

EDEN WEST CALENDAR OF EVENTS

BASIC DAILY SCHEDULE

7:00-10:00 Toast & Coffee
9:45-10:15 Exercise
10:15-10:45 Fun & Games

10:45-11:15 Discussion
11:30-1:00 Lunch / Relaxation / Walking Program
1:00 Informative / Entertaining Program
1:45 Snack

2:00 Active Games
2:50 Brain Challenge
2:45-5:00 Dismissal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 Main Room Games 2 1:00 Fig, What's a Fig? 1:45 Snack 2:00 Ring on Green 2:45 Where Am I??	9:30 Main Room Games 3 1:00 Matt Wenger Guitar 1:45 Snack 2:00 Lawn Darts 2:45 Spill and Spell	9:30 Main Room Games 4 1:00 Roy Rogers Celebration 1:45 Snack 2:00 Bocce Ball 2:45 Rolling Memories	9:30 Main Room Games 5 1:00 First Auto Show 1:45 Snack 2:00 Horseshoes 2:45 Pencil Puzzling	9:30 Main Room Games 6 1:00 Saxophone Through the Years 1:45 Snack 2:00 Ladder Golf 2:45 Hum it...
9:30 Main Room Games 9 1:00 Healthy Food 1:45 Snack 2:00 Ring it to Win it! 2:45 Family Feud	9:30 Main Room Games 10 1:00 Railroad Journey 1:45 Snack 2:00 Tailgating 2:45 Boggle	9:30 Main Room Games 11 1:00 Veterans' Day 1:45 Snack 2:00 Bowling 2:45 Truth or Myth	9:30 Main Room Games 12 1:00 Teddy's Bear 1:45 Snack 2:00 Skee Ball 2:45 Smart Mouth	9:30 Main Room Games 13 1:00 World Kindness Day 1:45 Snack 2:00 Carpet Ball 2:45 20 Questions
9:30 Main Room Games 16 1:00 Peanut Butter 1:45 Snack 2:00 Carpet Ball 2:45 Scattergories	9:30 Main Room Games 17 1:00 Wildlife Moment 1:45 Snack 2:00 Tic Tac WIN! 2:45 Chain Reaction	9:30 Main Room Games 18 1:00 Games/ Games/ Games 1:45 Snack 2:00 Ladder Golf 2:45 Wordies	9:30 Main Room Games 19 1:00 Aviation History 1:45 Snack 2:00 Shop Op 2:00 Bocce Ball 2:45 Know it or Not?	9:30 Main Room Games 20 1:00 Cooking with Chris 1:45 Snack 2:00 Football Toss 2:45 Scrabble Scramble
9:30 Main Room Games 23 1:00 Bridges to... 1:45 Snack 2:00 Frisbee Throw 2:45 Millionaire	9:30 Main Room Games 24 1:00 Marbles, Marbles 1:45 Snack 2:00 Bucket Ball 2:45 Ask Anne	9:30 Main Room Games 25 1:00 BINGO / Gratitude 1:45 Snack 2:00 Turkey Toss 2:45 Kazoo Kalamity	<p style="text-align: center;">26</p>  <p style="text-align: center;">The Center is CLOSED</p>	9:30 Main Room Games 27 1:00 MOVIE DAY... Meet Me in St. Louis 1:45 Snack 2:00 Ring it to Win it! 2:45 License Plate Decode
9:30 Main Room Games 30 1:00 Simple Gifts 1:45 Snack 2:00 Ladder Golf 2:45 Make a Plan				

NOVEMBER 2020

EDEN WEST ADULT DAY SERVICES MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Green Salad 2 Salisbury Steak w/ Gravy Scalloped Potatoes Fresh Green Beans Whole Wheat Bread Cubed Cantaloupe Milk	Tomato Mozzarella Salad 3 Baked Pork Chop Roasted Fingerling Potatoes Steamed Broccoli & Cauliflower Whole Wheat Bread Diced Apples Milk	Tomato Cucumber Salad 4 Grilled Flank Steak Buttered Bowtie Noodles Fresh Green Beans Whole Wheat Bread Fresh Fruit Cup Milk	Greek Salad 5 Grilled Chicken Thigh Baked Potatoes Roasted Vegetables Whole Wheat Bread Fresh Fruit Platter Milk	Garden Salad 6 Salmon w/ Dill Sauce Herbed Brown Rice Glazed Carrots Whole Wheat Bread Fresh Fruit Cup Milk
Cucumber Salad 9 Roasted Turkey Breast Mashed Potatoes Baby Lima Beans Whole Wheat Bread Fresh Fruit Cup Milk	Spinach Side Salad 10 Turkey Meatloaf Baked Sweet Potatoes Yellow Squash w/ Red Onions Whole Wheat Bread Fresh Fruit Cup Milk	Watermelon Tomato Salad 11 Beef Lasagna Cauliflower and Snow Peas Whole Wheat Bread Diced Apples Milk	Creamy Broccoli Salad 12 Lemon Herb Cod White Rice Asparagus Whole Wheat Bread Sliced Peaches Milk	Tossed Salad 13 Braised Beef Tips Egg Noodles Broccoli Whole Wheat Bread Fresh Fruit Cup Milk
Green Salad 16 Homemade Turkey Meatballs Bowtie Pasta Chopped Spinach Whole Wheat Bread Cubed Cantaloupe Milk	Tomato Mozzarella Salad 17 Citrus Marinated Pork Loin Mashed Potatoes Fresh Asparagus Whole Wheat Bread Diced Apples Milk	Caesar Salad 18 Braised Beef Parslied Red Potatoes Broccoli Rabe Whole Wheat Bread Fresh Fruit Cup Milk	Mediterranean Salad 19 Oven Fried Chicken Potato Salad Roasted Beets, Unseasoned Whole Wheat Bread Fresh Fruit Cup Milk	Garden Green Salad 20 Asian Style Salmon Rice Noodles Mixed Vegetable Giardiniera Whole Wheat Bread Fresh Fruit Cup Milk
Tossed Salad 23 Beef Broccoli Stir Fry Roasted Yellow Squash Whole Wheat Bread Fresh Fruit Cup Milk	Caesar Salad 24 Boston Baked Cod Garlic Rosemary Potatoes SR Steamed Carrots Whole Wheat Bread Sliced Strawberries Milk	Tomato Cucumber Salad 25 Grilled Flank Steak Buttered Bowtie Fresh Green Beans Whole Wheat Bread Fresh Fruit Cup Milk	26  The Center is CLOSED	Minted Fruit Salad 27 Lemon Pepper Grilled Salmon Herbed Brown Rice Broccoli Florets Whole Wheat Bread Cubed Honeydew Milk
Green Salad 30 Salisbury Steak w/ Gravy Scalloped Potatoes Fresh Green Beans Whole Wheat Bread Cubed Cantaloupe Milk	  			