

June 2022

This Month's Happenings

Leone Wagner, Activity Coordinator

On June 3 we are going to do a little "putting" in coordination with the Annual Benefit Golf Tournament that will be happening at Fox Chase Golf Course. The golf tournament gives direct support to the programming here at Landis Adult Day Services, so will get a little golf action going here too. Special thanks to all those who are participating!

This month we will watch a few travelogues on three different states, spend a little time on Route 66, some bicycling adventures and some good summer foods too.



Fill in the blanks:

- We are going to talk about a food that is 92% water. W _____
- The largest cobbler is made every year, measuring 11 feet by 5 feet. What's the main ingredient? P _____
- This product made it to the moon already. H _____ B _____
- There are more than 1 BILLION of these around the world . B _____



On June 17 we'd like to do some celebrating of the fathers among us and the fathers we had. Please bring pictures and let's talk dads.

June 28 is the day we will celebrate Women. If you have a story about a woman you admire or you want to tell us about a time that you, as a woman rose to a difficult situation and powered through, please share your story with up. Perhaps you accomplished something because you have a woman's heart. Tell us about it on June 28.

Landis 
Adult Day Services
Enriching Each Day, Together

1001 East Oregon Road
Lititz, PA 17543
LandisAdultDay.org
717-581-3975

Support Group

No Longer Alone Family Support Group

These monthly meetings provide a place for those who have a loved one living with mental illness to learn and share their experiences

**Sunday, June 26
3:00-5:00 p.m. at Lands
Homes in the High
Foundation Auditorium**

Speaker:
Dr. Bridget Hirsch, Psy.D.
Licensed Psychologist.

Topic: "Anxiety & Obsessive
Compulsive Disorder: Signs,
Symptoms, and Treatments".
Followed by a time of
sharing.

*Please follow all COVID-19
protocols in place at the time of
the meeting.*

Thank You!

John Wanger for the donation of snack bags, coloring books and cookies.

Lois Harbold for the donation of colored pencils.

Miriam Weaver for the donation of candy to the center.

Mary Sprecher and **Ken Konlande** for the lovely flowers to celebrate nurse's days.

Welcome

We welcome to the center this month: **Ira Herr, Helen Greiner, Linda Gaston, H. Jim Loke, Anthony Valeski and Dawn Beaston**

Goodbye

We say goodbye to **Ruth Robbins, Alejandro La-Luz Rivera and Dennis Richwine**. They will be missed and we wish them well.

June Birthdays

June 14 Doris Horst
June 16 Wayne Bell

Client Highlight: Fred Brubaker

Fred Brubaker has two sons and one daughter. He lives in Brownstown with his son Matt and his family.

Originally, from Oxford, Chester County, Fred worked as an insurance salesperson and he served 4 years in the Navy. In his spare time, he enjoys taking walks and his favorite foods are potpie and iced tea.



Fred feels it is better to give than receive. He has a beautiful singing voice and enjoyed singing in his church choir in the past. He also enjoyed going to Guatemala when his son was living there and learning to speak Spanish during those visits. His favorite thing about attending Eden West is relating to the people.

Staff Highlight: Grace Wenger



Grace Wenger and her husband Clyde have been married 38 years. Together they have six children and 21 grandchildren.

In her spare time, she likes to read and do puzzles but mostly help out with all her grandchildren. She finds that she smiles the most when playing with her grandchildren because they say the funniest things.

The best advice her parents ever gave her was to remember that "this too shall pass." Grace also loves to travel to different cultures and learn from them.

Her favorite things about working Eden West is that, for a day, the clients can enjoy a different environment, to see their smiles and know that they are cared for.

Mixed-Up Summer

Unscramble the letters to reveal words associated with summer.

1. TAUGSU _____
2. ACBERBUE _____
3. IPNAMCG _____
4. JUEN _____
5. MAHCKMO _____
6. TAVAOCNI _____
7. YJLU _____
8. CPLOSSEPI _____
9. NCCISIP _____
10. ENOEDMLA _____
11. NRSPKEIRL _____
12. WMINSMIG _____
13. ISSNUNHE _____
14. RSOHTS _____
15. EISDESA _____
16. EANSSLGSUS _____
17. SCSENATDLA _____
18. HABCE _____



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WISH LIST

Are you looking for an alternative to bringing a food treat to celebrate a special occasion with the center? Consider a donation of any of these items! We will still celebrate their special day and every one will benefit.

Game Prizes

Sugar Free Candy

White Card Stock Small

Markers

Adult Coloring pages

Books with Trivia Questions

Individually Packaged Treats

Velvet Coloring pages



TIPS FOR LIVING

ELDER ABUSE

What is it?

Elder abuse is violence or any other type of harm because of older age. It can be carried out by those who are close to older people, such as family and caregivers, or by social structures and institutions.



4%
reported

“My son persuaded me to sell my house to repay his debt...I agreed and now I’m left homeless.”
Woman, 70, Kyrgyzstan

1 in 6 older women and men worldwide experience abuse.

Despite this, elder abuse remains invisible. Only 4% of elder abuse is reported.

Types of elder abuse



Physical

Hitting, shoving, inappropriate use of drugs, restraints or confinement.



Emotional

Intimidation, humiliation, routine blaming, repeatedly ignoring the wishes of an older person or isolating them from friends or activities.



Sexual

Sexual harassment, sexual activity without informed consent, forcing an older person to watch sexual acts or to undress.



Neglect

Intentional or unintentional denial of food, water, shelter, clothing, assistance with daily living tasks and any other essential needs.



Financial

Using an older person's money or property, or making financial decisions, without their informed consent.

Elder abuse.
See it.
Expose it.

Find out what to do if you suspect elder abuse:
helpage.org/elder_abuse

HelpAge

International