July 2023

Client Highlight: Deb Wenger

This month we are featuring Deb Wenger. Deb and her husband, Merv, live in Warwick Township. Together they have three children and five grandchildren. They built their house in 1979 and married in the living room.



Deb enjoys reading, sitting outside watching the birds

and butterflies. Her favorite foods are hot dogs and strawberry milkshakes. It makes Debra feel good to help serve others and she lives by the golden rule: do unto others as you would have done unto you. Her husband and grandchildren make her smile the most.

You might be surprised to know that Deb worked at the Warwick and Manheim Township School District for over 20 years. She enjoyed traveling along Skyline Drive in Virginia and visiting Canaan Valley in West Virgina. Deb's favorite things about attending Eden West are talking with the people, the interaction with staff and the trivia games

Golf Tournament Sizzles

On Friday, June 2, the Landis Adult Day Services Benefit Golf Outing took place at FoxChase Golf Course. One hundred and ninety four golfers participated, which included residents, team members, and 39 corporate sponsors. Even though the heat index was in the 90s, everyone came ready to support ADS and have a good time golfing. Residents, staff, and friends volunteered at the event. Special thanks to the late resident and Golf Committee Chair Donald Beidler, and Vice-Chair Joel Zeiset of Eby Exteriors.

All net proceeds raised go toward making an engaging, life-enriching program available to clients as they face declining health and also providing financial resources for those who need assistance.

You can view the golf outing booklet and the list of Winners on the Landis ADS website at www.landisadultday.org/golf.

Thank you to everyone who participated in making this event special! We are looking forward to 2024!



1001 East Oregon Road Lititz, PA 17543 LandisAdultDay.org 717-581-3975

Adult Day Services will be closed on Tuesday, July 4.

No Longer Alone Family Support Group

The monthly meetings provide a place for those who have a loved one living with mental illness to learn and share their experiences.

Sunday, July 23 from 3:00 - 5:00 p.m. Via Zoom

Speaker:

Bethany Yeiser, B.S., President of CURESZ Foundation
TOPIC: "Sharing Story of Recovery and Work of CURESZ Foundation"
Followed by a time of sharing

For information on joining the Zoom meeting or to receive a monthly meeting reminder, call 717-381-3599 or email JAlbright@landis.org by noon on Friday, July 21.

Landis Adult Day Services is funded, in part, under an Agreement with money allocated by the Pennsylvania Department of Aging and the Lancaster County Commissioners, through the Lancaster County Office of Aging.

Thank You!

Doug Diem for the donation of potted flowers for our patio area.

Larry Bowe for the delicious fruit salad to be shared by all.

Earl Moshier for the donation of briefs to the center.

Helen Diffenderfer for the huge donation of craft supplies to the center.

John Wanger for the donation of Goldfish snack cracker bags to the center.

Tim Kauffman for the donation of a small prize to the center.

Welcome

William Livingston, Dan Odenwelder, James Furnier, Bethany McMullen and Ronald Gigl

Goodbye

We say goodbye to Robert Clift and Cindy Mylin, they will be missed in the center and we wish them well.

Birthdays

- 03 Rita Bleacher
- 05 William Gordon
- 06 Benjamin Witmer
- 06 Larry Ford
- 07 Anthony Valeski
- 08 Doris Burkhart
- 08 William Pentz
- 09 Margaret Getz
- 10 Debra Wenger
- 14 David Russell
- 16 Sharon Darrenkamp
- 20 Larry Bowe
- 29 Dale Book
- 31 Randy "Hoss" Caldwell
- 31 Doug Drescher



X

YASND BEEHACS	_ SRIKPNLER
ASSSGULSEN	_YRBAKADC BQB
THO OGD	_KGOSIERNLN
LPIF SFOLP	_ NADS SCETSLA
GMIWISNM OPLO	_WLNA WREMO
SXODABN SYTO	_ HAYOLID
MALDAOEEN	_IRA DIRCEOTINON
GPIANCM	YMFIAL NISNROEU
IBKNII	_ HTCICGAN YARS
HABEC WTLOE	_ TABE HET THEA
NNTUAS NOTLIO	_TSUEAMENM KAPR
DILEIAFURG	_ YLF A TKIE

Compound Words Brain Game #4

Join the words using the clues provided!

1. Mid	wheat	(profession)
2. Ham	ski	(food)
3. Straw	hole	(food)
4. Butter	wife	(insect)
5. Carp	neck	(profession)
6. Water	suckle	(sport)
7. Waist	scotch	(clothing)
8. Rain	flower	(weather)
9. Super	wheel	(person)
10. Buck	wave	(plant)
11. Button	fast	(clothing)
11. Button 12. Hem	fast fly	(clothing)
12. Hem	fly	(clothing)
12. Hem 13. Turtle	fly bow	(clothing)
12. Hem 13. Turtle 14. Honey	fly bow enter	(clothing) (clothing) (plant)
 Hem Turtle Honey Foot 	fly bow enter star	(clothing) (clothing) (plant) (sport)
12. Hem 13. Turtle 14. Honey 15. Foot 16. Hop	fly bow enter star band	(clothing) (clothing) (plant) (sport) (game)
12. Hem 13. Turtle 14. Honey 15. Foot 16. Hop 17. Heat	fly bow enter star band burger	(clothing) (clothing) (plant) (sport) (game) (weather)

July Happenings

HALFWAY

When the calendar reads JULY 1 we have made it halfway through 2023!

There are some folks who never make it more than ½ way through things. Maybe you've heard, "I made it halfway through that sub sandwich." or "I made it halfway through that book", or "I made it halfway through a marathon."

Then there are some people who go the whole way through. In July we will meet those who took an idea and took it to its destination. We will meet Esther, a woman who took a creative artistic idea and turned it into a business and more. We will meet Carl who designed and planned for building a canal boat. We will meet Clyde who decided to use his talent to share with others and we will meet a group that saw folks experiencing food insecurity and decided to make a difference that way.

July 25 we will be doing a getting to know you special. Can you be prepared to tell us something very unique about you? Just write it on the note below and include your name. July will have some typical fun in it like Cow Appreciation and Hot Dog Day, a Little Bugs Bunny, and all that should take us more than halfway through July, all the way to August!

Staff Highlight: Jenn Master



This month we are featuring Jenn Mastershe is new to our center and works as a program assistant. She lives with her husband, George, and they will be married 32 years in September. Together they have three children and two grandchildren. In her spare time she enjoys gardening, reading, listening to music and spending time with her grandchildren. The best advice her parents gave her is that life is short, do what fills your heart. You can always find cheese in her refrigerator. Jenn came to us after leaving a career in banking and a financial advisor firm because it was not fulfilling to her heart.

Adult Day Services is her job goal, and she is thrilled to be here getting to know all the wonderful people, co-workers and clients. She loves the daily opportunity to be God's hands and feet to help, and hopefully brings joy to those around her.

What i	s special	about me:			
. .					
Name: _			 	 	

Tips for Living

SENIOR SCAM SAFETY TIPS

1.REMOVE NUMBER AND HOME ADDRESS FROM DIRECTORIES

Remove your senior loved one's number from directories and add them to no call lists to ensure that no telemarketers call. If someone would call saying they were, you would know it was likely a scam.



2.DO NOT GIVE OUT PERSONAL INFORMATION OVER THE PHONE

Unless you have initiated the phone call, do not give out your social security number, card number, bank information, or your medicare information over the phone.



3. BE WARY ABOUT MONEY INQUIRIES FROM STRANGERS AND FAMILY

Telemarketing scams targeted at seniors are very creative; many pray on seniors' kindness and willingness to give by impersonating family members. See popular scams on www.ncoa.org.



4. ASK THEM TO SEND YOU PROOF BEFORE GIVING THEM ANYTHING

Ask them for their full name, address, and business name. Ask them to send this information to you in the mail. Before gving them anything, do a quick internet search. If you cannot find proof of existence, you know its a scam.



5. IF YOU THINK YOU WERE A VICTIM: CALL ADULT PROTECTION SERVICES

Waiting can only make it worse, call APS (1-800-677-1116) to get protection and guidance on next steps. Make sure to cancel or freeze any accounts associated with the fraud.



