

ODG \_\_\_\_\_

HEGED HGO \_\_\_\_\_

TOHSL \_\_\_\_\_

TUELRT \_\_\_\_\_

MAHRETS \_\_\_\_\_

NUKSK \_\_\_\_\_

BABRIT \_\_\_\_\_

LAKOA \_\_\_\_\_

SOUCTPO \_\_\_\_\_

ZLIRAD \_\_\_\_\_

AKARARDV \_\_\_\_\_

SHUDRMIMBING \_\_\_\_\_

HIPNCUKPM \_\_\_\_\_

RAHSK \_\_\_\_\_

CWO \_\_\_\_\_

TEPNLAHE \_\_\_\_\_

OKORNAGA \_\_\_\_\_

GAOT \_\_\_\_\_

AZREB \_\_\_\_\_

HINT - each word are types of animals

# DEMENTIA BILL *of* RIGHTS



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*Every person diagnosed with Alzheimer's disease or other dementia deserves:*

- To be informed of one's diagnosis
- To have appropriate, ongoing medical care
- To be treated as an adult, listened to, and afforded respect for one's feelings and point of view
- To be with individuals who know one's life story, including cultural and spiritual traditions
- To experience meaningful engagement throughout the day
- To live in a safe and stimulating environment
- To be outdoors on a regular basis
- To be free from psychotropic medications whenever possible
- To have welcomed physical contact, including hugging, caressing, and handholding
- To be an advocate for oneself and for others
- To be part of a local, global, or online community
- To have care partners well trained in dementia care