

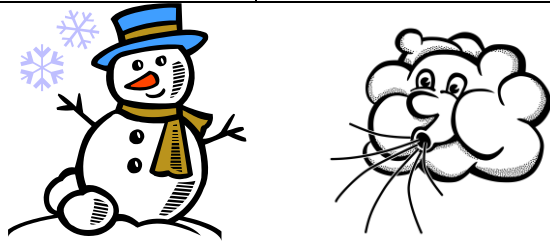
LANDIS ADULT DAY SERVICES  
**EDEN WEST CALENDAR OF EVENTS**

BASIC DAILY SCHEDULE

7:00-10:00 Toast & Coffee  
 9:45-10:15 Exercise  
 10:15-10:45 Fun & Games

10:45-11:15 Discussion  
 11:30-1:00 Lunch / Relaxation / Walking Program  
 1:00 Informative / Entertaining Program  
 1:45 Snack

2:00 Active Games  
 2:50 Brain Challenge  
 2:45-5:00 Dismissal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 Games Together 1 1:00 Lion Lamb Weather... 1:45 Snack 2:00 Carpet Ball 2:45 Family Feud	9:30 Games Together 2 1:00 Take the Highway 1:45 Snack 2:00 Target Toss 2:45 Boggle	9:30 Book Club 3 1:00 Success and Failure 1:45 Snack 2:00 Lawn Darts 2:45 License ID	9:30 Xbox Bowling 4 1:00 On a Farm 1:45 Snack 2:00 Ring on Green 2:30 Wheel of Fortune	9:30 Games Together 5 1:00 Hear, Here 1:45 Snack 2:00 Bocce 2:45 Truth or Lie
9:30 Games Together 8 1:00 Women Changing the World 1:45 Snack 2:00 Ladder Golf 2:45 Pictured ABC	9:30 Games Together 9 1:00 Ford Mustang Day 1:45 Snack 2:00 Washer Toss 2:45 Thinklers	9:45 Book Club 10 1:00 Chip Chat 1:45 Snack 2:00 Bucket Toss 2:45 Scrabble Scramble	9:30 Xbox Bowling 11 1:00 Name that Tune 1:45 Snack 2:00 Pitch It! 2:45 Cranium Crunchers	9:30 Games Together 12 1:00 K9 / Veteran's Day 1:45 Snack 2:00 Splat 2:45 Concentration
9:30 MOVIE DAY: 15 <i>Panda Adventure</i> 1:00 MOVIE 1:45 Snack 2:00 Hoops 2:45 Chain Reaction	9:30 Games Together 16 1:00 Chapel – Donna Becker 1:45 Snack 2:00 Skee Ball 2:45 Are you Smarter...	9:45 Book Club 17 1:00 St. Patrick's Celebration 1:45 Snack 2:00 Pot of Gold 2:45 Irish Puzzlers	9:30 Xbox Bowling 18 1:00 Poppin Fresh 1:45 Snack 2:00 Birdie Toss 2:45 Junk Drawer Detective	9:30 Games Together 19 1:00 "Signs of Spring" – Lisa Sanchez 1:45 Snack 2:00 Tic Tac Win 2:45 Jeopardy
9:30 Games Together 22 1:00 National Parks 1:45 Snack 2:00 Chuck It! 2:45 Dear Abby	9:30 Games Together 23 1:00 French Bread Day 1:45 Snack 2:00 Horseshoe 2:45 Horse Race Hoedown	9:45 Book Club 24 1:00 Can You Make it? 1:45 Snack 2:00 Corn Hole 2:45 Puzzlers	9:30 Xbox Bowling 25 1:00 Cartoon Fun! 1:45 Snack 2:00 Target Ball 2:45 Millionaire	9:30 Games Together 26 1:00 Road Not Taken... 1:45 Snack 2:00 ADS COUNCIL 2:45 Roll a Memory
9:30 Games Together 29 1:00 BINGO in the Afternoon 1:45 Snack 2:00 Bowling 2:45 Picture It	9:30 Games Together 30 1:00 Cherry Blossoms/ Washington D.C. 1:45 Snack 2:00 Ring it to Win it!	... Breakfast is Served... 31 9:45 Book Club 1:00 Sing-along w/ Lisa 1:45 Snack 2:00 Swatter Ball 2:45 Bunco		

<b>MONDAY</b>		<b>TUESDAY</b>		<b>WEDNESDAY</b>		<b>THURSDAY</b>		<b>FRIDAY</b>	
Garden Green Salad Pork in Marinade Baked Sweet Potato Fresh Asparagus Whole Wheat Bread Fresh Fruit Cup Milk	1	Cucumber Salad Roasted Chicken Breast Basmati Rice Blanched Broccoli Whole Wheat Baguette Honeydew Milk	2	Lettuce Wedge German Pot Roast Mashed Potatoes Brussels Sprouts Whole Wheat Bread Green Seedless Grapes Milk	3	Soft Sliced Tomato Salad Cauliflower Blended Turkey Meatballs Whole Grain Penne SR Steamed Carrots Bread / Fresh Fruit Cup Milk	4	Garden Green Salad – No tomato Salmon, Mango Sweet Chili Sauce Rice Noodles Julienne Zucchini Whole Wheat Bread / Peach Milk	5
Spinach Salad w/ Strawberries Ham Potato Wedges French Green Beans Wheat Roll Fresh Fruit Cup / Milk	8	Marinated Zucchini Salad Sliced Turkey Breast Apple Sage Stuffing Seasoned Spinach Whole Wheat Bread Cubed Pineapple Milk	9	Garden Salad Braised Beef Tips Oven Roasted Potatoes Sautéed Mushrooms Whole Wheat Bread Fresh Strawberries Milk	10	Chipotle Carrot Salad Grilled Chicken Smashed Potato w/ Leeks Green Peas Whole Wheat Bread Fresh Fruit Cup Milk	11	Garden Green Salad Pesto Crusted Cod Steamed Brown Rice Carrots and Squash Whole Wheat Bread Cantaloupe Milk	12
Caesar Salad Turkey Meatloaf Baked Sweet Potatoes Steamed Broccoli Florets Whole Wheat Bread Chopped Fine Honeydew Milk	15	Green Salad Citrus Marinated Pork Loin Potato Salad Seasoned Cabbage Whole Wheat Bread Mixed Fruit Cup Milk	16	Pickled Beets Ginger and Lemon Grilled Chicken Herbed Brown Rice Sautéed Vegetable Medley Whole Wheat Bread Fresh Fruit Cup Milk	17	Spinach Salad Grilled Flank Steak Mashed Potatoes Carrots and Turnips Whole Wheat Bread Red Seedless Grapes Milk	18	Coleslaw Grilled Salmon Parslied Potatoes Spaghetti Squash Whole Wheat Bread Diced Bartlett Pear Milk	19
Tomato Mozzarella Salad Macaroni Beef Casserole Roasted Butternut Squash Whole Wheat Bread Fresh Fruit Cup Milk	22	Small Garden Salad Pesto Grilled Chicken Egg Noodles Grilled Zucchini Wedges Whole Wheat Bread Sliced Strawberries Milk	23	Asian Coleslaw Soy Marinated Pork Tenderloin Baked Sweet Potatoes Roasted Green Beans w/Garlic Wheat Dinner Roll Cubed Cantaloupe / Milk	24	Green Salad Thyme & Garlic Roasted Turkey Mushroom Risotto Lima Beans Whole Wheat Bread Chopped Fine Honeydew Milk	25	Dilled Cucumber Salad Sesame Crusted Pollock Wild Rice Medley Cauliflower and Snow Peas Whole Wheat Bread Fresh Fruit Cup Milk	26
Garden Green Salad Pork in Marinade Baked Sweet Potato Fresh Asparagus Whole Wheat Bread Fresh Fruit Cup Milk	29	Cucumber Salad Roasted Chicken Breast Basmati Rice Blanched Broccoli Whole Wheat Baguette Honeydew Milk	30	Lettuce Wedge German Pot Roast Mashed Potatoes Brussels Sprouts Whole Wheat Bread Green Seedless Grapes Milk	31	