



BASIC DAILY SCHEDULE

7:00-10:00 Toast & Coffee
 9:45-10:15 Fun & Games
 10:15-10:45 Exercise

10:45-11:15 Discussion
 11:30-1:00 Lunch / Relaxation / Trivia
 1:00 Informative / Entertaining Program
 2:00 Snack

2:15 Active Games
 2:50 Brain Challenge
 2:45-5:00 Dismissal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
			9:30 Uno / Craft 1 1:00 Owls with Lisa 2:00 Snack 2:15 Ladder Golf 2:45 Frame Ups	9:30 Uno / Craft 2 1:00 Rocking BINGO 2:00 Snack 2:15 Ring on Green 2:45 Scrabble Challenge
5 Labor Day *** Day *** ADS CLOSED	6 9:30 Uno / Craft 1:00 Top Ten Lists 2:00 Snack 2:15 Carpet Ball 2:45 Scattergories	7 9:30 Book Club / Craft 1:00 Farm Jubilee Day 2:00 Snack 2:15 Bocce Ball 2:45 Myth Busters	8 9:30 Uno / Craft 1:00 Football 2:00 Snack 2:15 Football Toss 2:45 Family Feud	9 9:30 Uno / Craft 1:00 California or Bust 2:00 Snack 2:15 Target Toss 2:45 Millionaire
12 9:30 Uno / Craft 1:00 Manners 2:00 Snack 2:15 Target Toss 2:45 Tic Tac Know	13 9:30 Uno / Craft 1:00 Name That Tune 2:00 Snack 2:15 Lawn Darts 2:45 Postcard ID	14 9:30 Book Club / Craft 1:00 Word Wednesday 2:00 Snack 2:15 Washer Game 2:45 Are you Smarter...	15 9:30 Uno / Craft 1:00 Matt Wenger Guitar 2:00 Snack 2:15 Ring Toss 2:45 Ripley Believe it?	16 9:30 Uno / Craft 1:00 Tinfoil Challenge 2:00 Snack 2:15 Horseshoes 2:45 State ID
19 9:30 Uno / Craft 1:00 New Zealand 2:00 Snack 2:15 Ladder Golf 2:45 Cliché Conundrum ADULT DAY SERVICES WEEK	BREAKFAST IS SERVED 20 9:30 Uno / Craft 1:00 School Memories 2:00 Snack 2:15 Fish Toss 2:45 Chain Reaction CELEBRATE!!!!	FIELD TRIP- 21 PRETZEL HUT 9:30 Book Club / Craft 1:00 Wildlife Elephants 2:00 Snack 2:15 Ring and Win it! 2:45 Charades, Sort of	22 9:30 Uno / Craft 1:00 Welcome Fall 2:00 Snack 2:15 Washer Game 2:45 ADS Puzzler FIRST DAY OF FALL	23 9:30 Uno / Craft 1:00 Cranberry Crazy 2:00 Snack 2:15 Tic Tac Toss 2:45 Picture Detective
26 9:30 Uno / Craft 1:00 Lisa's Music Special 2:00 Snack 2:15 Throw it! 2:45 Words Around	27 9:30 Uno / Craft 1:00 Gene Autry Rewind 2:00 Snack 2:15 Carpet Ball 2:45 Did You Ever?	28 9:30 Book Club / Craft 1:00 Shuffleboard 2:00 Snack 2:15 BINGO 2:45 Ring on Green	29 9:30 AM BINGO / Craft 1:00 Cooking with Chris 2:00 Snack 2:15 Ladder Golf 2:45 Wheel of Fortune	30 9:30 Uno / Craft 1:00 Gilligan Island 2:00 Snack 2:15 Tail Gate Trouble 2:45 Geo Connect

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Side Spinach Salad 1 Beef Burgundy Buttered Bowties Red Peppers & Snow Peas Whole Wheat Bread Fresh Fruit Cup Milk	Green Salad 2 Stuffed Shells Meat Sauce California Blend Vegies Whole Wheat Bread Sliced Strawberries Milk
<p>5</p> <p>Labor Day</p> <p>AD\$ CLOSED</p>	<p>6</p> Mix Greens w/ Italian Dressing Crumb Baked Tilapia Rice Pilaf Steamed Fresh Zucchini Multi-grain Bread Peaches & Melon Salad Milk	<p>7</p> Spinach Salad Roast Turkey Breast w/ Turkey Gravy Red Potatoes Steamed Baby Carrots Wheat Bread Grilled Peaches Milk	<p>8</p> Carrot & Pineapple Salad Dry Rubbed BBQ Beef Tips Bowtie Pasta Steamed Snap Peas w/ Shallots Multi-grain Bread Fresh Watermelon Cubes Milk	<p>9</p> Tossed Green Salad Rosemary Chicken Baked Sweet Potato Oven-Roasted Brussels Sprouts Multi-grain Bread Fresh Strawberries & Banana Milk
<p>12</p> Garden Salad Turkey Primavera Fresh Steamed Broccoli Multi-grain Bread Whole Wheat Bread Pineapple & Oranges Milk	<p>13</p> Spinach Salad Rosemary Pork Loin Rice Pilaf Roasted Red Beets Multi-grain Bread Fresh Honeydew Cubes Milk	<p>14</p> Garden Salad BBQ Beef Farro Risotto Grilled Lemon Garlic Asparagus Multi-grain Bread Kiwi & Strawberries Milk	<p>15</p> Garden Salad Roasted Chicken Thigh Herbed Linguine Sauteed Zucchini Wheat Bread Fresh Fruit Salad Milk	<p>16</p> Cucumber Tomato Salad Grilled Trout w/ Avocado Salsa Whipped Potatoes Broccolini w/ Garlic Wheat Bread Fresh Apple Slices Milk
<p>19</p> Garden Salad BBQ Chicken Whole Wheat Bread Stuffing Roasted Asparagus Multi-grain Bread Fresh Fruit Cup Milk	<p>20</p> Tossed Salad w/ Mushrooms Pork Cacciatore Fettuccine Pasta Ratatouille Multi-grain Bread Fresh Fruit Salad Milk	<p>21</p> Iceberg & Onion Salad w/ Dressing Turkey Cutlet & Gravy Red Potatoes Steamed Fresh Green Beans Wheat Bread Fresh Watermelon Cubes Milk	<p>22</p> Broccoli Cauliflower Salad Hungarian Goulash Whipped Potatoes Steamed Fresh Yellow Squash Wheat Bread Fresh Cantaloupe Milk	<p>23</p> Mixed Green Salad Salmon Ginger (OSG) Rice Pilaf Roasted Cauliflower Wheat Roll Fresh Strawberries, Sliced Milk
<p>26</p> Garden Salad Plain Braised Beef Baked Sweet Potato Seasoned Green Beans Wheat Roll Diced Pears Milk	<p>27</p> Garden Salad Turkey Divan Dilled Fingerling Potatoes Fresh Steamed Broccoli Honey Wheat Bread Banana Half Milk	<p>28</p> Tomato Cucumber Salad Lime Citrus Chicken Breast Wild Rice Fresh Steamed Asparagus Wheat Bread Mixed Melon Salad Milk	<p>29</p> Tossed Green Salad Grilled Pork Tenderloin Roasted Sweet Potatoes Lemon Broccoli Wheat Bread Fresh Pineapple Milk	<p>30</p> Beet Salad Parmesan Baked Pollock Whipped Potatoes Steamed Fresh Yellow Squash Honey Wheat Bread Fresh Fruit Sliced Milk