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## December 2022



### Pay-By-Donation Christmas Bazaar

What if you could get a fun gift for whatever price you decide? What if you could stay in budget for your Christmas Shopping? You can!

The Landis Adult Day Services **pay-by-donation** Christmas Bazaar is coming! Come to the West Community Room on Thursday and Friday, December 15 and 16 for two days of browsing, shopping and buying at your leisure, and leave your donation in the box. The gifts are nice, the price is your decision and then the celebration is up to you!

All proceeds will benefit Landis Adult Day Services. Your generosity is greatly appreciated!

### Gloves & Mittens Collection



We all know the feeling of being in the cold without gloves. We know the feeling of cold hands that won't warm up and we know the comfort of a good pair of snow gloves. As a way that we can help our community, we are going to collect snow gloves and mittens for children in our area. Thank you for considering how you might make a child's hands a little warmer

this winter. It is most helpful to have snow gloves that protect from cold and allow the child use of their fingers.

We will do our collection December 1—22. When we all do a little something we can make a shared difference in our community!

**Landis**   
Adult Day Services  
*Enriching* Each Day, Together

1001 East Oregon Road  
Lititz, PA 17543  
**LandisAdultDay.org**  
717-581-3975

**Adult Day Services  
will be closed Monday,  
Dec. 26, in observance  
of the Christmas Holiday.**



Our Graceful Transitions  
concierge program assists with:

- Coordinating Moves
- Placing Furniture & Design
- Packing & Unpacking
- Seasonal Changeovers
- Organizing/Decluttering
- and much more!

**Landis**   
at HOME  
*Thriving at Home, Together™*

Call 717.455.3115  
to schedule your free  
one-hour, in-home  
assessment!

[LandisAtHome.org/graceful](https://LandisAtHome.org/graceful)

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*Landis Adult Day Services is funded, in part, under an Agreement with money allocated by the Pennsylvania Department of Aging and the Lancaster County Commissioners, through the Lancaster County Office of Aging.*

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## Thank You!

**John Wanger** for the sticker books and velvet coloring pages.

**Tim Yoder** for various papers & unique stickers

**Al Black** for the juice bottles

**Joel Hiestand** for the yummy donuts to celebrate his birthday.

**David Hayward** for the delicious cupcakes to celebrate his birthday.

**Davis Steiner** for the magazines and puzzle books.

**Jim Wilson** for the wonderful cupcakes to celebrate his birthday.

**Miriam Weaver** for the scrumptious cupcakes to celebrate her birthday.

## Welcome

We welcome this month: Tim Kauffman, William Gordon, Geraldine Walp, Mary Ellen Leaman, Joan Thompson and Douglas Drescher

## Goodbye

We say goodbye to Jeff Brooks, Fred Brubaker, Patrick Ferrera, Russell Horner, Betty Jane Gorman and Lois Harbold, They will be missed in the center and we wish them well.

We extend our sympathy to the family of Frank Martin who passed away in October.

## Birthdays

04 Helen Greiner  
06 Donald Phiel  
21 Helen Ament

## Client Highlight: Brian Brandt



Brian Brandt lives in Lancaster with his wife Vicki and their five cats. In his spare time he enjoys watching TV, especially the Philadelphia Flyers. His favorite foods are hamburgers, French fries and Coca-Cola. He worked many years for Comcast Cable Company. Brian has a love for trains and has enjoyed building model train track displays, designing layouts, creating whole cities and building them. He has traveled to Germany in the past. Brian enjoys the activities in the center and food that we serve.

## Staff Highlight: Suleyma Pena-Torres

Suleyma Pena-Torres lives in Lancaster with her 4 children Jhaiyde, Tatiana, Ezra and Noah. They also have 2 pet turtles. Suleyma and her family are from Mexico. It's a benefit to have a team member that is fluent in Spanish.

She believes that you should treat others how you want to be treated. You can always find milk and yogurt in her refrigerator. Her favorite thing to do is spending time with her children and they are what makes her smile the most.



Suleyma is a trained medical assistant and interned at LGH in the phlebotomy department. Her favorite thing about working Eden West is getting to spend time with all the clients.

## WISH LIST

Are you looking for an alternative to bringing a food treat to celebrate a special occasion with the center? Consider a donation of any of these items! We will still celebrate their special day and every one will benefit.

*Small Game Prizes  
Sugar Free Candy  
Velvet Coloring pages  
Trivia Question Books*

*Markers  
Adult Coloring pages  
Individually Packaged Treats  
Sticker by Number Books*



# December Happenings

As we approach Christmas and all of its traditions and celebrations, we will reflect on Christmas past.

On December 9 we'd like to stretch our collective memory to a childhood Christmas recalling a **Favorite Toy**. Perhaps you circled it in the Sears catalogue but never got it and only wished for it, or maybe it was miraculously under the tree. In either case we want to know about that toy.

On December 16 bring some pictures of your **Favorite Tradition** or just tell us about what your family does every year!

On December 22 we are sharing **Christmas Food Memories**. Please share some of those with recipes or pictures.

GOD WITH US....A mission to comfort and demonstrate love are both part of Christ's example on earth to us all. In the midst of all the chaotic demands we wish for you and your family to feel the comfort of others who care for you and for you to feel love in your family. *"Fear not for I bring you tidings of great joy"* was not just an angelic message for the shepherds ages ago, but for us too, a reminder that God's love is there for us on the good and bad days. May your Christmas hold special moments of peace and joy.

## Tips for Living

### What makes the holiday season stressful?



A new survey of 2,000 Americans found...

More than **1/4** think the last **three months** of the year are the most stressful



People anticipate feeling **43%** more stressed this holiday season than last year

Men were more likely to say **they're stressed** about the holidays than women (**73% vs. 66%**)



#### Their main concerns?

- 48%** Gifts being delivered late or getting lost in the mail
- 48%** Safety/health around in-person events and shopping

This year, the **priority items** people are looking to amass in advance of the holidays are **personal care and beauty products (37%)**



While **gift cards** were the go-to last-minute gift among all generations, more Gen Zers are going for **candy & greeting cards**

**49%**

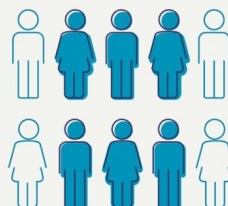
**44%**

#### How people plan to manage their holiday stress:

- 49%** Shopping online instead of in person
- 47%** Buying holiday-related food and items ahead of time
- 46%** Visiting retailers that offer gift cards or discounts on future purchases

Nearly **6 in 10**

have already made or will make a plan for shopping during this year's festivities

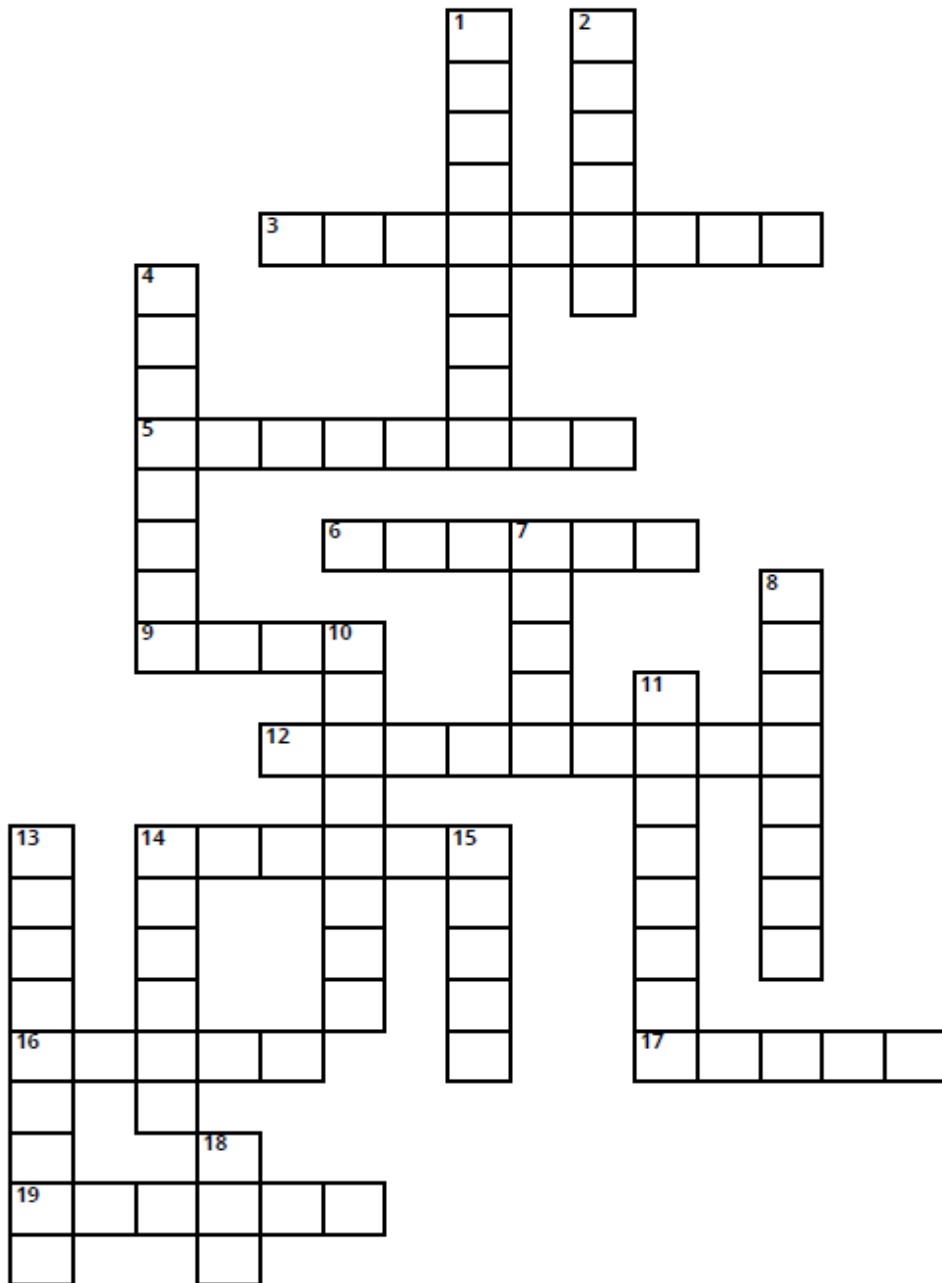


**Walgreens**

Data from a survey conducted by OnePoll on behalf of Walgreens from October 6 to October 8, 2021, with a panel of 2,000 general population Americans.

# Crossword

## CHRISTMAS CROSSWORD PUZZLE



### ACROSS:

3. City where Jesus was born
5. Keeper of the flocks
6. Hang this on your door
9. Bright light in the night sky
12. Stand underneath this to get a kiss
14. Made of wax and shines brightly
16. Evergreen with red berries
17. One of the Christmas colors
19. Open this calendar one day at a time

### DOWN:

1. Where Santa lives
2. Traditional meal for Christmas dinner
5. Keeper of the flocks
6. Hang this on your door
9. Bright light in the night sky
12. Stand underneath this to get a kiss
14. Made of wax and shines brightly
16. Evergreen with red berries
17. One of the Christmas colors
19. Open this calendar one day at a time

*Try your hand at the crossword puzzle. If you finish it bring it in and get a Christmas. Surprise!*

