





BASIC DAILY SCHEDULE

7:00-10:00 Toast & Coffee
 9:45-10:15 Fun & Games
 10:15-10:45 Exercise

10:45-11:15 Discussion
 11:30-1:00 Lunch / Relaxation / Trivia
 1:00 Informative / Entertaining Program
 2:00 Snack

2:15 Active Games
 2:50 Brain Challenge
 2:45-5:00 Dismissal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			9:45 Uno/Craft/ Conversation 1 1:00 Lisa Sanchez: Trees 2:00 Snack 2:15 Ladder Golf 2:45 Family Feud	9:45 Uno/Craft/ Conversation 2 1:00 Model A 2:00 Snack 2:15 TailGate Games 2:45 Who Am I?
9:45 Uno/Craft/ Conversation 5 1:00 Tiny Tree Gallery 2:00 Snack 2:15 Bocce Ball 2:45 Chain Reaction	9:45 Uno/Craft/ Conversation 6 1:00 Christmas Stories 2:00 Snack 2:15 Ring on Green 2:45 Are You Smarter...?	9:45 Uno/Craft/ Conversation 7 1:00 Andy Williams Christmas 2:00 Snack 2:15 Wally Ball 2:45 Scattergories	9:45 Uno/Craft/ Conversation 8 1:00 Illinois Stuck in the Middle 2:00 Snack 2:15 Football Toss 2:45 Brain Twisters	9:45 Uno/Craft/ Conversation 9 1:00 Old Toys for Christmas 2:00 Snack 2:15 Swatter Ball 2:45 Caption it!
9:45 Uno/Craft/ Conversation 12 1:00 Gershwin Tunes 2:00 Snack 2:15 Lawn Darts 2:45 Wheel of Proverbs	9:30 FIELD TRIP: 13 Stoltzfus Meats 9:45 Uno/Craft/ Conversation 1:00 Everglades Nat'l Park 2:00 Snack 2:15 Ring it, Win it 2:45 Pictionary	9:45 Uno/Craft/ Conversation 14 1:00 Happy Birthday Hoss 2:00 Snack 2:15 Noodle Hockey 2:45 You Judge	9:45 Uno/Craft/ Conversation 15 1:00 World Mountain Day 2:00 Snack ADS COUNCIL: We listen to you. 2:15 Horse Shoes 2:40 Family Feud	9:45 Uno/Craft/ Conversation 16 1:00 Our Traditions 2:00 Snack 2:15 Carpet Ball 2:45 Penny Ante
9:45 Uno/Craft/ Conversation 19 1:00 Christmas Choirs 2:00 Snack 2:15 Ladder Gold 2:45 Tic Tac Trivia	9:45 Uno/Craft/ Conversation 20 1:00 Minute to Win it? 2:00 Snack 2:15 Football Toss 2:45 Picture it	9:45 Uno/Craft/ Conversation 21 1:00 Welcome Winter 2:00 Snack 2:15 Ring it to Win it 2:45 Fact or Fiction	9:45 Uno/Craft/ Conversation 22 1:00 Christmas Food Memories 2:00 Snack 2:15 Tumble Tower 2:45 Christmas Carol Wordies	9:45 Uno/Craft/ Conversation 23 1:00 Reflections on Christmas 2:00 Snack 2:15 Throw it! 2:45 Roll a Memory
Center is Closed 26 	9:45 Uno/Craft/ Conversation 27 1:00 MOVIE DAY 2:00 Snack 2:15 Tail Gating Games 2:45 Trivia Triumph	9:45 Uno/Craft/ Conversation 28 1:00 Shuffleboard & Billiards 2:00 Snack 2:15 Ring on Green 2:45 Make Your Point	9:45 Uno/Craft/ Conversation 29 1:00 A Little Bit of Texas!... 2:00 Snack 2:15 Putting Green 2:45 Winter Comedy	BREAKFAST IS SERVED 30 9:45 Uno/Craft/Conversation 1:00 Wrapping it Up: 2022 2:00 Snack 2:15 Table Hockey 2:45 Christmas Carol Wordies

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	 <p><i>Merry Christmas</i></p>		<p>Tossed Green Salad 1 Grilled Pork Tenderloin Roasted Sweet Potatoes Lemon Broccoli Wheat Bread Fresh Pineapple Milk</p>	<p>Beet Salad 2 Parmesan Baked Pollock Whipped Potatoes Steamed Fresh Yellow Squash Honey Wheat Bread Fresh Fruit, Sliced Milk</p>
<p>Iceberg & Onion Salad/Drg. 5 Garlic Pork Tenderloin Brown Rice Sauteed Fresh Spinach Wheat Bread Fresh Cantaloupe Milk</p>	<p>Mix Greens w/Italian Drg. 6 Crumb Baked Tilapia Rice Pilaf Steamed Fresh Zucchini Multi-grain Bread Peaches & Melon Salad Milk</p>	<p>Spinach Salad 7 Roast Turkey Breast w/Gravy Red Potatoes Steamed Baby Carrots Wheat Bread Grilled Peaches Milk</p>	<p>Carrot & Pineapple Salad 8 Dry Rubbed BBQ Beef Tips Bowtie Pasta Steamed Snap Peas w/Shallots Multi-grain Bread Fresh Watermelon Cubes Milk</p>	<p>Tossed Green Salad 9 Rosemary Chicken Baked Sweet Potato Oven-Roasted Brussels Sprouts Multi-grain Bread Fresh Strawberries & Banana Milk</p>
<p>Garden Salad 12 Turkey Primavera Fresh Steamed Broccoli Multi-grain Bread Whole Wheat Bread Pineapple & Oranges Milk</p>	<p>Spinach Salad 13 Rosemary Pork Loin Rice Pilaf Roasted Red Beets Multi-grain Bread Fresh Honeydew Cubes Milk</p>	<p>Garden Salad 14 BBQ Beef Farro Risotto Grilled Lemon Garlic Asparagus Multi-grain Bread Kiwi & Strawberries Milk</p>	<p>Garden Salad 15 Roasted Chicken Thigh Herbed Linguine Sauteed Zucchini Wheat Bread Fresh Fruit Salad Milk</p>	<p>Cucumber Tomato Salad 16 Grilled Trout w/Avocado Salsa Whipped Potatoes Broccoli w/Garlic Wheat Bread Fresh Apple Slices Milk</p>
<p>Garden Salad 19 BBU Chicken Whole Wheat Bread Stuffing Roasted Asparagus Multi-grain Bread Fresh Fruit Cup Milk</p>	<p>Tossed Salad w/Mushrooms 20 Pork Cacciatore Fettuccine Pasta Ratatouille Multi-grain Bread Fresh Fruit Salad Milk</p>	<p>Iceberg & Onion Salad/Drg. 21 Turkey Cutlet & Gravy Red Potatoes Steamed Fresh Green Beans Wheat Bread Fresh Watermelon Cubes Milk</p>	<p>Broccoli Cauliflower Salad 22 Hungarian Goulash Whipped Potatoes Steamed Fresh Yellow Squash Wheat Bread Fresh Cantaloupe Milk</p>	<p>Mixed Green Salad 23 Salmon Ginger Rice Pilaf Roasted Cauliflower Wheat Roll Fresh Strawberries, Sliced Milk</p>
<p>Center is Closed 26 </p>	<p>Garden Salad 27 Turkey Divan Dilled Fingerling Potatoes Fresh Steamed Broccoli Honey Wheat Bread Banana Half Milk</p>	<p>Tomato Cucumber Salad 28 Lime Citrus Chicken Breast Wild Rice Fresh Steamed Asparagus Wheat Bread Mixed Melon Salad Milk</p>	<p>Tossed Green Salad 29 Grilled Pork Tenderloin Roasted Sweet Potatoes Lemon Broccoli Wheat Bread Fresh Pineapple Milk</p>	<p>Beet Salad 30 Parmesan Baked Pollock Whipped Potatoes Steamed Fresh Yellow Squash Honey Wheat Bread Fresh Fruit, Sliced Milk</p>