

**BASIC DAILY SCHEDULE**

**7:00-10:00** Toast & Coffee  
**9:45-10:15** Fun & Games  
**10:15-10:45** Exercise



**10:45-11:15** Discussion  
**11:30-1:00** Lunch / Relaxation / Trivia  
**1:00** Informative / Entertaining Program  
**2:00** Snack

**2:15** Active Games  
**2:50** Brain Challenge  
**2:45-5:00** Dismissal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>9:45</b> Main Room Games 1 <b>1:00</b> Kentucky & Tennessee <b>2:00</b> Snack <b>2:15</b> Carpet Ball <b>2:45</b> Scrabble Scramble	<b>9:30</b> Main Room Games 2 <b>1:00</b> Whitetail Deer – Lisa Sanchez <b>2:00</b> Snack <b>2:15</b> Lawn Darts <b>2:45</b> Picture Perfect	<b>Landis ADS Golf Tournament 3</b> <b>9:30</b> Main Room Games <b>1:00</b> World Bicycle Day <b>2:00</b> Snack <b>2:15</b> Tic Tax Putt <b>2:45</b> Whiteboard Boggle
<b>9:30</b> Main Room Games 6 <b>1:00</b> Route 66 <b>2:00</b> Snack <b>2:15</b> Bocce <b>2:45</b> Puzzlers	<b>9:30</b> Main Room Games 7 <b>1:00</b> Cows are Amazing <b>2:00</b> Snack <b>2:15</b> Wally Ball <b>2:45</b> Postcards from the USA	<b>9:45</b> Main Room Games 8 <b>1:00</b> Clean Machines <b>2:00</b> Snack <b>2:15</b> Horseshoes <b>2:45</b> Horse Race Hoe Down	<b>9:30</b> Main Room Games 9 <b>1:00</b> A Rose is a Rose <b>2:00</b> Snack <b>2:15</b> Fish in a Barrel <b>2:45</b> Guess in 10	<b>9:30</b> Main Room Games 10 <b>1:00</b> Wildlife Moments <b>2:00</b> Snack <b>2:15</b> Bean Toss <b>2:45</b> Throw It!
<b>9:30</b> Main Room Games 13 <b>1:00</b> Kitchen Disasters <b>2:00</b> Snack <b>2:15</b> Swatter Ball <b>2:45</b> Cliché Clique	<b>9:30</b> Main Room Games 14 <b>1:00</b> Flag Day <b>2:00</b> Snack <b>2:15</b> Toss It <b>2:45</b> Ads We Know	<b>9:45</b> Main Room Games 15 <b>1:00</b> Arkansas <b>2:00</b> Snack <b>2:15</b> Target Ball <b>2:45</b> Brainiac	<b>9:30</b> Main Room Games 16 <b>1:00</b> Roller Coasters We Have Known <b>2:00</b> Snack <b>2:15</b> Frisbee Toss <b>2:45</b> Chain Reaction	~ Breakfast ~ 17 <b>9:30</b> Main Room Games <b>1:00</b> Father Knows Best <b>2:00</b> Snack <b>2:15</b> Carpet Ball <b>2:45</b> Name 5
<b>9:30</b> Main Room Games 20 <b>1:00</b> Hershey: Man/ Town/ Factory <b>2:00</b> Snack <b>2:15</b> Skee Ball <b>2:45</b> Family Feud	~ Picnic Day ~ 21 <b>9:30</b> Main Room Games <b>1:00</b> Summer! <b>2:00</b> Snack <b>2:15</b> Tailgator <b>2:45</b> Wheel of Fortune	<b>9:45</b> Main Room Games 22 <b>1:00</b> Watermelon Wednesday <b>2:00</b> Snack <b>2:15</b> Bowling <b>2:45</b> Penny Ante	<b>9:30</b> Main Room Games 23 <b>1:00</b> Romeo and Juliets <b>2:00</b> Snack <b>2:15</b> Ring on the Green <b>2:45</b> True or False	<b>9:30</b> Main Room Games 24 <b>1:00</b> William Penn <b>2:00</b> Snack <b>2:15</b> Ladder Golf <b>2:45</b> Crunched Cranium
<b>9:30</b> Main Room Games 27 <b>10:00</b> Movie: <i>Rescued by Ruby</i> <b>1:00</b> Movie – Part II <b>2:00</b> Snack <b>2:15</b> Tic Tac Toss <b>2:45</b> Jeopardy	<b>9:30</b> Main Room Games 28 <b>1:00</b> DAY FOR WOMEN <b>2:00</b> Snack <b>2:15</b> Ring it to Win it! <b>2:45</b> Solve the Case	<b>9:45</b> Main Room Games 29 <b>1:00</b> Rogers and Hammerstein <b>2:00</b> Snack <b>2:15</b> Ladder Golf <b>2:45</b> Pictionary	<b>9:30</b> Main Room Games 30 <b>1:00</b> Lisa’s Selection of Songs <b>2:00</b> Snack <b>2:15</b> Tic Tac Throw <b>2:45</b> Tic Tac Know!	

**JUNE 2022**

**EDEN WEST ADULT DAY SERVICES MENU**

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				Marinated Zucchini Salad 1 Baked Chicken Roasted Fingerling Potatoes Roasted Cauliflower Wheat Dinner Roll Green Grapes Milk		Side Spinach Salad 2 Beef Burgundy Buttered Bowties Red Peppers & Snow Peas Whole Wheat Bread Fresh Fruit Cup Milk		Green Salad 3 Stuffed Shells Meat Sauce California Blend Veggies Whole Wheat Bread Sliced Strawberries Milk	
Broccoli & Cauliflower Salad 6 Grilled Chicken Baked Sweet Potato Asparagus Whole Wheat Bread Fresh Fruit Cup Milk		Garden Salad 7 Pulled Pork Baked Beans Braised Red Cabbage Whole Wheat Baguette Honeydew Milk		Tossed Salad 8 Stuffed Cabbage Mashed Potatoes Green Beans & Garlic Whole Wheat Bread Green Seedless Grapes Milk		Spinach Salad 9 Grilled Flank Steak Mashed Potatoes Green Peas Whole Wheat Bread Red Seedless Grapes Milk		Salad Greens 10 Pesto Crusted Pollock Basmati Rice California Blend Vegetables Whole Wheat Bread Peach Milk	
Spinach Side Salad 13 Roast Turkey Classic Bread Stuffing Steamed Carrots Whole Wheat Bread Fresh Fruit Cup Milk		Chopped Romaine Lettuce 14 Pot Roast Mashed Potatoes Brussel Sprouts Whole Wheat Bread Cantaloupe Wedge Milk		Tossed Salad 15 Cod Picatta Herbed Rice Pilaf Roasted Eggplant Whole Wheat Bread Cubed Pineapple Milk		Cucumber Salad 16 Herb Seasoned Chicken Thigh Baked Potato Spinach with Garlic Whole Wheat Bread Green Grapes Milk		Marinated Tomato Salad 17 Smoked Ham Mashed Sweet Potatoes Green Beans Whole Wheat Bread Fresh Fruit Cup Milk	
Carrot Raisin Salad 20 Grilled Chicken Breast Roasted Potatoes Broccoli Whole Wheat Bread Peaches Milk		Green Salad 21 Turkey Meatloaf Smashed Potatoes w/ Leeks Roasted Zucchini Whole Wheat Bread Fresh Fruit Cup Milk		Broccoli Salad 22 Roast Pork Loin Baked Sweet Potato Steamed Cabbage Whole Wheat Bread Apple Slices Milk		Garden Salad 23 Baked Pollock Buttered Orzo Green Peas Whole Wheat Bread Cubed Honeydew Milk		Beets, Greens & Kale 24 Sliced Top Round Beef Parslied Potatoes Sauteed Mushrooms Whole Wheat Bread Fresh Fruit Cup Milk	
Tossed Salad 27 Glazed Ham Mashed Sweet Potatoes Green Beans Whole Wheat Bread Fresh Fruit Cup Milk		Lettuce Wedge 28 Baked Cod w/ Thyme Brown Rice Broccoli w/ Garlic Sauce Whole Wheat Bread Cubed Pineapple Milk		Marinated Zucchini Salad 29 Baked Chicken Roasted Fingerling Potatoes Roasted Cauliflower Wheat Dinner Roll Green Grapes Milk		Side Spinach Salad 30 Beef Burgundy Buttered Bowties Red Peppers & Snow Peas Whole Wheat Bread Fresh Fruit Cup Milk		