





BASIC DAILY SCHEDULE

7:00-10:00 Toast & Coffee
9:45-10:15 Fun & Games
10:15-10:45 Exercise


10:45-11:15 Discussion
11:30-1:00 Lunch / Relaxation / Trivia
1:00 Informative / Entertaining Program
2:00 Snack

2:15 Active Games
2:50 Brain Challenge
2:45-5:00 Dismissal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 ~ MEMORIAL DAY ~ CENTER is CLOSED	9:30 Main Room Games 1 1:00 An Hour w/Andy Griffith 2:00 Snack 2:15 Ladder Golf 2:45 Wheel of Fortune	 9:30 Main Room Games 2 1:00 Monarch Butterflies 2:00 Snack 2:15 Corn Hole 2:45 Picture This	9:30 Main Room Games 3 1:00 Monument ID 2:00 Snack 2:15 Lawn Darts 2:45 Word Wars	9:30 Main Room Games 4 1:00 Velveeta Me! 2:00 Snack 2:15 Ring on Green 2:45 Scattergories
9:30 Main Room Games 7 1:00 World Oceans Day 2:00 Snack 2:15 Horseshoes 2:45 Horse Race Hoe Down	9:30 Main Room Games 8 1:00 Mini Travelogue-Jamaica 2:00 Snack 2:15 Putting Practice 2:45 Hangman	9:30 Main Room Games 9 1:00 Best of Show.... 2:00 Snack 2:15 Frisbee Toss 2:45 Funny Captions	9:30 Main Room Games 10 1:00 HEE HAW! 2:00 Snack 2:15 Ring it to Win it! 2:45 Finish the Corny Joke	9:30 Main Room Games 11 1:00 Nature's Photography 2:00 Snack 2:15 Skee Ball 2:45 Silhouette Something
9:30 Main Room Games 14 1:00 Flag Day 2:00 Snack 2:15 Target Toss 2:45 Zilch	9:30 Main Room Games 15 1:00 Boardwalk Bliss 2:00 Snack 2:15 Ring Toss 2:45 Wheel of Fortune	9:30 Main Room Games 16 1:00 A Little Bit About Lancaster 2:00 Snack 2:15 Lawn Darts 2:45 Is it True for You?	9:30 Main Room Games 17 1:00 Picnic Games and Summer Times 2:00 Snack 2:15 Tic Tac Throw 2:45 Tic Tac Know	~BREAKFAST~ 9:30 Main Room Games 1:00 A Father's Gift 2:00 Snack 2:15 Ring Toss 2:45 Picture Perfect
9:30 Main Room Games 21 1:00 Movie: <i>Cheaper by The Dozen</i> 2:00 Snack 2:15 Carpet Ball 2:45 Pictionary	9:30 Main Room Games 22 1:00 Saying "I Do"- Sharing Our Wedding Photos 2:00 Snack 2:15 Horseshoe 2:45 Word Play	9:30 Main Room Games 23 1:00 Get Those Letters in Line 2:00 Snack 2:15 Bowling 2:45 Who is it??	9:30 Main Room Games 24 1:00 Candy from the Past 2:00 Snack 2:15 Swat it! 2:45 Chain Reaction	9:30 Main Room Games 25 1:00 Helen Keller Story 2:00 Snack 2:15 Washer Toss 2:45 Buzzword
9:30 Main Room Games 28 1:00 Music with Lisa 2:00 Snack 2:15 Ladder Golf 2:45 Wheel of Fortune	9:30 Main Room Games 29 1:00 Oh, Say, Can You See? 2:00 Snack 2:15 Tailgator 2:45 Pictures A-Z	9:30 Main Room Games 30 1:00 Price is Right Picnic Edition 2:00 Snack 2:15 Lawn Darts 2:45 Words Around	 	

JUNE 2021

EDEN WEST ADULT DAY SERVICES MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>31 ~ MEMORIAL DAY ~ CENTER is CLOSED</p>	<p>1 Marinated Zucchini Salad Sliced Turkey Breast Apple Sage Stuffing Seasoned Spinach Whole Wheat Bread Cubed Pineapple Milk</p>	<p>2 Garden Salad Braised Beef Tips Oven Roasted Potatoes Sauteed Mushrooms Whole Wheat Bread Fresh Strawberries Milk</p>	<p>3 Chipotle Carrot Salad Grilled Chicken Smashed Potato w/Leeks Green Peas Whole Wheat Bread Fresh Fruit Cup Milk</p>	<p>4 Garden Green Salad Pesto Crusted Cod Steamed Brown Rice Carrots and Squash Whole Wheat Bread Cantaloupe Milk</p>
<p>7 Caesar Salad Turkey Meatloaf Baked Sweet Potatoes Steamed Broccoli Florets Whole Wheat Bread Chopped Fine Honeydew Milk</p>	<p>8 Green Salad Citrus Marinated Pork Loin Potato Salad Seasoned Cabbage Whole Wheat Bread Mixed Fruit Cup Milk</p>	<p>9 Pickled Beets Ginger and Lemon Grilled Chicken Herbed Brown Rice Sauteed Vegetable Medley Whole Wheat Bread Fresh Fruit Cup/ Milk</p>	<p>10 Spinach Salad Grilled Flank Steak Mashed Potatoes Carrots and Turnips Whole Wheat Bread Red Seedless Grapes Milk</p>	<p>11 Coleslaw Grilled Salmon Parslied Potatoes Spaghetti Squash Whole Wheat Bread Diced Bartlett Pear Milk</p>
<p>14 Tomato Mozzarella Salad Macaroni Beef Casserole Roasted Butternut Squash Whole Wheat Bread Fresh Fruit Cup Milk</p>	<p>15 Small Garden Salad Pesto Grilled Chicken Egg Noodles Grilled Zucchini Wedges Whole Wheat Bread Sliced Strawberries Milk</p>	<p>16 Asian Coleslaw Soy Marinated Pork Tenderloins Baked Sweet Potatoes Roasted Green Beans w/Garlic Wheat Dinner Roll Cubed Cantaloupe/ Milk</p>	<p>17 Green Salad Thyme & Garlic Roasted Turkey Mushroom Risotto Lima Beans Whole Wheat Bread Chopped Fine Honeydew Milk</p>	<p>18 Dilled Cucumber Salad Sesame Crusted Pollock Wild Rice Medley Cauliflower & Snow Peas Whole Wheat Bread Fresh Fruit Cup Milk</p>
<p>21 Garden Green Salad Pork in Marinade Baked Sweet Potato Fresh Asparagus Whole Wheat Bread Fresh Fruit Cup Milk</p>	<p>22 Cucumber Salad Roasted Chicken Breast Basmati Rice Blanched Broccoli Whole Wheat Baguette Honeydew Milk</p>	<p>23 Lettuce Wedge German Pot Roast Mashed Potatoes Brussels Sprouts Whole Wheat Bread Green Seedless Grapes Milk</p>	<p>24 Soft Sliced Tomato Salad Cauliflower Blended Turkey Meatballs Whole Grain Penne SR Steamed Carrots Whole Wheat Bread Cubed Pineapple Milk</p>	<p>25 Garden Green Salad Salmon Mango Sweet Chili Sauce Rice Noodles Julienne Zucchini Whole Wheat Bread Peach Milk</p>
<p>28 Spinach Salad w/ Strawberries Ham Potato Wedges French Green Beans Wheat Roll Fresh Fruit Cup Milk</p>	<p>29 Marinated Zucchini Salad Sliced Turkey Breast Apple Sage Stuffing Seasoned Spinach Whole Wheat Bread Cubed Pineapple Milk</p>	<p>30 Garden Salad Braised Beef Tips Oven Roasted Potatoes Sauteed Mushrooms Whole Wheat Bread Fresh Strawberries Milk</p>	